

# Should Bivalirudin Replace UFH during Peripheral Intervention? APPROVE and other experiences

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# Disclosure Information

- ✓ Research / Grant Support:

Cordis, Guidant, BSC, Medtronic,  
Edwards, Eli Lilly, The Medicines Co.

- ✓ Consultation:

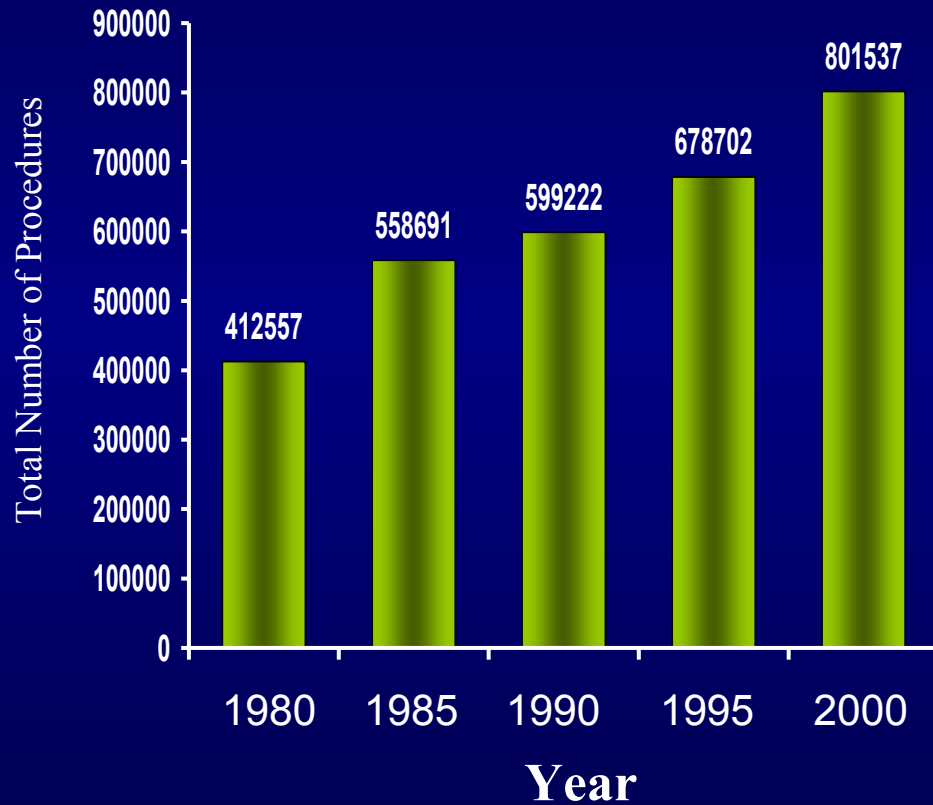
Cordis, Guidant

- ✓ Speakers Bureau:

