



# The Compelling Saga of Strokes after TAVR

## Key Messages from NeuroARC

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# Disclosure Statement of Financial Interest

Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

## Affiliation/Financial Relationship

- Grant/Research Support
- Consulting Fees/Honoraria

## Company

- KeyStone Heart
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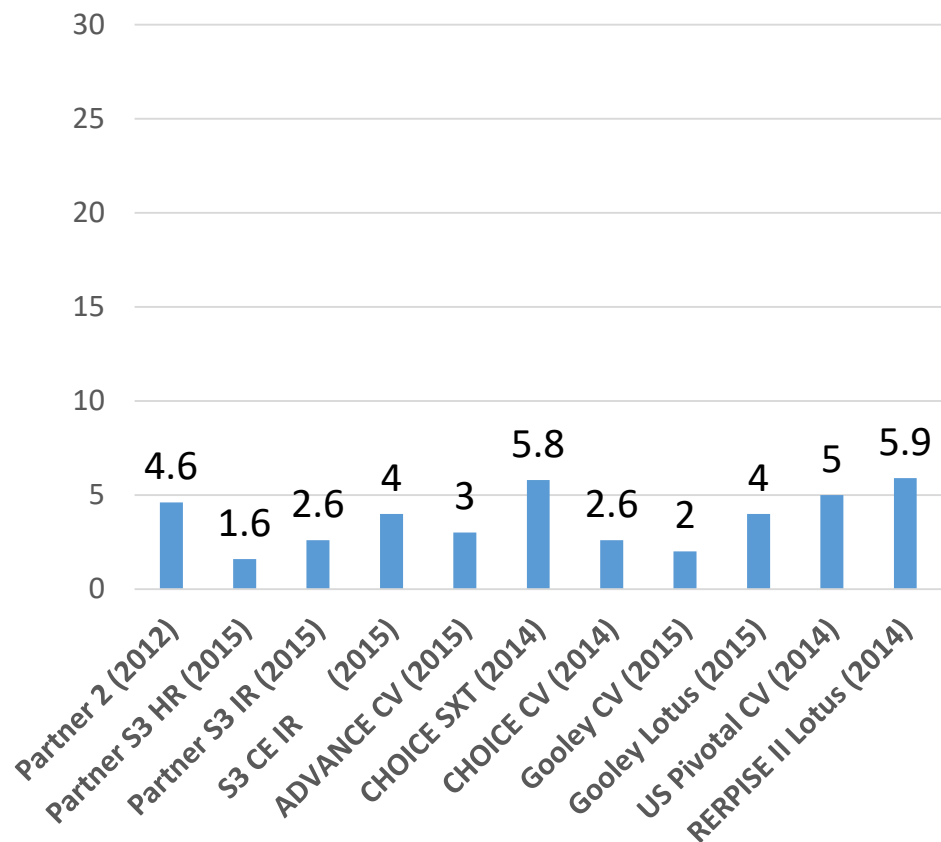
*All TCT 2017 faculty disclosures are listed online and on the app.*

# Stroke Rates in AVR Studies

## Vary based on Stroke Severity

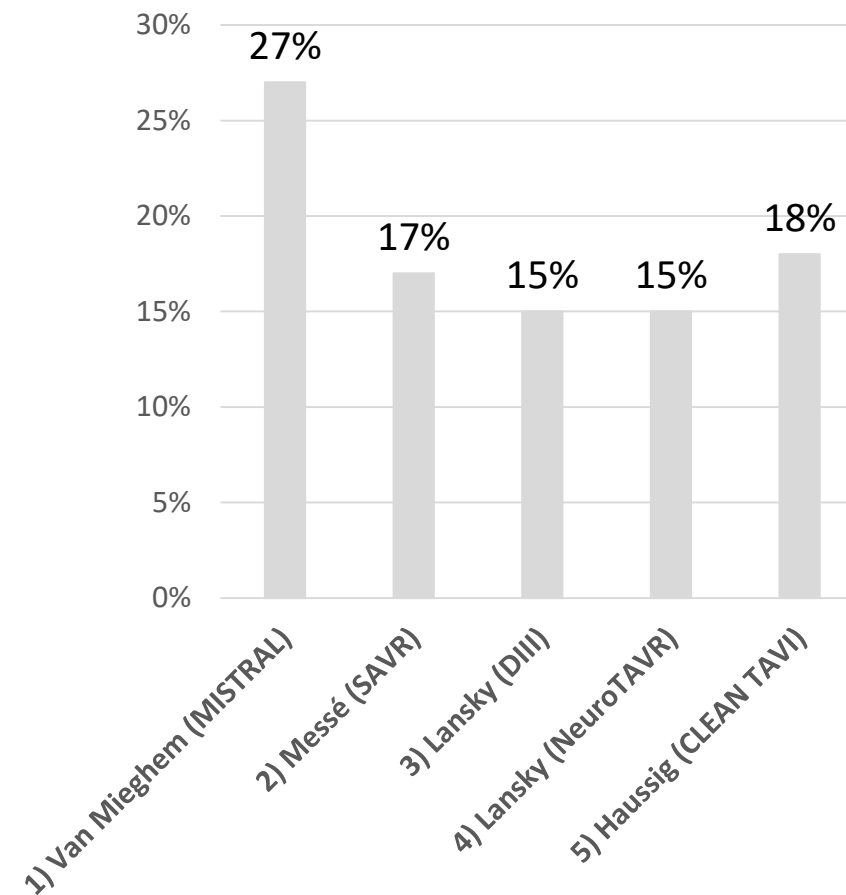
### Severe Stroke

Major and disabling stroke rates range from 1.6%-5.9%



### Mild, Moderate and Severe Stroke

Stroke rate is 15-27% by current AHA/ASA definitions  
Neurologist identified deficits with new brain MRI lesions



<sup>1</sup>Van Mieghem NM, EuroIntervention. 2016;12:499. <sup>2</sup>Messe S, Circulation. 2014;129:2253. <sup>3</sup>Lansky AJ, Eur Heart J. 2015; 36:2070.

