



# Pivotal PFO Stroke Trials

Update I: RESPECT  
Long-term Follow-up Data



*Robert J. Sommer, MD*

*Director, Invasive Adult Congenital Heart Disease*

*Columbia University Medical Center*

*New York, New York*

# Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

## Affiliation/Financial Relationship

- Grant/Research Support
- Consulting Fees/Honoraria

## Company

- AstraZeneca (TRACTOR Migraine Trial)
- WL Gore (HELICOPTER Trial)
- Abbott / St Jude
- Boston Scientific

*All TCT 2017 faculty disclosures are listed online and on the app.*

# Background: 1988

1148

THE NEW ENGLAND JOURNAL OF MEDICINE

May 5, 1988

## PREVALENCE OF PATENT FORAMEN OVALE IN PATIENTS WITH STROKE

PH. LECHAT, M.D., PH.D., J.L. MAS, M.D., G. LASCAULT, M.D., PH. LORON, M.D., M. THEARD, M.D.,  
M. KLIMCZAC, M.D., G. DROBINSKI, M.D., D. THOMAS, M.D., AND Y. GROSGOGEAT, M.D.

THE LANCET, JULY 2, 1988

## PATENT FORAMEN OVALE IN YOUNG STROKE PATIENTS

M. W. I. WEBSTER                      A. M. CHANCELLOR  
H. J. SMITH                              D. L. SWIFT  
D. N. SHARPE                            N. M. BASS  
G. L. GLASGOW

*Departments of Medicine, Neurology, and Cardiology, Auckland  
Hospital, Auckland, New Zealand*

- ✓ Incidence of PFO  
in cryptogenic stroke  
patients < 55 years of  
age = 40 – 60%
- ✓ In contrast to 20 – 25%  
in general population

Lechat et al. NEJM 1988; Webster et al. Lancet 1988.

# Background: 1992

- ✓ As an alternative to blood thinners, a PFO could be closed with a minimally invasive transcatheter technique (with pediatric ASD closure devices).

## **Transcatheter Closure of Patent Foramen Ovale After Presumed Paradoxical Embolism**

Nancy D. Bridges, MD; William Hellenbrand, MD; Larry Latson, MD; James Filiano, MD;  
Jane W. Newburger, MD; and James E. Lock, MD

Circulation 1992;86:1902-1908

- ✓ Developed tremendous traction as an “off-label” procedure



# PFO – Stroke History

## Heated Debate for > 20 Years



Stroke Neurologists



Interventional Cardiologists

*Does PFO Closure Work Better than Blood Thinning Medication?*

# Trial Design

- Multicenter: 69 Sites (62 US, 7 Canada)
- Prospective, randomized 1:1, unblinded, stratified by site/ASA
  - Device Cohort: Closure with the AMPLATZER™ PFO Occluder plus medical therapy
  - Medical Therapy Cohort: One of 5 pre-specified regimens
    - Aspirin Alone, Warfarin Alone, Clopidogrel Alone, Aspirin/Dipyridamole
    - Aspirin/Clopidogrel (discontinued in 2006 with AHA/ASA guideline changes)
- Sample size: Event driven, enrolled until the 25<sup>th</sup> endpoint
- Ongoing follow-up until an FDA Regulatory Decision
- Conducted under an IDE by St. Jude Medical\*

# Trial Design

- Primary endpoint was a composite of:
  - Recurrent nonfatal ischemic stroke
  - Fatal ischemic stroke
  - Early post-randomization death (within 45 days)
- Cryptogenic stroke definition:
  - Acute focal neurological deficit due to cerebral ischemia with:
    - Neuro-anatomically relevant infarct on imaging or with symptoms >24hr
    - AND, other stroke sources excluded by “cryptogenic” evaluation

# Trial Design

- Inclusion:
  - Patients (ages 18 – 60) with PFO, who have had a cryptogenic stroke within 270 days
  - PFO defined as TEE visualization of micro-bubbles in the left atrium within 3 cardiac cycles at rest and/or during Valsalva release
- Exclusion:
  - Other potential source of stroke
  - Contraindication to anti-thrombotic therapy
  - Anatomic contraindication to device placement



