### Intracranial Intervention and Acute Stroke Therapies

Philip M. Meyers, M.D. Associate Professor, Radiology and Neurological Surgery Columbia University, College of Physicians & Surgeons Co-Director, Neuroendovascular Service

THE NEUROLOGICAL INSTITUTE OF NEW YORK



Columbia University Medical Center

NewYork-Presbyterian
The University Hospitals of Columbia and Cornell

### **Disclosure Statement of Financial Interest**

I, Philip Meyers, DO NOT have a financial interest/arrangement or affiliation with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation.

# Summary of Topics

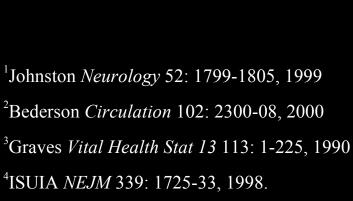
- Cerebral Aneurysms
- Brain Arteriovenous Malformation
- Acute Ischemic Stroke
- Intracranial Revascularization

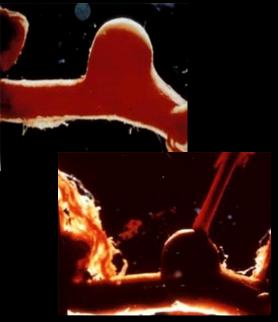
## Hemorrhagic Stroke Aneurysm

- 5-15% of stroke overall
- ~1/3 of strokes age<65</li>
- 30-day mortality rate: 50%
- 50% irreversible brain damage
- Surgical series: 0-6% mortality

0-30% morbidity

- NY discharge data
  - 4.6-8.1% mortality





### Endovascular Occlusion



International Subarachnoid Aneurysm Trial (ISAT)

Risk Analysis Coil vs. Clip, N=2143

- Relative reduction: 23.9%
- Absolute reduction: 7.4% p=0.00082
- Point estimate: 0.76 (CI 0.64-.89)
- Equivalency:76 pts/1000 treated Significant disparity at 1 yr

ISAT Lancet 360(9342): 1267-1274, 2002

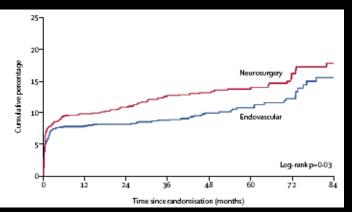
## ISAT

- Relative risk reduction: 22.6<sup>o</sup>
- Absolute risk reduction:

2002	<u>2005</u>
22.6%	<b>26.8%</b>
6.9%	7.4%
<u>Clip</u>	<u>Coil</u>

23.4%

• Death or disability @ 1 yr: 32.1%



### Size matters

## All aneurysms, NY State, 1995-2000 By hospital volume

OutcomeLowHighImprovedAdverse outcome15%6.6%16%In hospital death3.3%1.5%11%

Berman Stroke 34: 2003

### **Arteriovenous Malformation**



# **AVM Hemorrhage**

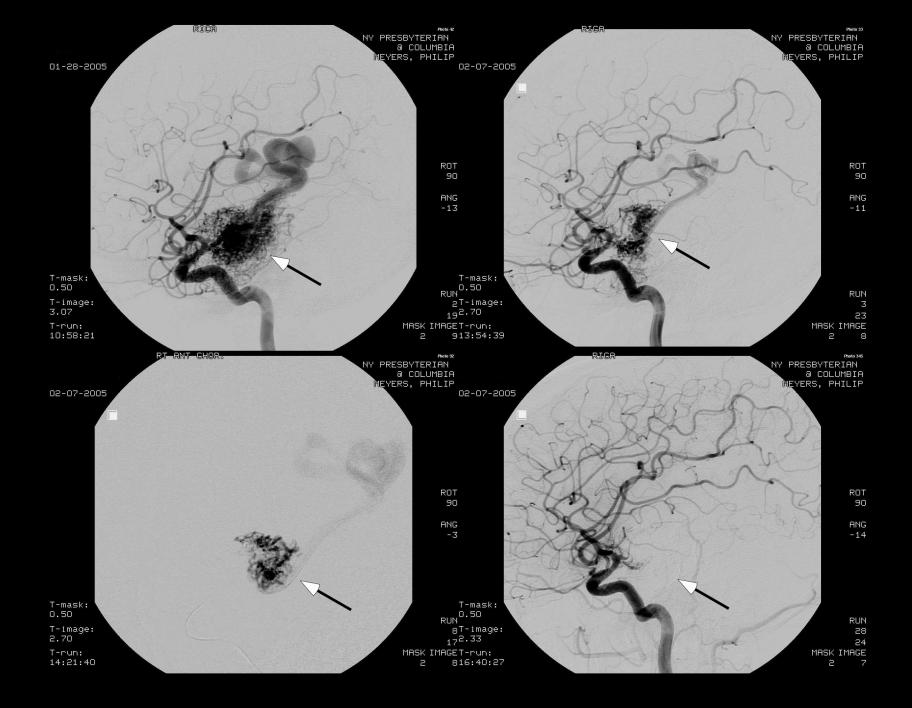
### • M&M

- 10% mortality
- 30-50% morbidity
- Location
  - Parenchymal, 82%
  - Subarachnoid
  - Subdural



# Effect of Demographic, Clinical, and Morphological Variables on Follow-up AVM Hemorrhage (n=622)

Multivariate Cox proportional hazard model				
	HR	Attributable Risk		Ρ
Age (years)	1.05			<0.0001
Female gender	0.64			0.21
Hemorrhagic presentation	5.38	47.4%	)	<0.0001
Deep brain location	3.25	9.4%	70 70/	0.01
AVM size (mm)	0.99		<b>70.7%</b>	0.34
Deep drainage only	2.39	13.9%	J	0.04
Associated aneurysms	1.62			0.17

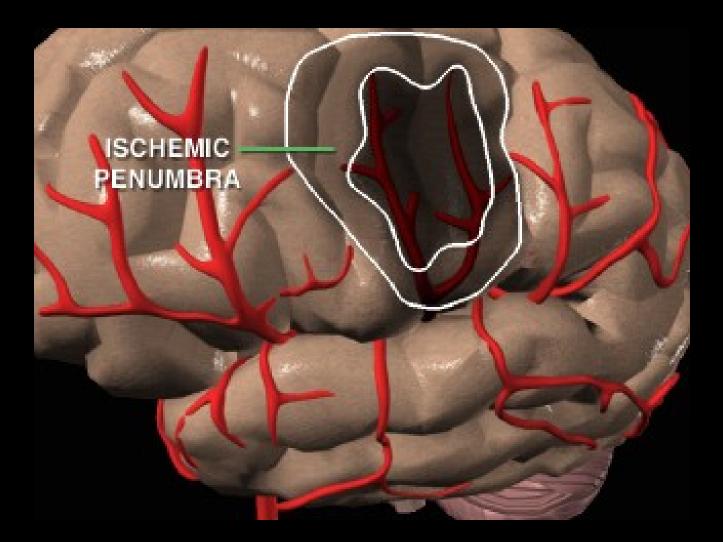


## ARUBA

A Randomized trial of Unruptured Brain Arteriovenous malformation

- NIH Funded
- International, Prospective, Internet-based
- Randomized (1:1 = 800 patients)
- Enrollment based on Ethical Equipoise

### Acute Ischemic Stroke



# Intravenous Thrombolysis (t-PA)

- FDA Approved
- Treatment window 0-3 hours post ictus
- NINDS showed 30% increase of favorable outcome at 90 days versus placebo
- Limited efficacy:
  - IV t-PA opens 30 50% of major occluded intracranial vessels within 1 – 2 hours\*