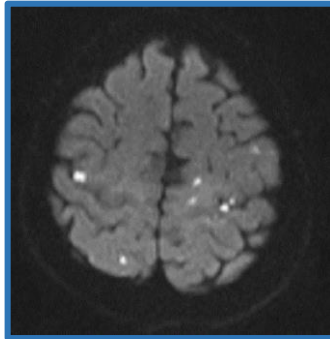
<sup>4</sup>Lansky AJ, AJC 2016. <sup>5</sup>Haussig S, JAMA. 2016;316:592.

# After TAVR most Patients have Brain Infarcts

## Brain Injury

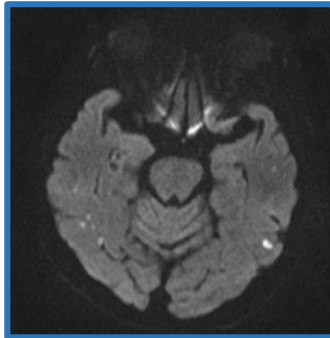
- “Silent” infarcts are associated with adverse neurological and cognitive consequences:

- Impaired mobility
- Physical decline
- Depression
- Cognitive dysfunction
- Dementia
- Alzheimer disease

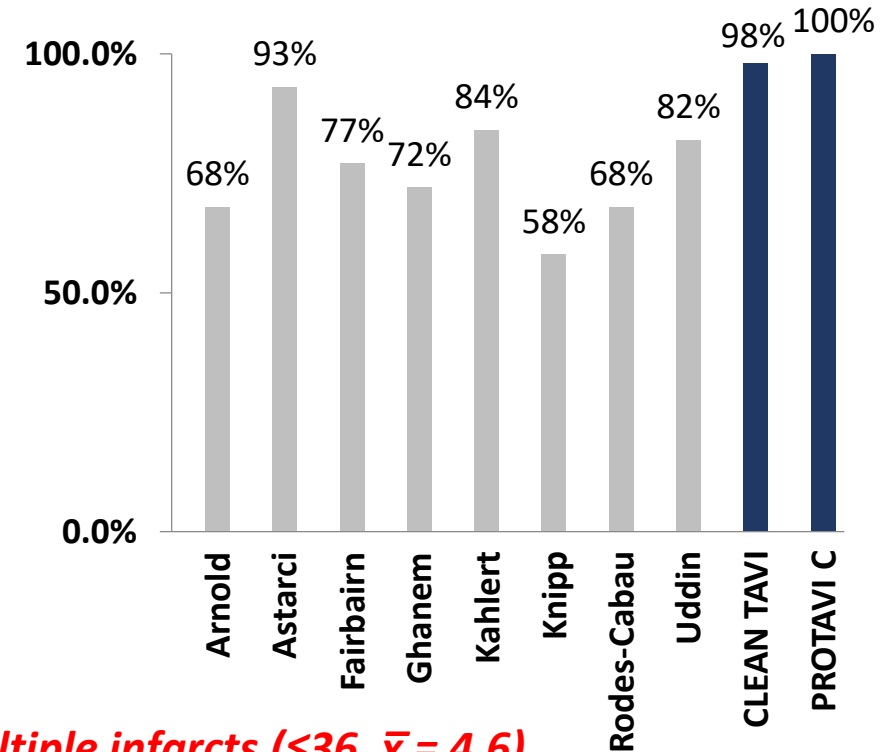


- **After TAVR silent brain injury is associated with:**

- **Neurocognitive decline**
- **>2 fold risk of dementia**
- **>3 fold risk of stroke**