# Trial Design

- Pre-specified Analyses:
  - Intent to treat of the Raw Count Cohort
  - If unequal drop-out occurred, invalidating the ITT analysis, then:
    - “As Treated” Analysis
    - “Per Protocol” Analysis

# Publication of Initial Data 2013

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Closure of Patent Foramen Ovale versus Medical Therapy after Cryptogenic Stroke

John D. Carroll, M.D., Jeffrey L. Saver, M.D., David E. Thaler, M.D., Ph.D.,  
Richard W. Smalling, M.D., Ph.D., Scott Berry, Ph.D., Lee A. MacDonald, M.D.,  
David S. Marks, M.D., and David L. Tirschwell, M.D.,  
for the RESPECT Investigators\*

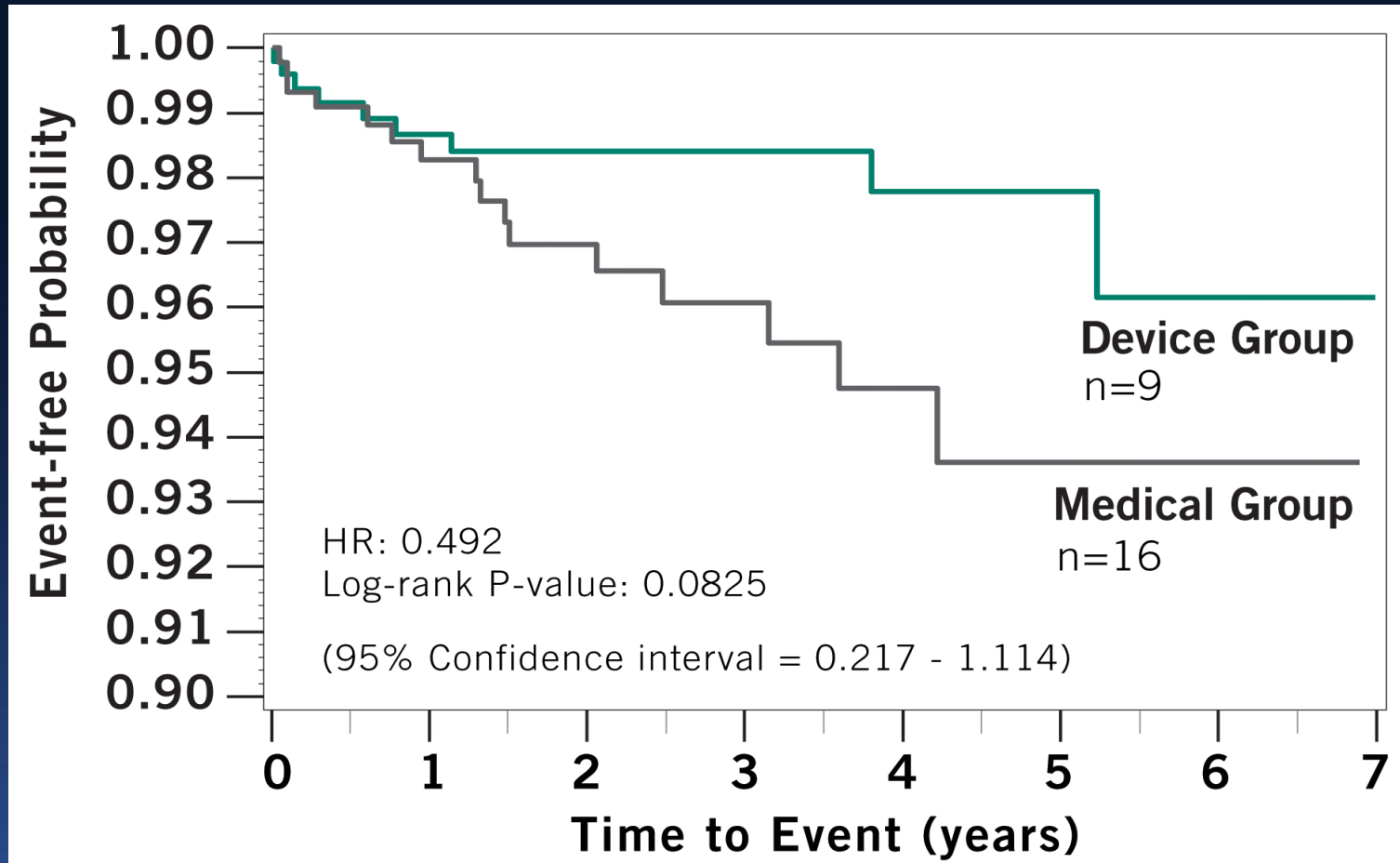
# Initial Trial Results 2013

- 980 patients enrolled (2003 – 2011) prior to 25<sup>th</sup> endpoint with a 2.1 yr mean follow-up. 499 closure/481 medical.