Mori 1992, Wolpert 1993, von Kummer 1993, Yamiguchi 1993 NINDS rtPA Stroke Group. NEJM 333: 1581-8, 1995

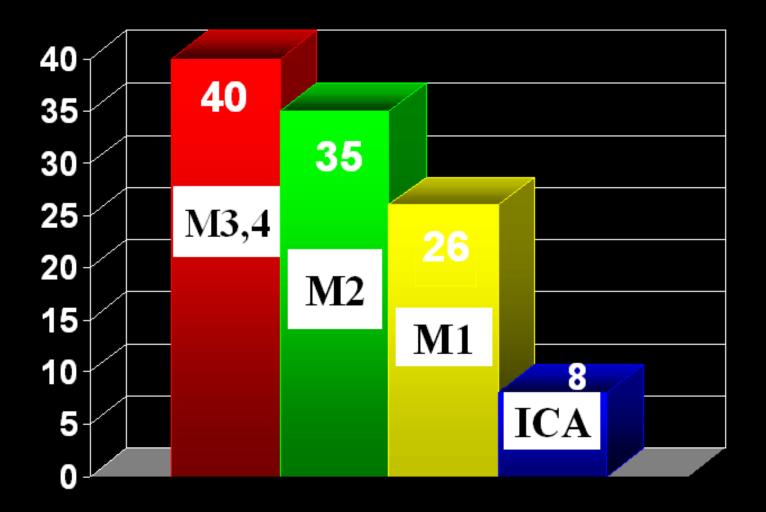
# European Cooperative Acute Stroke Study (ECASS-III)

- 821 patients
- 1:1 randomization IV rtPA vs. placebo
- Median time to administration: 4 hours
- Favorable outcome: 52% vs. 45%
- Benefit despite increased hemorrhage
- Mortality rates did not differ
- Conclusion: IV rtPA significantly improves outcomes of stroke patients, 3-4.5 hours

Hacke W, et al. NEJM 359: 1317, 2008

### Recanalization Rates: IV tPA ≤ 8 hrs

(del Zoppo Ann Neurol 32: 78, 1992)



## Intra-arterial Thrombolysis PROACT II - Results

#### **PROACT II Results**

		IA pro-Uł	K Placebo
Mean time to treat:	5.3 hours	(n = 121)	) (n = 59)