## % of Subjects with New Lesions

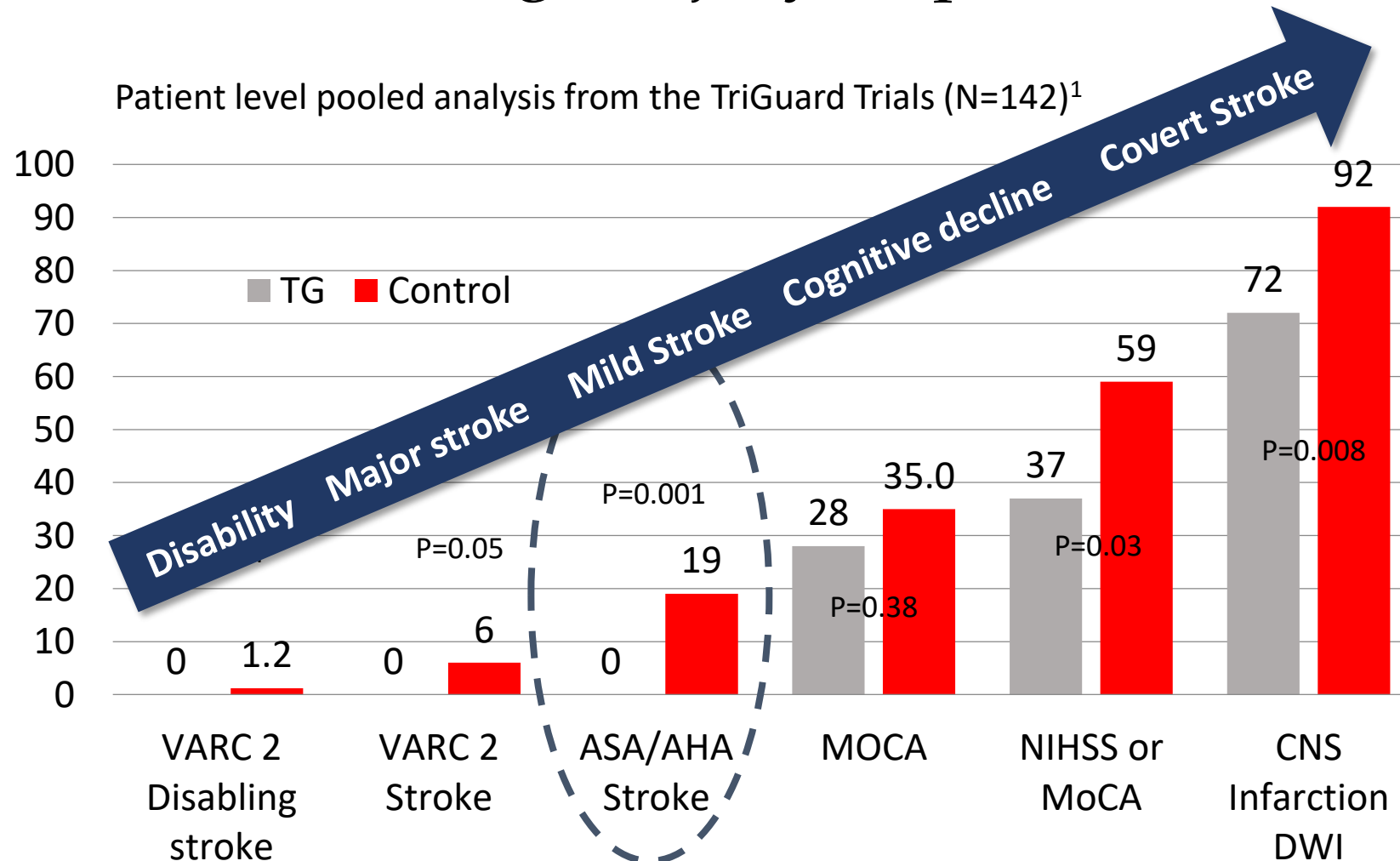


**Multiple infarcts ( $\leq 36$ ,  $\bar{x} = 4.6$ )**

**Total lesion Volume:  $1.5\text{cm}^2$ - $4.3\text{cm}^2$**

# TriGuard Pooled analysis: Variability in Measures of Neurologic Injury

## Incidence of Neurologic Injury Depends on Definition



# Cerebral Protection: A Legacy of Failed Trials

## Trial design considerations

### 1. Variation in stroke definitions

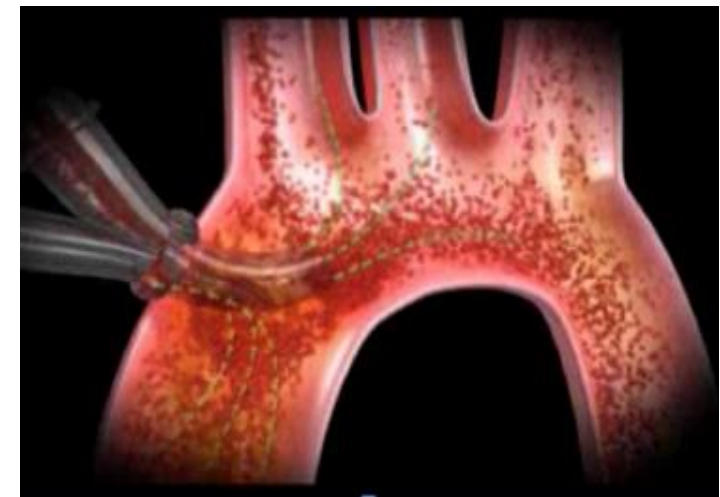
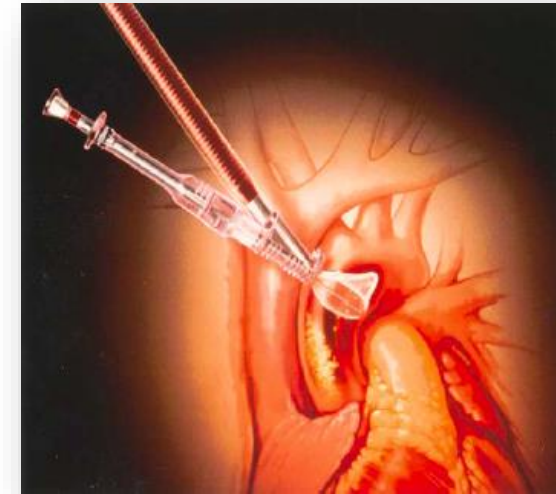
- VARC
- ASA/AHA
- Severe stroke vs all stroke
- Timing of ascertainment

### 2. Uncertainty in DW MRI Endpoints

- Frequency (CTSN) vs Volumes (Sentinel)
- Variability of the measure
- Clinical relevance

## Device performance considerations

- Is the device effective?
- Is the device safe?



# Proposed Standardized Neurologic Endpoints in Cardiovascular Clinical Trials [NeuroARC]

Framework on how to assess, measure and classify neurologic endpoints associated with cardiovascular procedures

**International Multi Stakeholder Consensus**

Interventional/Structural/ CT Surgery	Neurology/Neuroradiology/ Neuropsychology/NINDS	FDA/ARC/Pathology
Andreas Baumbach John Forrest David Holmes Susheel Kodali Alexandra Lansky Axel Linke Raj Makkar Jeffrey Moses Cody Pietras Jeffrey Popma Bernard Prendergast Joachim Schofer Arie P. Kappetein Michael Mack	Kevin Abrams Michel Bilello Adam Brickman Jeffrey Browndyke Karen Furie David Greer Daryl Gress Ronald Lazar Steven Messé Claudia Moy Nils Petersen Ola Selnes Michael Dwyer Szilard Voros Bart van der Worp	<p style="text-align: center;"><b>FDA</b></p> Andrew Farb Nicole Ibrahim John Laschinger Carlos Pena Bram Zuckerman <p style="text-align: center;"><b>Academic Research Consortium (ARC)</b></p> Donald Cutlip Gerrit-Anne van Es Mitch Krucoff Roxana Mehran <p style="text-align: center;"><b>Pathology and Regulatory</b></p> Semih Oktay Renu Virmani



# NeuroARC applies to all CV trials

**Neurologic evaluation and endpoints should be tailored to the procedure/device category**

<b>CATEGORY I</b> <u>Primary Procedural Safety Measure</u>	<b>CATEGORY II</b> <u>Primary Procedural Efficacy Measure</u>	<b>CATEGORY III</b> <u>Primary Procedural Safety, Long-term Efficacy Measure</u>
<p><b>Devices with inherent iatrogenic embolic risk</b></p> <ul style="list-style-type: none"><li>• Surgical cardiac procedures (valve replacement, CABG, dissection, aneurysm repair)</li><li>• Adjunctive pharmacology</li></ul>	<p><b>Devices designed to prevent iatrogenic or spontaneous acute neurologic injury</b></p> <ul style="list-style-type: none"><li>• Neuroprotection device</li><li>• Cerebral temperature management devices</li></ul>	<p><b>Devices with inherent iatrogenic embolic risk and designed for prevention of spontaneous long-term risk</b></p> <ul style="list-style-type: none"><li>• Atrial Fibrillation Ablation</li><li>• PFO or LAA closure devices</li></ul>