Patient Characteristics	AMPLATZER™ PFO Occluder (N=499)	Medical Management (N=481)
Age (yr), mean ± SD	48 ± 10	46 ± 10
Male	54%	56%
Hypercholesterolemia	39%	41%
Family h/o CAD	33%	33%
Hypertension	32%	32%
COPD	0.8%	1.5%
Congestive heart failure	0.6%	0%
History of DVT	4.0%	3.1%
Atrial septal aneurysm	36%	35%
Substantial shunt	50%	48%

- 99% success rate in attempted implantation

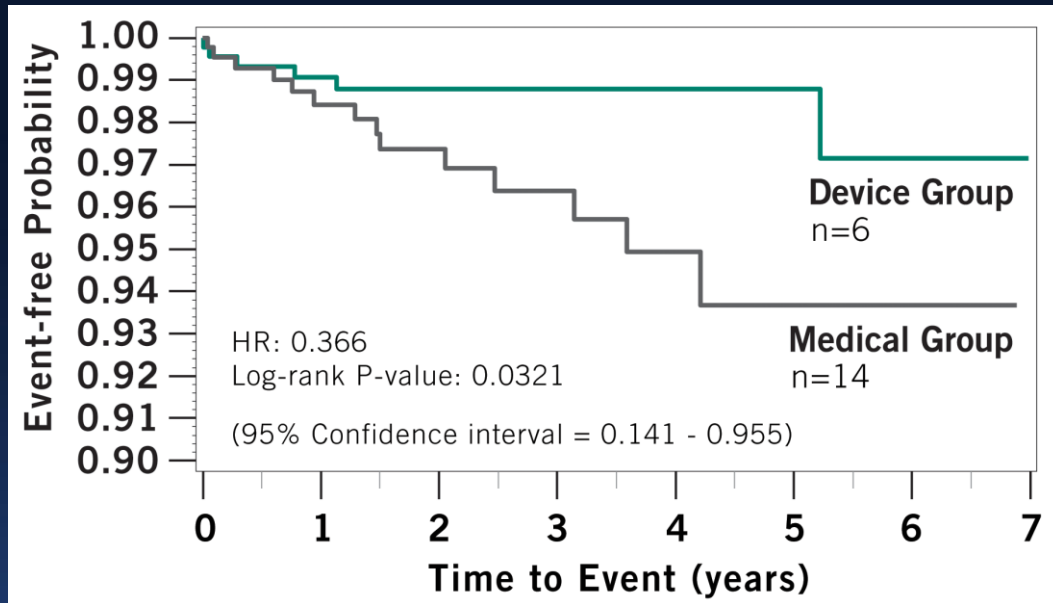
# Primary Endpoint Analysis – ITT Cohort 2013



