RADIAL ACCESS FOR ACUTE STROKE THROMBECTOMY

Scott Geraghty, MD

AdvocateAuroraHealth

Advocate Health Care S Aurora Health Care

Disclosure Statement of Financial Interest

I, Scott Geraghty DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.





Why Radial Artery Access for Stroke??



- Access site complications are the most common adverse events from TFA
- Femoral approach fails in up to 5% of cases
 - Most technical failures are related to a complex arch

Ribo M, Flores A, Rubiera M, Pagola J, Mendonca N, Rodriguez-Luna D, et al: Difficult catheter access to the occluded vessel during endovascular treatment of acute ischemic stroke is associated with worse clinical outcome. J Neurointerv Surg 5 (Suppl 1):i70–i73, 2013





Delay trying to get access: TIME is Brain!!!







BACKGROUND

Samir Sur et al. Transradial approach for mechanical thrombectomy in anterior circulation large-vessel occlusion. Journal of Neurosurgery, Neurosurgical Focus 42 (4):E13, 2017

- 11 patients (8 primary radial access, 3 failed femoral access)
- TICI 3/2b in 10/11
- Average time to first pass was 64 minutes
- No complications





BACKGROUND

Haussen DC, Nogueira RG, DeSousa KG, et al. Transradial access in acute ischemic stroke intervention. Journal of NeuroInterventional Surgery 2016;8:247-250.

- TRA in 15/1001 patients
- 5 Anterior Circulation and 10 Posterior
- Time to switch from TFA to TRA was 1.9 + 1.3 h.
- Mean time to radial perfusion 2.2 <u>+</u> 1 h.
- Tici 2b/3 in 9/15
- No complications





PATIENT SELECTION

- Complex (Type 3) arch and anticipated poor femoral success
- Illiac or aortic occlusion
- Posterior circulation stroke (easy access to vertebrals)
- Right sided stroke
- Left stroke with Bovine arch





BOVINE ARCH









SET UP AND EQUIPMENT





MODIFIED ALLEN/ BARBEAU

• Ultrasound if needed

IA SHEATH COCKTAIL

- 10 mg Verapamil
- 200 mcg nitroglycerin

SHEATH

• 6F short sheath

HEPARINIZED SALINE DRIPS

• Typically 3

After access hand is moved to the side making it similar distance and approach as femoral access





SET UP AND EQUIPMENT



GUIDE CATHETER

- **6F Benchmark** (Penumbra Inc, Alameda, Ca)
- Sim2 or Ber Select inner catheter

MICROCATHETER

• .027 marksman (160cm) length (Medtronic, Minneapolis, MN)

MICROWIRE

• Syncro Standard (.014) (Stryker Neurovascular, Fremont CA)

THROMBECTOMY DEVICE

 Stentrievers or 5F aspiration catheter can be used





TECHNIQUE







LIMITATIONS

- Significant learning curve for new TRA operators
- Access can be difficult for non-bovine left ICA
- Larger devices such as balloon guides are not ideal for radial cases
- Radial artery occlusion





CASE PRESENTATON

- 76 yo female with history of MI, DM and HTN with sudden onset of complete aphasia and right hemiparesis after sneezing.
- Brought to OSH with initial NIH 21.
- She was given tPA, CTA head and neck was obtained and she was transferred to CSC for further care.
- Upon arrival at CSC NIH remained 21.
- Taken to Angiography for possible intervention



























































CONCLUSIONS

- TRA for acute stroke intervention is feasible and safe when performed by experienced TRA operator
- Easy access for difficult anatomies (bovine arch LCCA and most of the innominate artery takeoffs)
- Allows early patient mobilization
- Eliminates bleeding complications
- Further studies are needed before recommending wrist access for endovascular procedures as primary approach over femoral access