Modified Rankin 0-2 at 3 months40%25%

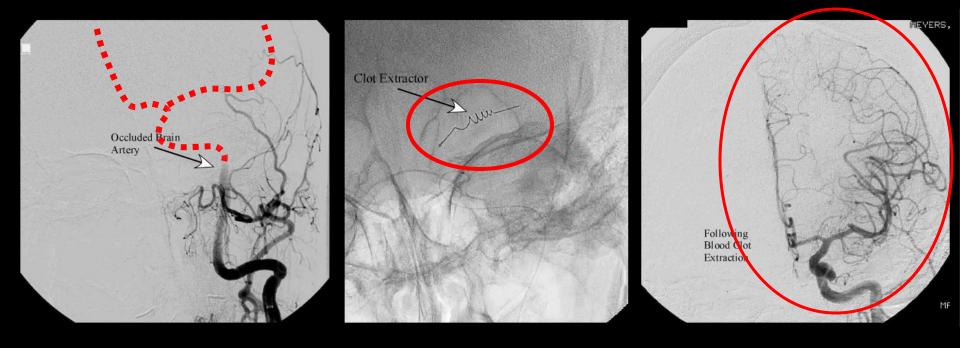
 TIMI 2 – 3
 67%
 2%

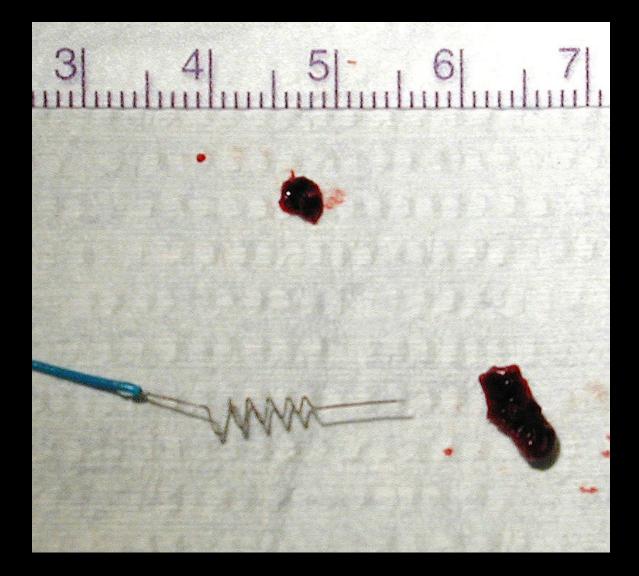
 Intracerebral Hemorrhage
 10%
 2%

## **PROACT II Summary**

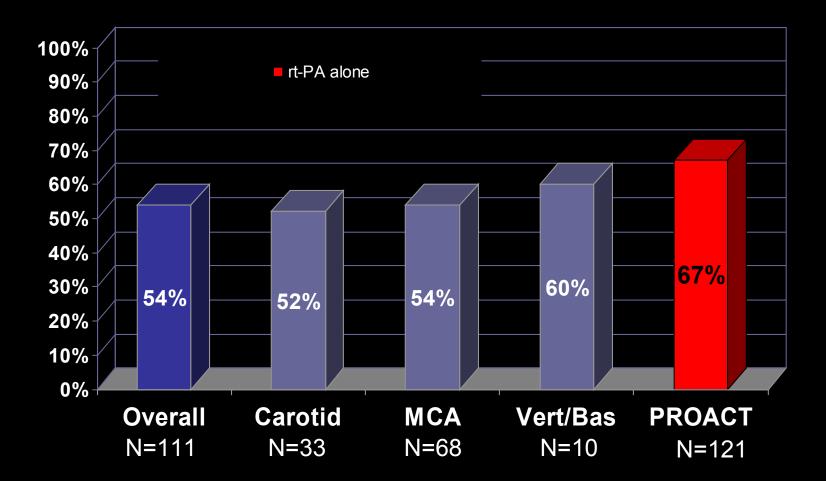
- Provides proof of principle in a worst-case scenario:
  - -Late time to treatment (5.3 hours)
  - -Limited manipulation, no mechanical maceration of clot
  - -Patient selection, NIHSS=17