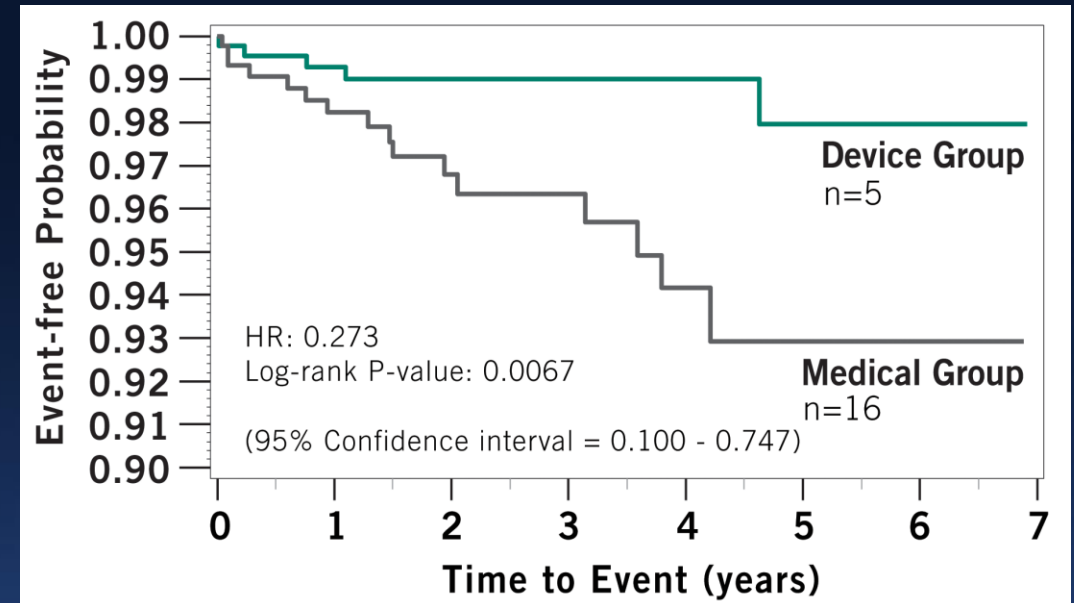
- All endpoints were recurrent nonfatal ischemic strokes.
- 50.8% risk reduction in favor of device group ( $p > 0.05$ )
- 3/9 device cohort endpoints occurred in patients who did not have a device at the time of the endpoint
- Unequal drop-out over trial (33% Medical Arm, 21% Closure)

# Primary Endpoint Analysis – Secondary Analyses

Per Protocol



As Treated



- Included all pts who adhered to the requirements of the protocol

- Patients grouped based on actual treatment received, regardless of cohort assignment



# RESPECT 2013

- In the ITT population, initial data point estimates favored closure but did not reach statistical significance
- RESPECT protocol required follow-up until an FDA regulatory decision (data lock at August 2015 – 5.9 yr mean f/u)
- The FDA requested a post-hoc analysis of long-term outcomes
  - Recurrent ischemic strokes adjudicated by a blinded Clinical Events Committee
  - Recurrent ischemic strokes of unknown mechanism, cause adjudicated by a blinded committee of neurologists and a neuro-radiologist