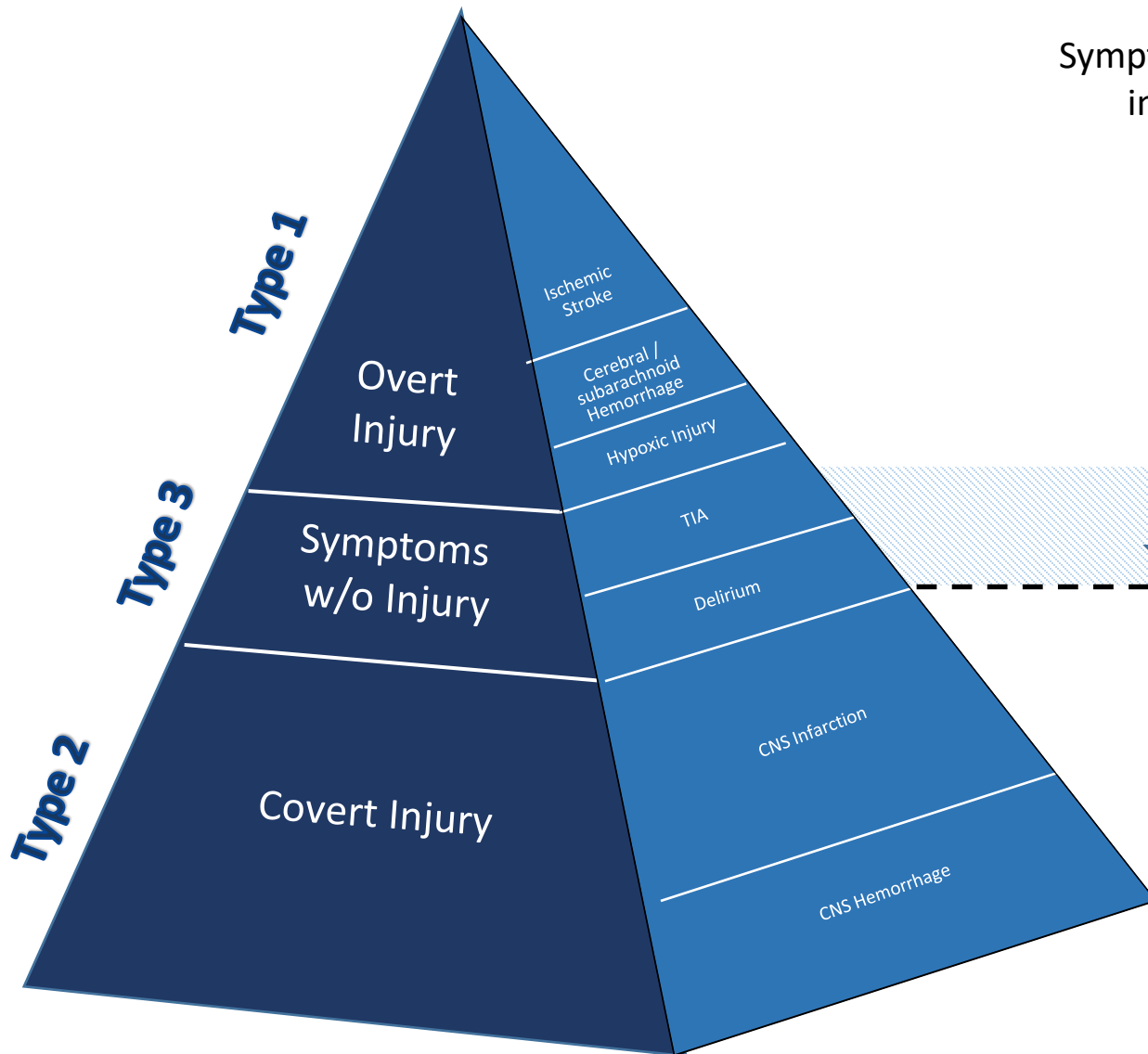
# NeuroARC

## Definitions and Classification Relevant to Patients, Comprehensive, Practical

<b>Type 1: Overt CNS Injury (Acutely Symptomatic)</b>		
<b>Type 1a</b>	<b>Ischemic Stroke</b>	Focal or multi-focal vascular territory Symptoms ≥24 hours or until death or Symptoms <24 hours with neuroimaging confirmation
<b>Subtype 1aH: Ischemic Stroke with Hemorrhagic conversion</b>		<b>Class A:</b> Petechial Hemorrhage <b>Class B:</b> Confluent Hemorrhage (with space occupying effect)
<b>Type 1.b</b>	<b>Intracerebral Hemorrhage</b>	Symptoms (focal or global) caused by an intraparenchymal or intraventricular bleed
<b>Type 1.c</b>	<b>Subarachnoid Hemorrhage</b>	Symptoms (focal or global) caused by a subarachnoid bleed
<b>Type 1.d</b>	<b>Stroke, not otherwise specified</b>	Symptoms ≥24 hours or until death, without imaging
<b>Type 1.e</b>	<b>Hypoxic-Ischemic Injury</b>	Global neurologic symptoms due to diffuse brain injury attributable to hypotension and/or hypoxia
<b>Type 2: Covert CNS Injury (Acutely Asymptomatic brain injury detected by NeuroImaging)</b>		
<b>Type 2.a</b>	<b>Covert CNS Infarction</b>	Acutely asymptomatic focal or multi-focal ischemia, based on neuroimaging
<b>Subtype 2aH: Ischemic Stroke with Hemorrhagic conversion</b>		<b>Class A:</b> Petechial Hemorrhage <b>Class B:</b> Confluent Hemorrhage (with space occupying effect)
<b>Type 2.b</b>	<b>Covert Cerebral Hemorrhage</b>	Neuroimaging or Acutely asymptomatic CNS hemorrhage on neuroimaging that is not caused by trauma
<b>Type 3: Neurologic Dysfunction without CNS Injury (Acutely Symptomatic)</b>		
<b>Type 3.a</b>	<b>Transient Ischemic Attack (TIA)</b>	Symptoms <24 hours with no evidence of acute infarction by neuroimaging
<b>Type 3.b</b>	<b>Delirium without CNS injury</b>	Transient non-focal (global) neurologic signs or symptoms (variable duration) without evidence of cell death by pathology or neuroimaging

