## Does the presence of atrial septal aneurysm and/or a large degree of shunting identify patients most likely to benefit? Yes!

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## Disclosure Statement of Financial Interest

I, Guillaume Turc DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.

## Does the presence of ASA and/or a large shunt identify patients most likely to benefit from PFO closure ?

- Are patients with ASA and/or large shunt at higher risk of recurrent stroke ?
- Is presence of ASA and/or large shunt a modifier of the effect of PFO closure on recurrent stroke prevention?


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## Higher risk of stroke recurrence in patients with ASA or large shunt

- Pathophysiological plausibility
- ASA associated with larger PFO size and prominent Eustachian valve
- Increased septal mobility may enhance the probability of paradoxical embolism by mechanically directing blood flow from the inferior vena cava into the PFO



## Higher risk of stroke recurrence in patients with ASA or large shunt

- Indirect evidence: case-control studies
- Cryptogenic strokes vs. strokes of determined cause (Overell et al, Neurology 2000)

| (n studies) | Random-effects meta-analysis <br> OR (95\% CI) |
| :--- | :--- |
| PFO (22) | $3.2(2.3-4.4)$ |
| ASA (4) | $3.7(1.3-10.0)$ |
| PFO + ASA (2) | $\mathbf{2 3 . 3}(\mathbf{5 . 2 - 1 0 3 . 2 )}$ |

- Cryptogenic strokes vs. no stroke among patients with PFO (Goel et al, Am J Cardiol 2009)


| Patent foramen ovale morphology |  |  |  |
| :--- | :---: | :--- | :--- |
| Morphologic Characteristic | Symptomatic <br> PFO <br> (Stroke or TIA) <br> $(\mathrm{n}=58)$ | Asymptomatic <br> PFO <br> $(\mathrm{n}=58)$ | p Value |
|  | $3.9 \pm 1.6$ | $2.9 \pm 1.4$ | 0.001 |
| Size (mm) | $27(46 \%)$ | $10(17 \%)$ | 0.001 |
| Large PFO (size $\geq 4 \mathrm{~mm})$ | $26(45 \%)$ | $12(21 \%)$ | 0.005 |
| Presence of ASA | $14 \pm 6$ | $12 \pm 6$ | 0.05 |
| Length of the tunnel (mm) | $45(78 \%)$ | $32(55 \%)$ | 0.01 |
| Long tunnel $(\geq 1 \mathrm{~cm})$ |  |  |  |
| Degree of shunting | $30(52 \%)$ | $35(60 \%)$ | 0.34 |
| Mild | $12(21 \%)$ | $12(21 \%)$ | 1.0 |
| Moderate | $9(16 \%)$ | $3(5 \%)$ | 0.06 |
| Severe | $12(21 \%)$ | $9(16 \%)$ | 0.4 |
| Prominent Eustachian valve | $1(2 \%)$ | $1(2 \%)$ | 1.0 |
| Prominent Chiari's network |  |  |  |
|  |  |  |  |

## Higher risk of stroke recurrence in patients with ASA or large shunt

- Direct evidence: prospective cohort study (Mas et al, NEJM 2001)
- 581 patients $\leq 55$ y.o. with recent cryptogenic stroke undergoing TEE (central reading)
- Standardized treatment: aspirin
- Mean F-U: 37.7 +/- 9.8 months
- 24 Strokes, 13 TIAs
(blinded adjudication)
Stroke or TIA; Log Rank, p $=0.04$


| Stroke <br> recurrence | 4 year- <br> risk <br> $(95 \% ~ C I)$ | Annual <br> risk | Adjusted HR <br> $(95 \% ~ C I)$ |
| :--- | :---: | :---: | :---: |
| No PFO, no ASA <br> $(\mathrm{n}=304)$ | 4.2 <br> $(1.8-6.6)$ | 1.1 | 1 |
| PFO, no ASA <br> $(\mathrm{n}=216)$ | 2.3 <br> $(0.3-4.3)$ | 0.6 | 0.9 <br> $(0.3-2.4)$ |
| ASA, no PFO <br> $(\mathrm{n}=10)$ | - | - | - |
| PFO and ASA <br> $(\mathrm{n}=51)$ | 15.2 |  |  |
| $(1.8-28.6)$ | 4.0 | 4.2 <br> $(1.5-11.8)$ |  |
|  | Small shunt | Large shunt |  |
| HR (95\%CI) <br> versus no PFO | 1.01 <br> $(0.23-4.52)$ | 1.10 <br> $(0.39-3.11)$ |  |

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## ASA and/or large shunt: an effect modifier?

- Subgroup analyses of RCTs of PFO closure vs. medical therapy

| Study | CLOSURE I <br> $(2012)$ | PC Trial <br> $(2013)$ | RESPECT <br> $(2013 ; 2017)$ | CLOSE <br> $(2017)$ | REDUCE <br> $(2017)$ |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Sample size | $\mathrm{N}=909$ | $\mathrm{~N}=414$ | $\mathrm{~N}=980$ | $\mathrm{~N}=663$ | $\mathrm{~N}=664$ |
| Definition of <br> large shunt | $\geq 25$ bubbles | $>20$ bubbles | $>20$ bubbles | $>30$ bubbles | $>25$ bubbles |
| Definition of <br> ASA | $\geq 10 \mathrm{~mm}$ | $\geq 15 \mathrm{~mm}$ | $\geq 10 \mathrm{~mm}$ | $>10 \mathrm{~mm}$ | $?$ |
| Large shunt <br> (\%) | $20.8 \%$ | $21.7 \%$ | $48.8 \%$ | $94.2 \%$ <br> (with or without <br> ASA) | $40.7 \%$ |
| ASA | $36.6 \%$ | $23.7 \%$ | $35.7 \%$ | $34.7 \%$ | $20.4 \%$ (closure <br> arm) |
| (\%) | - | - | Patients <br> included only if <br> large shunt or <br> PFO + ASA | Information on <br> ASA only <br> available for <br> closure arm |  |

## ASA and/or large shunt: an effect modifier?

- Subgroup analyses of RCTs of PFO closure vs. medical therapy
- RESPECT extended follow-up (Saver et al, NEJM 2017)

- Such an interaction was not observed in CLOSURE I or PC Trial


## Does the presence of ASA and/or a large shunt identify patients most likely to benefit from PFO closure?

- Several clues in favor of this hypothesis
- But an updated individual patient data meta-analysis is required to (hopefully) provide definitive answers, by:
- Standardizing definition of outcome (recurrent stroke) +/- definition of ASA/large shunt
- Adjusting for potential confounders
- Addressing missing data by multiple imputation
- Will we have sufficient statistical power?