### Concentric Merci Trial Mechanical Thrombectomy

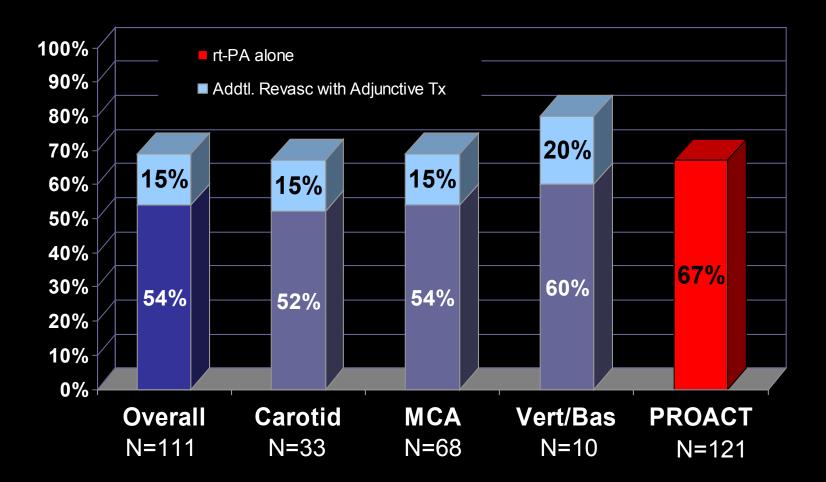




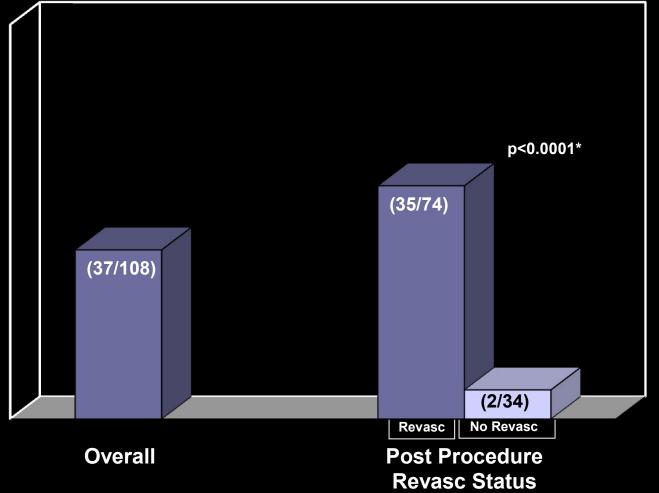
#### Multi MERCI (Part I) Revascularization by Vessel Merci <u>WITHOUT</u> Adjunctive Therapy



#### Multi MERCI (Part I) Revascularization by Vessel Merci <u>WITH</u> Adjunctive Therapy



### Good Outcome (mRS $\leq$ 2) at 90 Days



\*p-values calculated with Fisher's exact test on post-hoc basis

# Safety in Multi-Merci

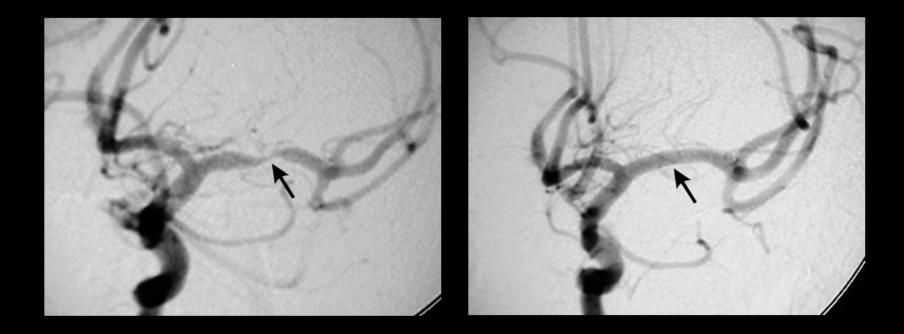
Result	Overall N=111	IV t-PA N=30
Procedure-related complication, % (N)	9.9 (11)	<b>0</b> (0)
Dissection	2.7 (3)	0
Perforation	2.7 (3)	0
Embolization of an uninvolved vessel	0.9 (1)	0
Groin complications	0	0
Symptomatic ICH without perforation	2.7 (3)	0
Asymptomatic SAH leading to death	0.9 (1)	0

Significant procedure complication, % (N) 4.	l.5 (5) 0	) (0)
--	-----------	-------