# Publication of Long-Term Data

Mean follow-up = 5.9 years

*The NEW ENGLAND JOURNAL of MEDICINE*

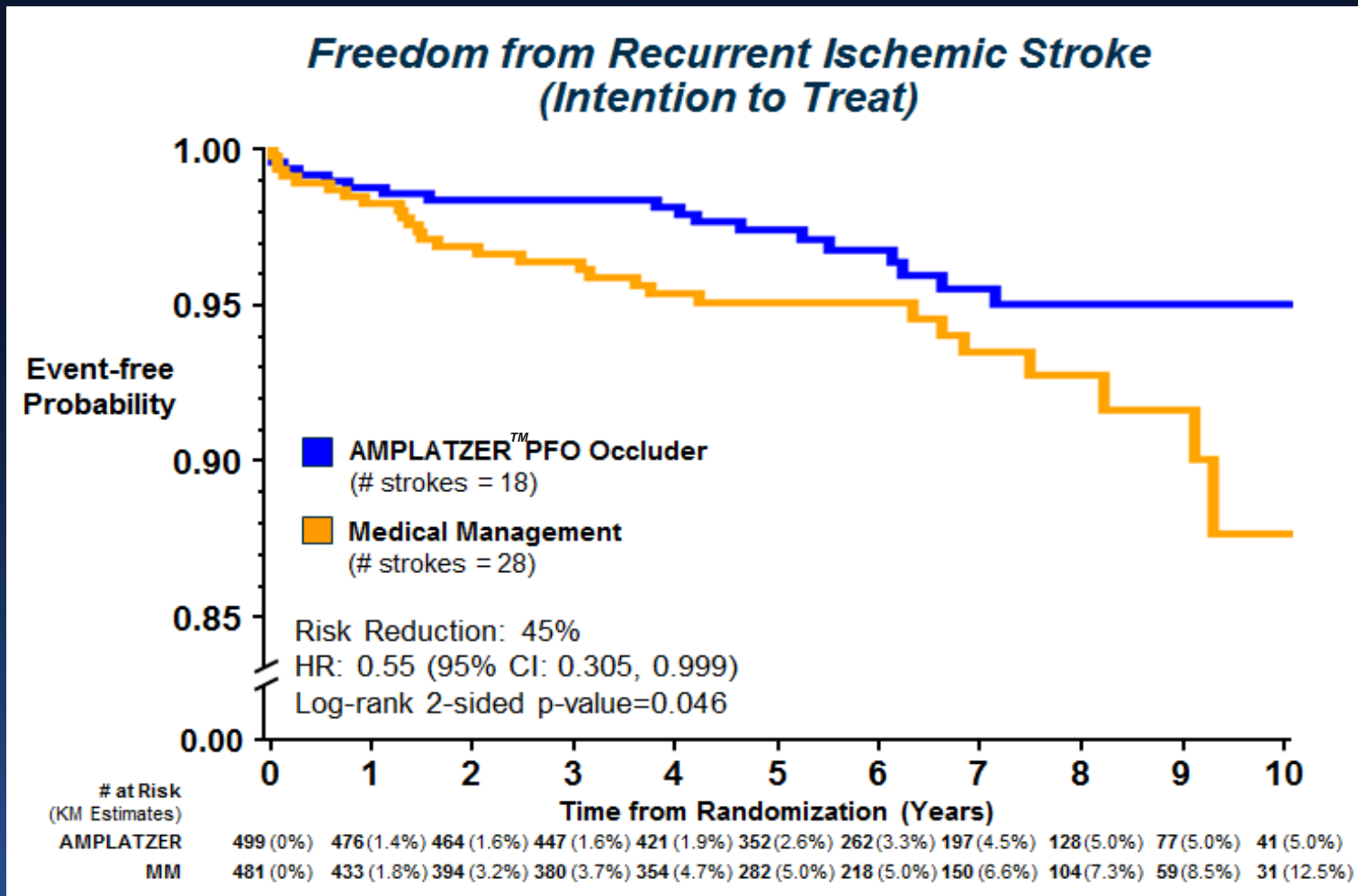
ORIGINAL ARTICLE

## Long-Term Outcomes of Patent Foramen Ovale Closure or Medical Therapy after Stroke

Jeffrey L. Saver, M.D., John D. Carroll, M.D., David E. Thaler, M.D., Ph.D.,  
Richard W. Smalling, M.D., Ph.D., Lee A. MacDonald, M.D.,  
David S. Marks, M.D., and David L. Tirschwell, M.D.,  
for the RESPECT Investigators\*

Saver et al. *N Engl J Med* 2017;377:1022-32.