# CLASSIFICATION

# APPLICATION AND ASSESSMENT



## Safety Trials

Symptom driven imaging

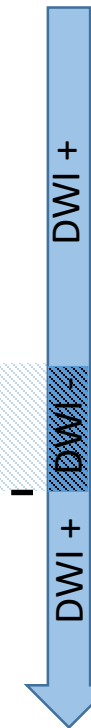


Serial neurologic + delirium assessments

Serial cognitive screening

## Effectiveness trials

Protocol required Imaging



Serial neurologic + delirium assessment

Serial detailed cognitive assessments

Evaluate for Subclinical dysfunction  
Long-term cognitive changes and quality of life

# NeuroARC Definitions and Classification Consistent with Historical Definitions

## COMPOSITES

**CNS Infarction (overt and covert)  
(ASA/AHA definition\*)**

Any brain, spinal cord, or retinal infarction based on imaging, pathology, or clinical symptoms fitting a vascular territory and persisting for  $\geq 24$  hours; (includes Types 1a, 1.a.H, 1d, 1e, 2a, 2.a.H)

**CNS Hemorrhage (overt and covert)**

Any brain, spinal cord, or retinal hemorrhage based on imaging or pathology, not caused by trauma; (includes Type 1.c, 2.b)

**VARC 2 Stroke\*\***

All Type 1 overt stroke

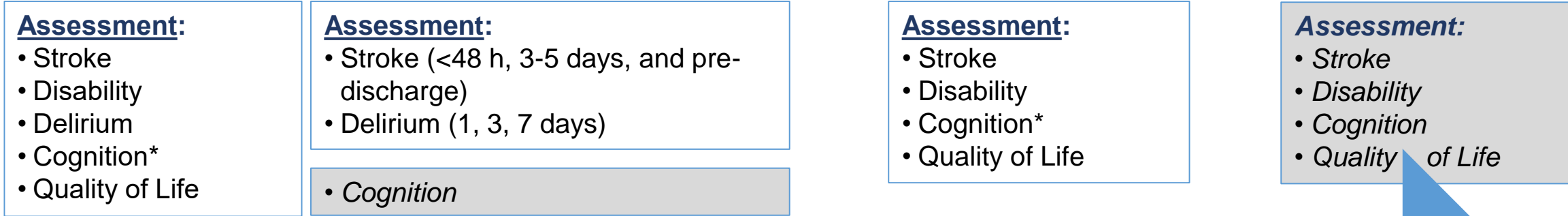
# NeuroARC Stroke Severity and Disability: Clinically Relevant

CLASSIFICATION OF ACUTE SEVERITY, RECOVERY, AND LONG TERM DISABILITY	
Acute Severity	Mild neurologic dysfunction: NIHSS 0-5 Moderate neurologic dysfunction: NIHSS 6-14 Severe neurologic dysfunction: NIHSS $\geq 15$
Long-Term Stroke Disability	<b>Fatal Stroke:</b> Cause of death is attributable to the stroke. <b>Disabling stroke:</b> A modified Rankin Score (mRS) $\geq 2$ at 90 days with an increase of at least 1 point compared to the pre-stroke baseline. <b>Non-disabling stroke:</b> An mRS score $< 2$ at 90 days, or $\geq 2$ without an increase of at least 1 compared to the pre-stroke baseline. <b>Stroke with complete recovery:</b> An mRS score at 90 days of 0 OR a return to the patient's pre-stroke baseline mRS

**Disability is assessed in subjects with overt CNS injury (Type 1)  
at 90 $\pm$ 14 days after the stroke event.**

# NeuroARC Recommended Assessments: Clinical, Functional, Anatomic Correlations

## CLINICAL EVALUATIONS



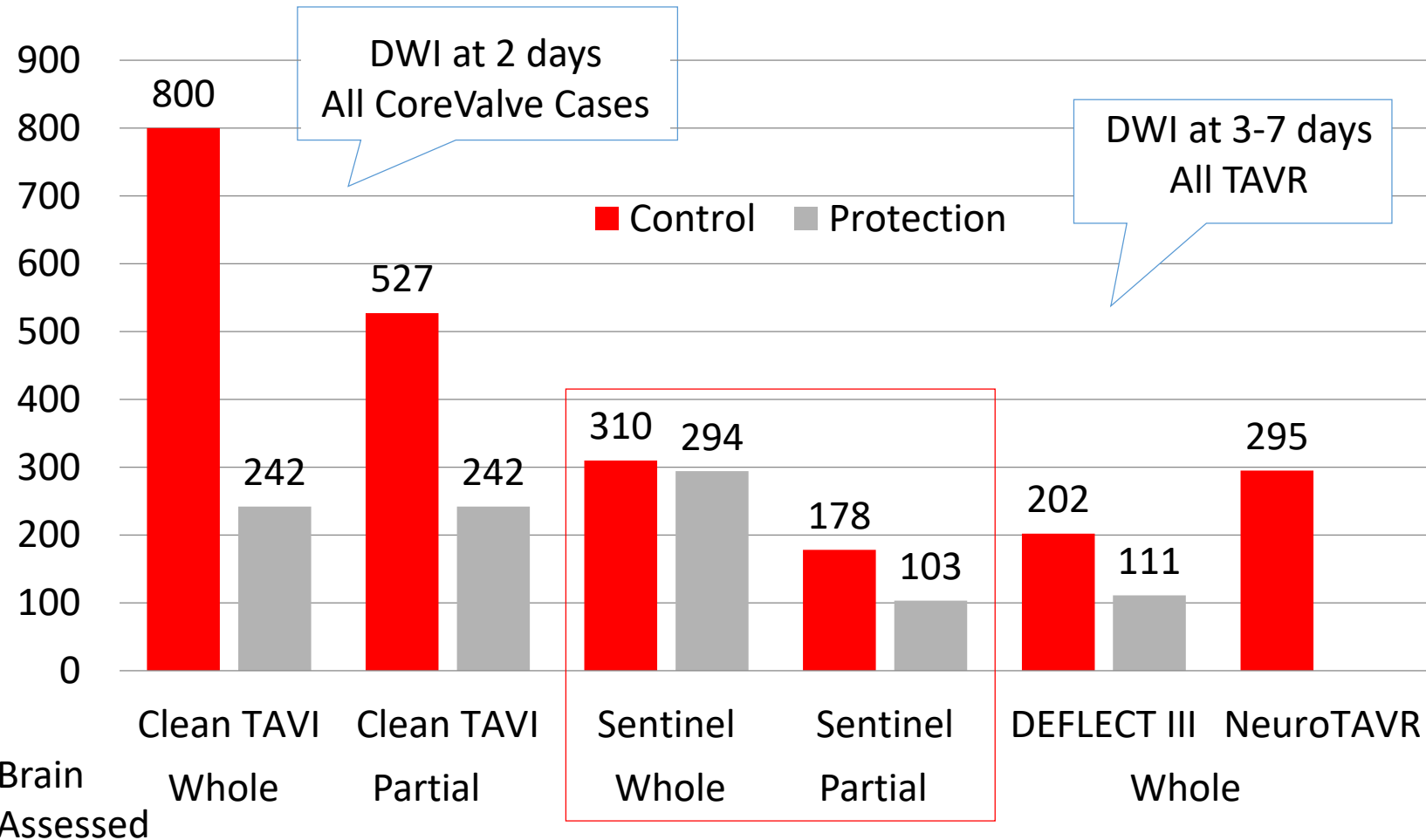
**With routine imaging:**  
MRI at 2-7 days  
**Without routine imaging:**  
MRI if neurologic symptoms or delirium