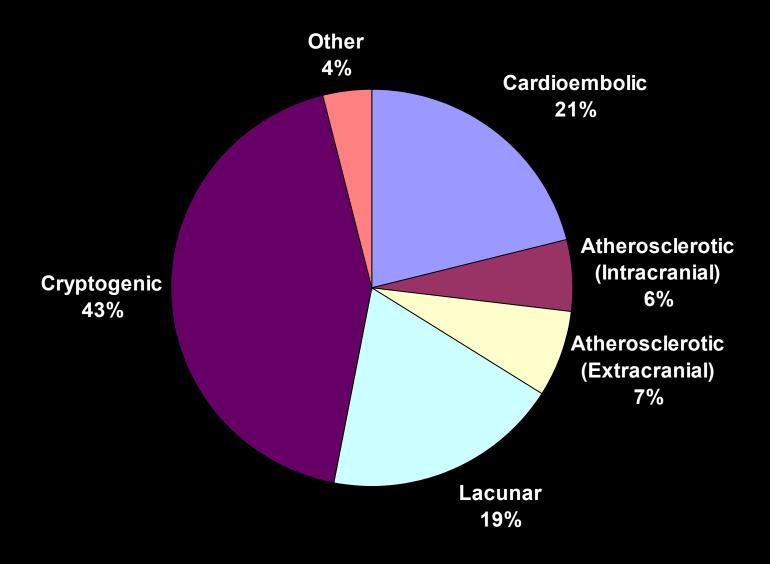
#### **Intracranial Hemorrhage**

Symptomatic ICH <sup>+</sup> , % (N)	<b>9.0</b> (10)	6.7 (2)
Asymptomatic ICH <sup>‡</sup> , % (N)	29.7 (33)	<b>40.0</b> (12)

### Intracranial Atherosclerosis

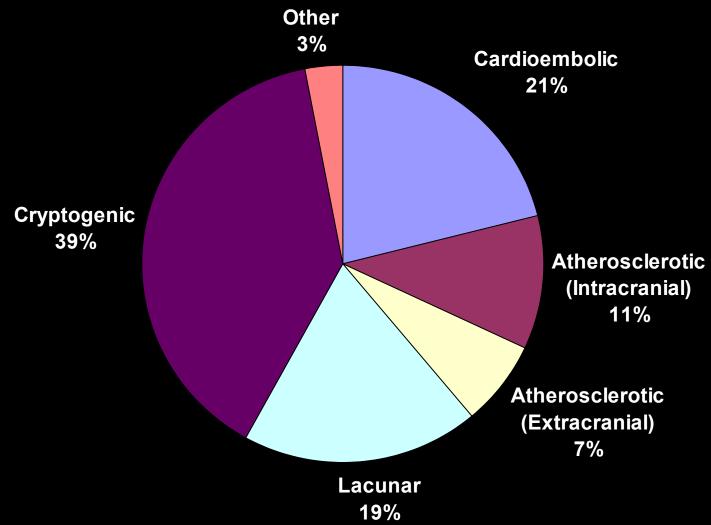


### Ischemic Stroke Subtypes: N. Manhattan



Boden-Albala Neurology 1999;52:A557.

### Ischemic Stroke Subtypes Improved Imaging



## **Risk Factors**

- In general, IA is part of diffuse disease process
- Populations most at risk
  - Asian (Japanese, Chinese, Korean)<sup>1</sup>
  - African-American<sup>2</sup>
  - Hispanics <sup>3</sup>
- Other risk factors
  - Diabetes mellitus, hypercholesterolemia
  - Hypertension, smoking

<sup>1</sup> Caplan Stroke 17: 648-655, 1986
 <sup>2</sup> Wityk Stroke 27: 1974-1980, 1996
 <sup>3</sup> Sacco Stroke 26:14-20, 1995

## WASID

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Comparison of Warfarin and Aspirin for Symptomatic Intracranial Arterial Stenosis

#### Conclusion

Warfarin was associated with significantly higher rates of adverse events and provided no benefit over aspirin in this trial. Aspirin should be used in preference to warfarin for patients with intracranial arterial stenosis.