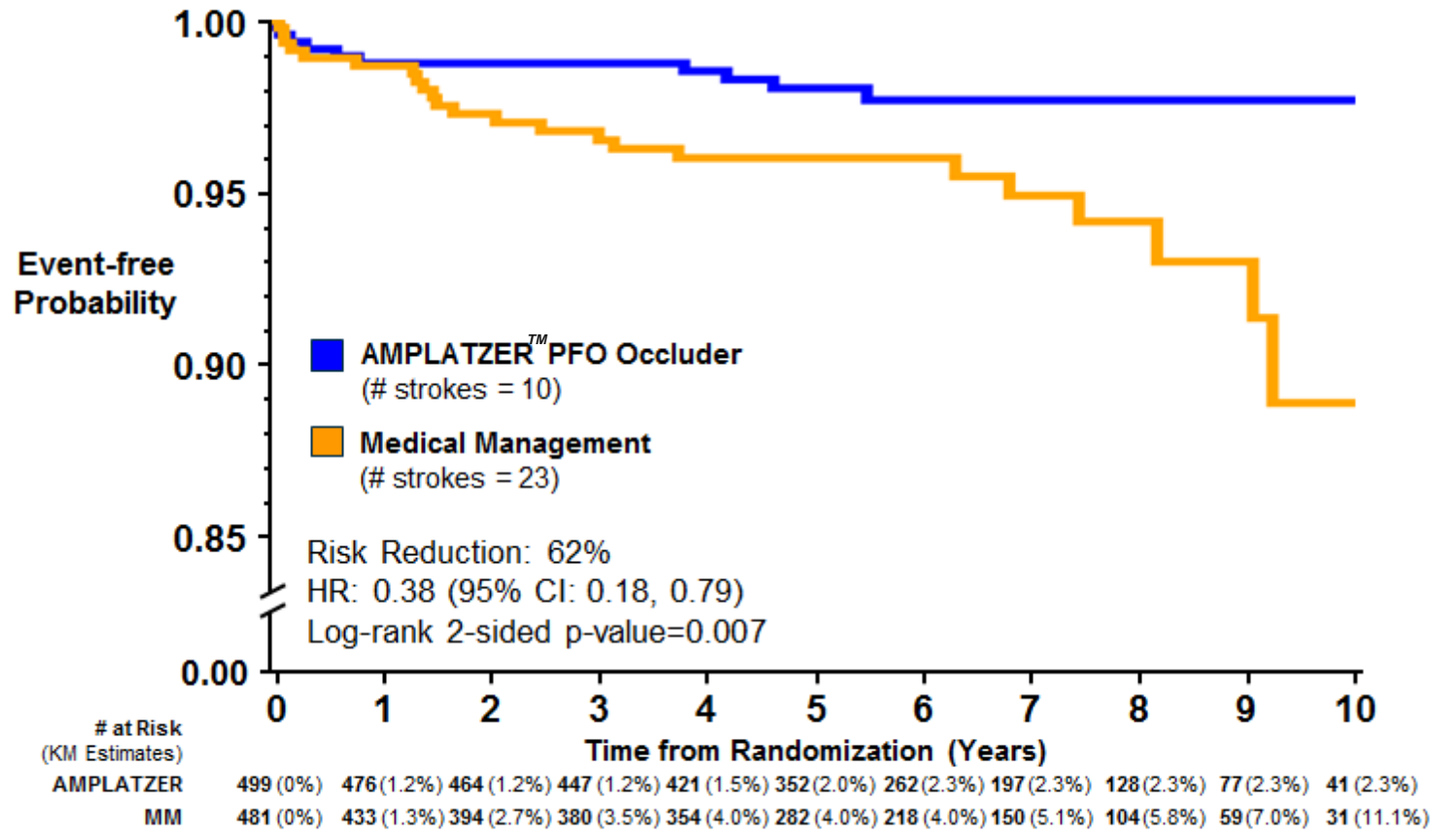
# Primary Endpoint Analysis – Long-term ITT Data



- Mean f/u = 5.9 yrs
- All endpoints were recurrent non-fatal ischemic stroke
- 45% relative risk reduction in favor of device group in the intent to treat cohort
- $P < 0.05$

# Primary Endpoint Analysis – Long-term Data

**Freedom from Recurrent Ischemic Stroke of Unknown Mechanism  
(Intention to Treat)**



- 13 pts excluded from prior analysis due to “defined” non-PFO mechanism of ischemic stroke
- 62% risk reduction in favor of device group in the intent to treat cohort
- P = 0.007