Recommended  
Optional

## IMAGING EVALUATIONS

# Sentinel trial: Why was the trial Underpowered?

## Variability in TLV: Timing is Important



### ***Key Factors contributing to TLV variability***

- MRI timing (signal intensity attenuation)
- 3 vs 1.5 Tesla system
- Wide variation in TLV (SD is wide)
- Not a normal distribution
- TAVR system used
- Loss to FU (bias)

### ***Is TLV the right endpoint?***

- **Size vs Location vs number:**
- Corrolates of acute symtoms vs
- Corrolates of late symtpoms

<sup>5</sup>Haussig S, JAMA. 2016;316:592.

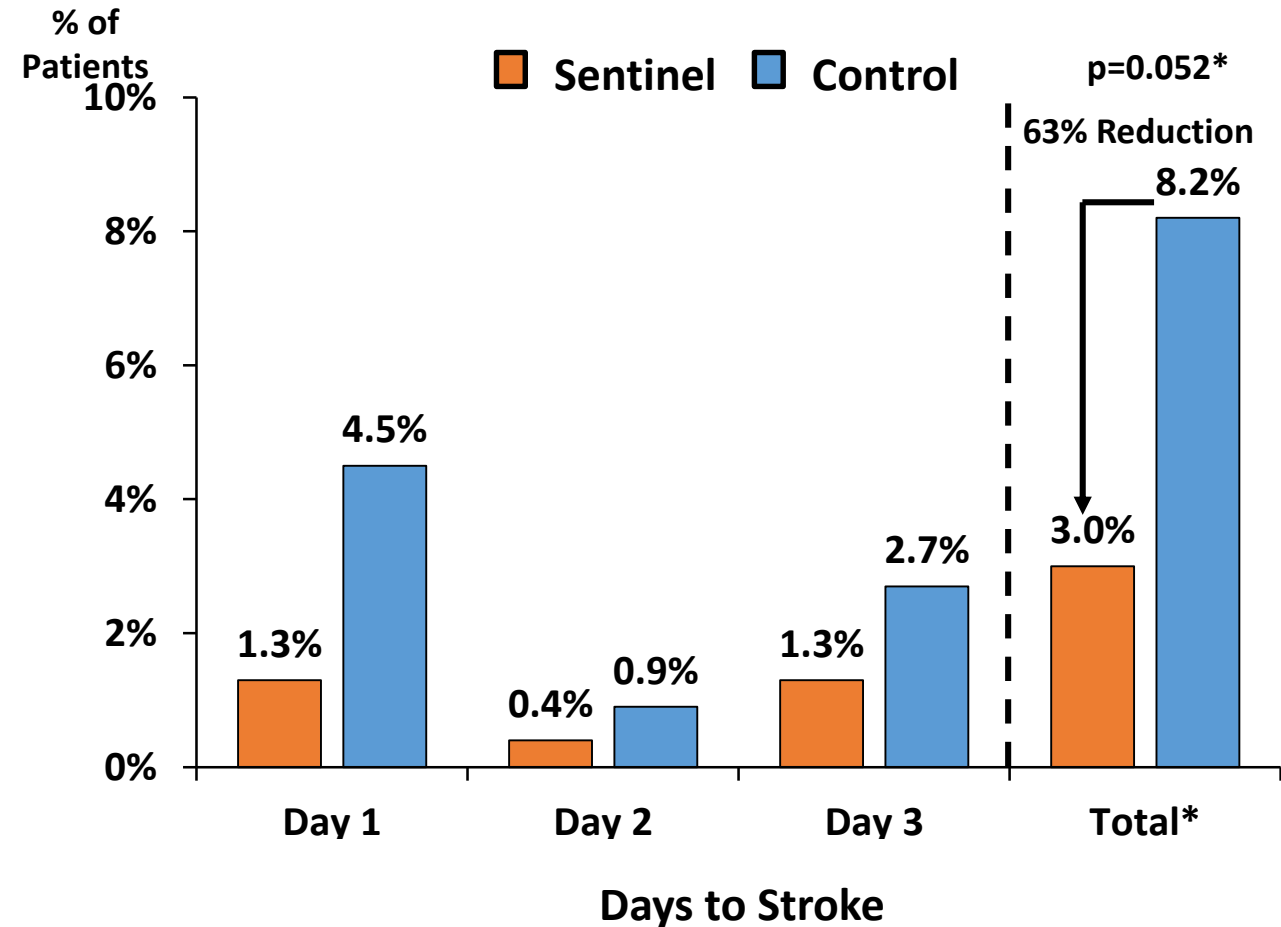
Lansky AJ, Eur Heart J. 2015; 36:2070.; Lansky AJ, AJC 2016 .