NEJM, March 31, 2005

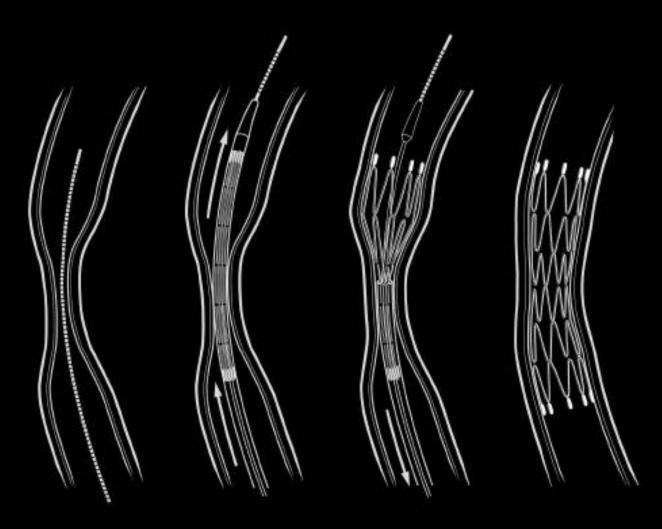
### Intracranial Atherosclerosis: Therapeutic Options

- Medical Therapy:
  - Anti-platelet, Anticoagulation (ASA, Aggrenox, Plavix, Coumadin)
  - Statins, ACE inhibitors
- Bypass Surgery:
  - Bypass surgery (EC-IC); (CCA-VA); (OccA-PCA)...
- Endovascular Revascularization:
  - Intracranial angioplasty effective but high recurrence
  - Intracranial Stent Angioplasty now FDA approved device but unreimbursed

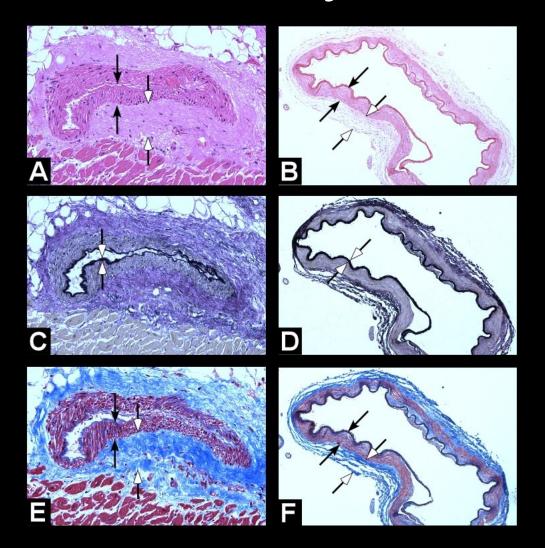
### Identification of patients for stentangioplasty

- Symptomatic disease
- Stroke syndrome must correlate with imaging
- Alternative diagnoses, e.g. inflammatory, neoplastic, metabolic diseases
- Perfusion failure vs. arterio-arterial embolization
- Large vessel disease vs. perforator ischemia

## Mild Vessel Dilatation



## Cerebral Artery Histology



## SSYLVIA vs. Wingspan

	SSYLVIA	WingSpan
Ν	61	45
Stent Success, %	95.1	100
Procedure Success, %	88.5	97.7
Adverse events, %	6.6	11.1
30-day stroke and death	6.6	4.4
6 mo. restenosis, >50%	32	7.5
Symptomatic restenosis, %	13.7	0
6 mo. All stroke and death	14	9.3
1 yr ipsilateral stroke, %	11.5	N/A
	SSYLVIA <i>Stroke</i> 35: 1388, 2004 Henkes <i>Neuroradiology</i> 47: 222, 20	

### SAMMPRIS

Stenting and Aggressive Medical Management for Preventing Recurrent stroke in Intracranial Stenosis

- Stenting vs. intensive medical care
- 764 patients (382 in each arm), 50 US Centers
- Intracranial stenosis 70-99%
- TIA or stroke within 30 days of enrollment
- 2 yr average follow-up
- Primary hypothesis: 35% stroke or death with stenting over 2 yrs.

Chimowtiz M, PI Derdeyn C, PI

# Indications for Neurointerventional Procedures

- Aneurysms especially for SAH
- AVM pre-operative adjunct
- Acute Ischemic Stroke when IV thrombolysis is contra-indicated
- Intracranial atherosclerosis Wingspan available under HDE for symptomatic patients refractory to medical therapy