# SAE's – Adjudicated by DSMB

## Excellent Safety Record

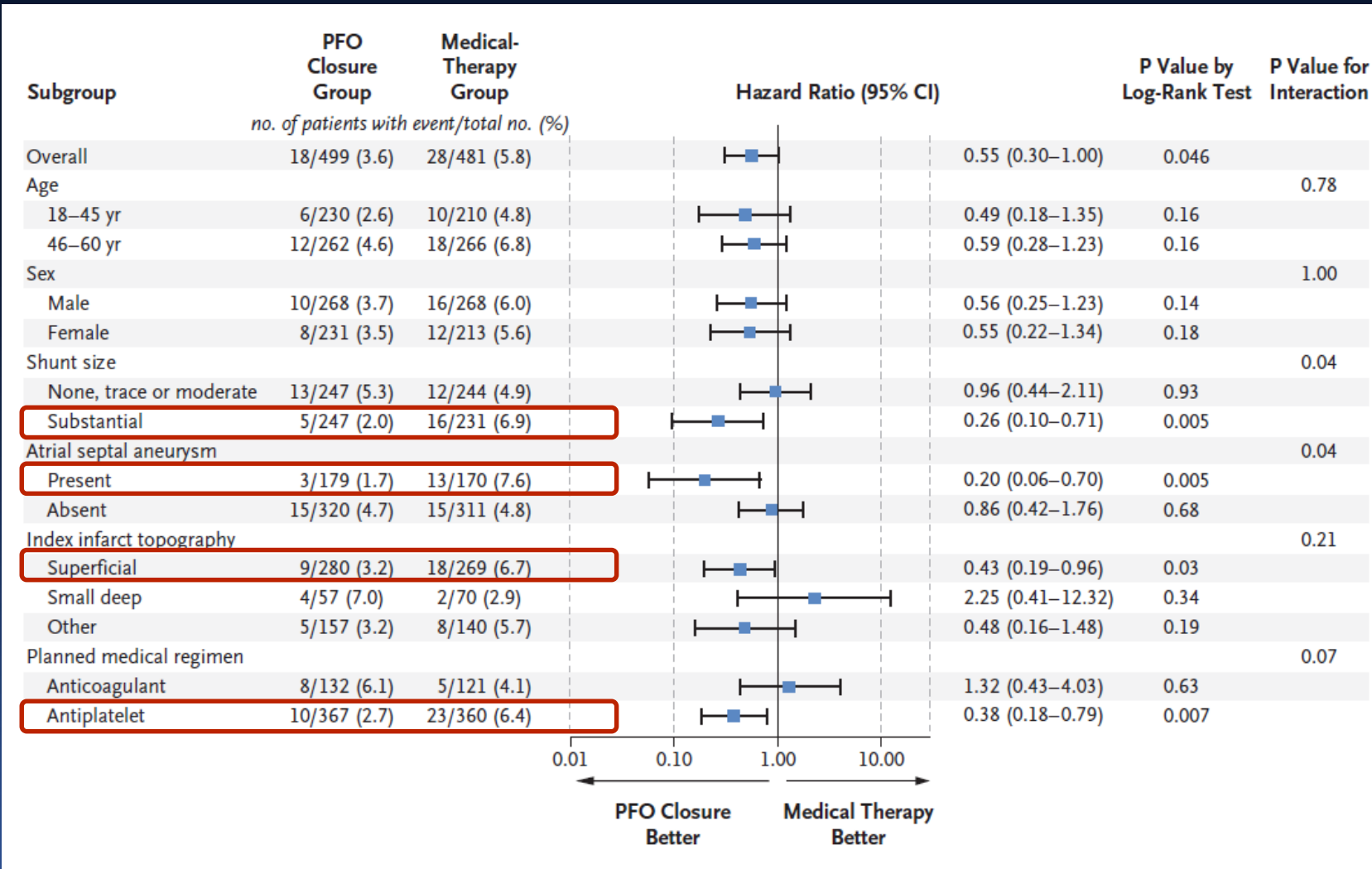
- ✓ No intra-procedural stroke
- ✓ No device embolization
- ✓ No device thrombosis
- ✓ No device erosion
- ✓ Vascular complications 0.9%
- ✓ Device explants 0.4%
- ✓ Atrial fibrillation – 1.6%, not different than medical arm
- ✓ Major bleeding – 3.6%, not different than medical arm



# RESPECT Final Results

- ✓ SAEs (adjudicated by DSMB):
  - DVT/PE greater in Device cohort
    - 18 vs. 4,  $p = 0.006$
    - Particularly in patients with prior hx of DVT/PE
    - May be explained in part by differences in OAC use, < 2% in device cohort, ~20% in medical cohort

# Sub-group Analysis – Heterogeneity in Rx Effect



- Larger shunt predicted better outcome with closure as did presence of ASA
- Superficial baseline infarct location
- Planned use of antiplatelet agent favored closure

# RESPECT – Conclusions

- ✓ In an analysis of patients 18 to 60 years of age at the time of an index cryptogenic ischemic stroke, PFO closure with the Amplatzer PFO Occluder was associated with a lower rate of recurrent ischemic stroke than medical therapy alone, during an extended follow-up period.
- ✓ Led to FDA approval of device on 10/28/2016 after 25 years of debate.
- ✓ There was a higher rate of VTE in the closure cohort.
- ✓ In this dataset, there appeared to be some treatment effect heterogeneity, with potential statistical benefit in those with larger R to L shunt, ASA, and superficial cerebral infarct. These observations will present opportunities for further research.