# Lessons Learned : Timing of Ascertainment Sentinel Trial

30 Day Stroke Diagnosis (Analyzed ITT)

	Device Arm (n=234)	Control Arm (n=111)	p-value
<b>30-day Clinical Outcomes</b>			
Any MACCE <sup>†</sup>	7.3%	9.9%	0.40
Death (all-cause)	1.3%	1.8%	0.65
<b>Stroke</b>	<b>5.6%</b>	<b>9.1%</b>	<b>0.25</b>
Disabling	0.9%	0.9%	1.00
Non-disabling	4.8%	8.2%	0.22
AKI (Stage 3)	0.4%	0%	1.00
TIA	0.4%	0%	1.00
<b>Sentinel Access</b>			
Site Complications	0.4%	N/A	0.53

Stroke Diagnosis ≤72 hours (Analyzed ITT)

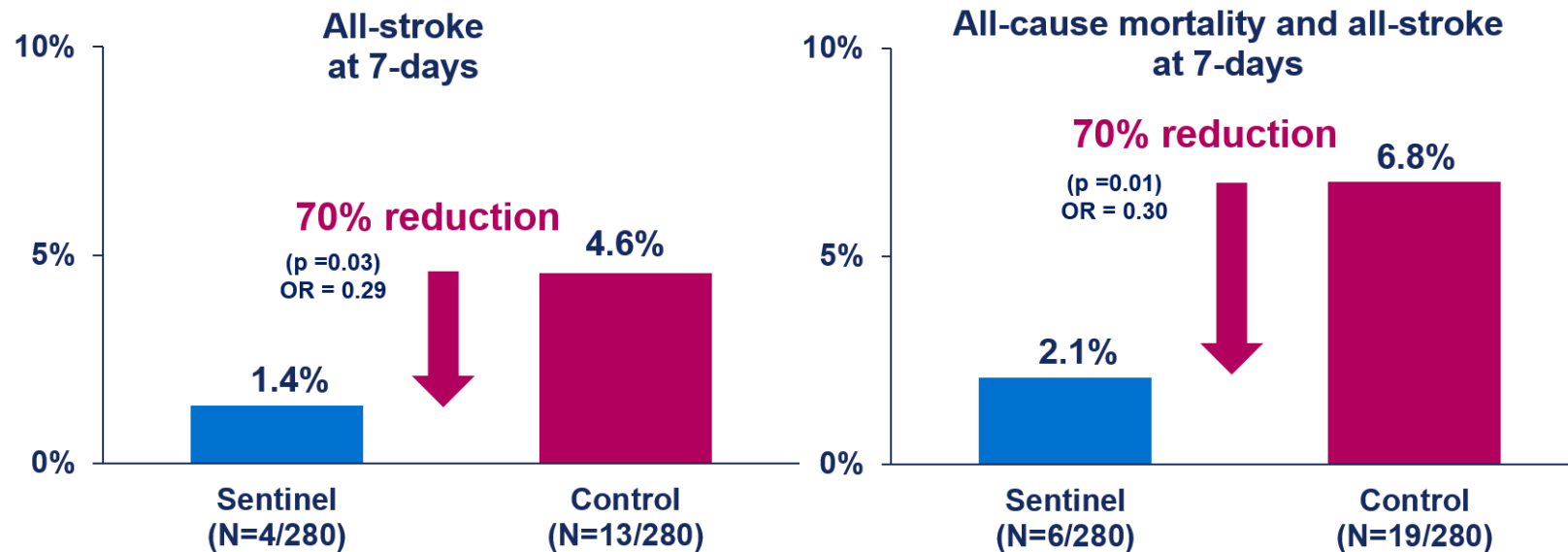


\*Fisher Exact Test



# Ulm Sentinel Study: Procedural Protection=Procedural Benefit

- 802 single center all-comer consecutive TAVR patients
- A propensity-matched analysis of 280 patients with Sentinel to 280 control patients



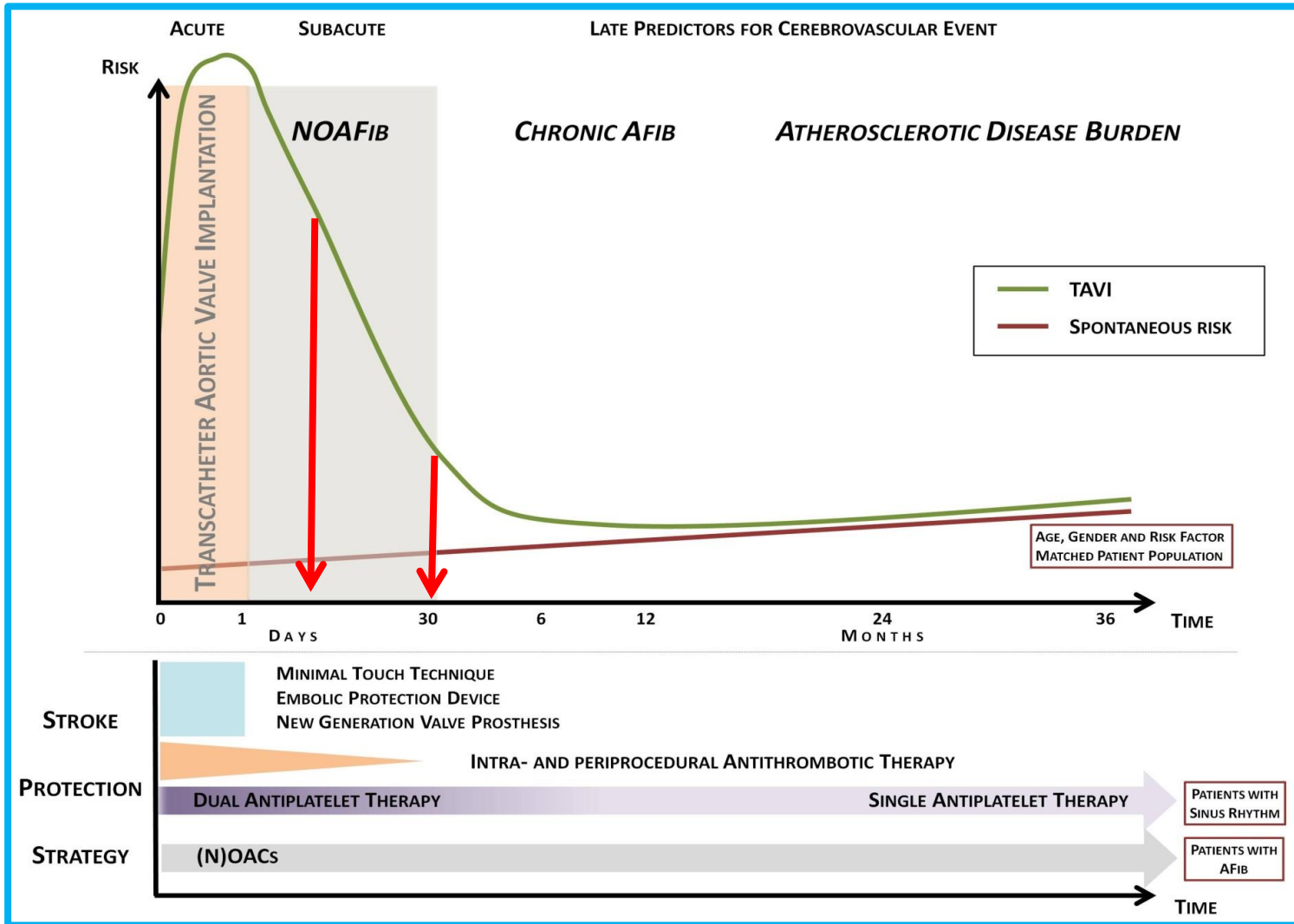
Predictor of Stroke at 7 days:

- No cerebral emboli protection (p=0.044)

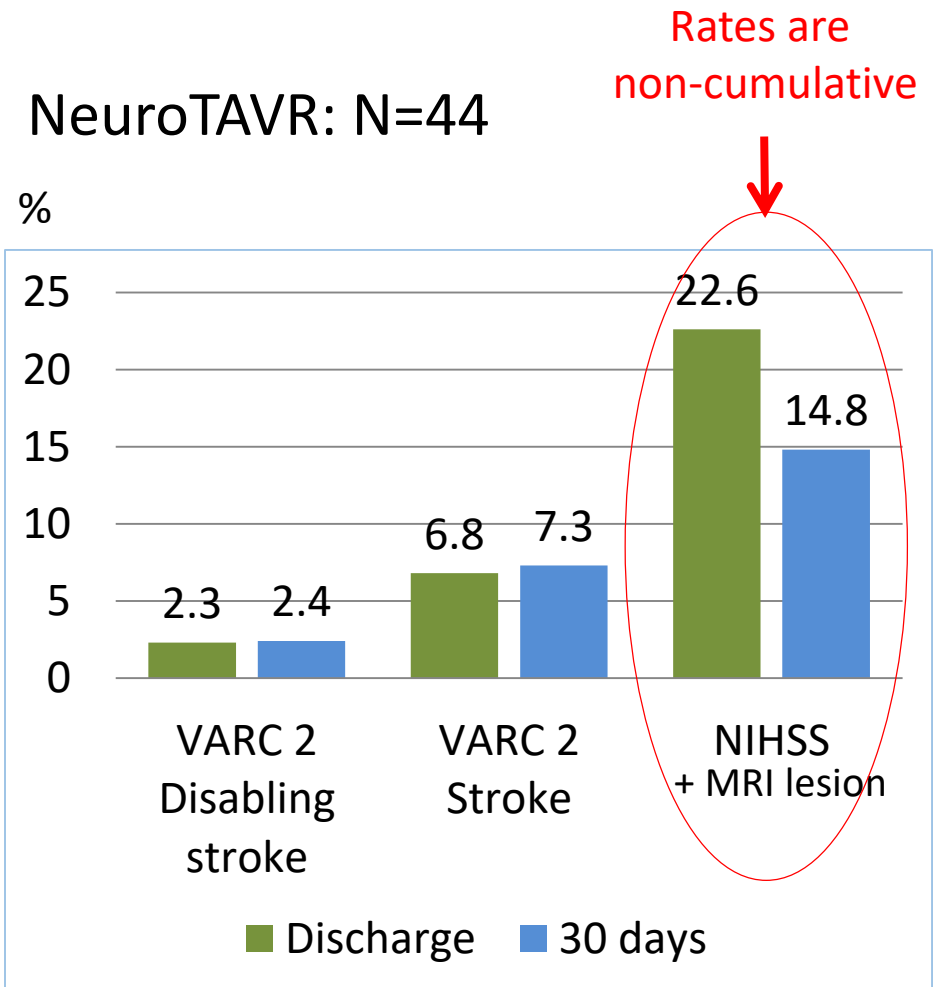
Predictor of Stroke and Death at 7 deaths:

- No cerebral emboli protection (p=0.028)
- STS score (<8 vs. ≥8) (p=0.021)

# Procedural vs Spontaneous Stroke Risk: Neuro ARC is more sensitive; Earlier is more Specific to the procedure



STORTECKY, WINDECKER. CIRCULATION 2012;126:2921-4



LANSKY. AJC 2016

# For more information Simultaneous publications in EHJ and JACC



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## Proposed Standardized Neurological Endpoints for Cardiovascular Clinical Trials: An Academic Research Consortium Initiative

Alexandra J. Lansky; Steven R. Messé; Adam M. Brickman; Michael Dwyer; H. Bart van der Worp; Ronald M. Lazar; Cody G. Pietras; Kevin J. Abrams; Eugene McFadden; Nils H. Petersen; Jeffrey Browndyke; Bernard Prendergast; Vivian G. Ng; Donald E. Cutlip; Samir Kapadia; Mitchell W. Krucoff; Axel Linke; Claudia Scala Moy; Joachim Schofer; Gerrit-Anne van Es; Renu Virmani; Jeffrey Popma; Michael K. Parides; Susheel Kodali; Michel Bilello; Robert Zivadinov; Joseph Akar; Karen L. Furie; Daryl Gress; Szilard Voros; Jeffrey Moses; David Greer; John K. Forrest; David Holmes; Arie P. Kappetein; Michael Mack; Andreas Baumbach

Eur Heart J ehx037. DOI: <https://doi.org/10.1093/eurheartj/ehx037>

Published: 07 February 2017

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY  
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VOL. 69, NO. 6, 2017

ISSN 0735-1097/\$36.00

<http://dx.doi.org/10.1016/j.jacc.2016.11.045>

### THE PRESENT AND FUTURE

#### REVIEW TOPIC OF THE WEEK

## Proposed Standardized Neurological Endpoints for Cardiovascular Clinical Trials An Academic Research Consortium Initiative



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