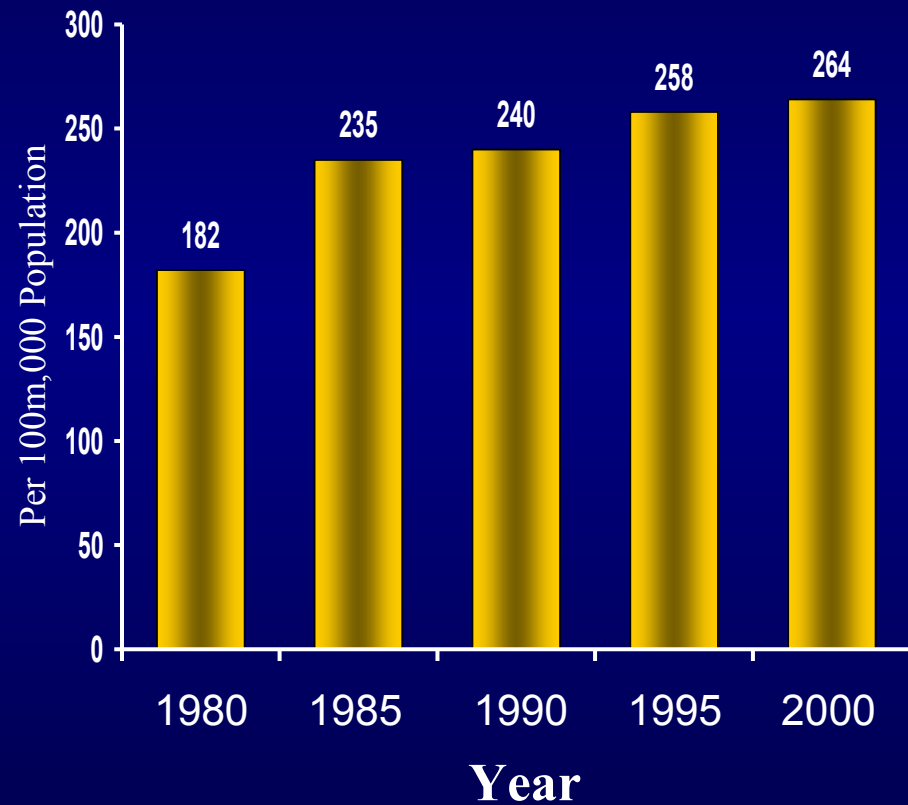
Cordis, Guidant, Eli Lilly, BMS, Sanofi

# Trends in Vascular Intervention

Growth in Total Number of Vascular Procedures from 1980 to 2000



Growth in Per Capita Rate for All Vascular Procedures from 1980 to 2000



# Aorto-Iliac Stent Results

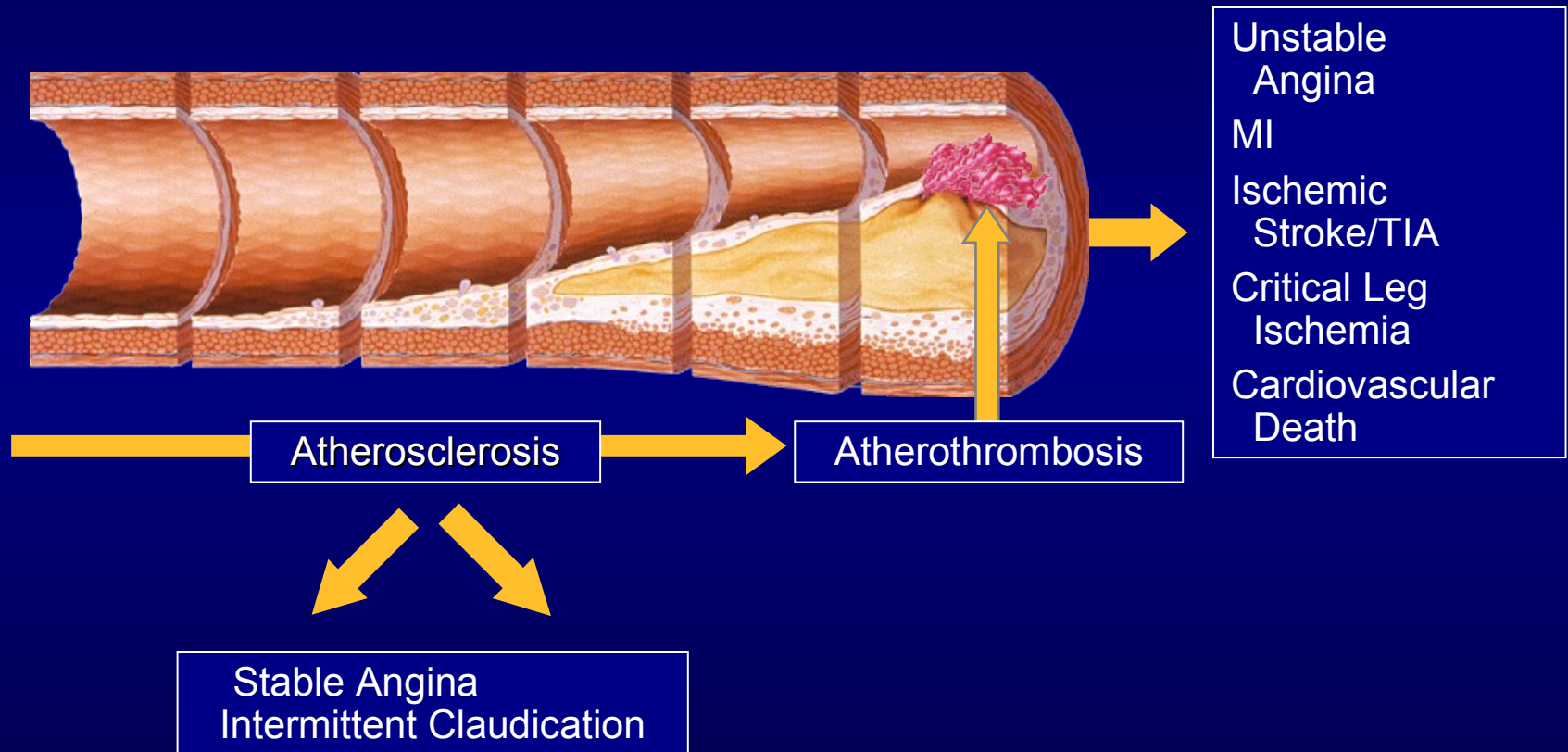
- Pre-procedure



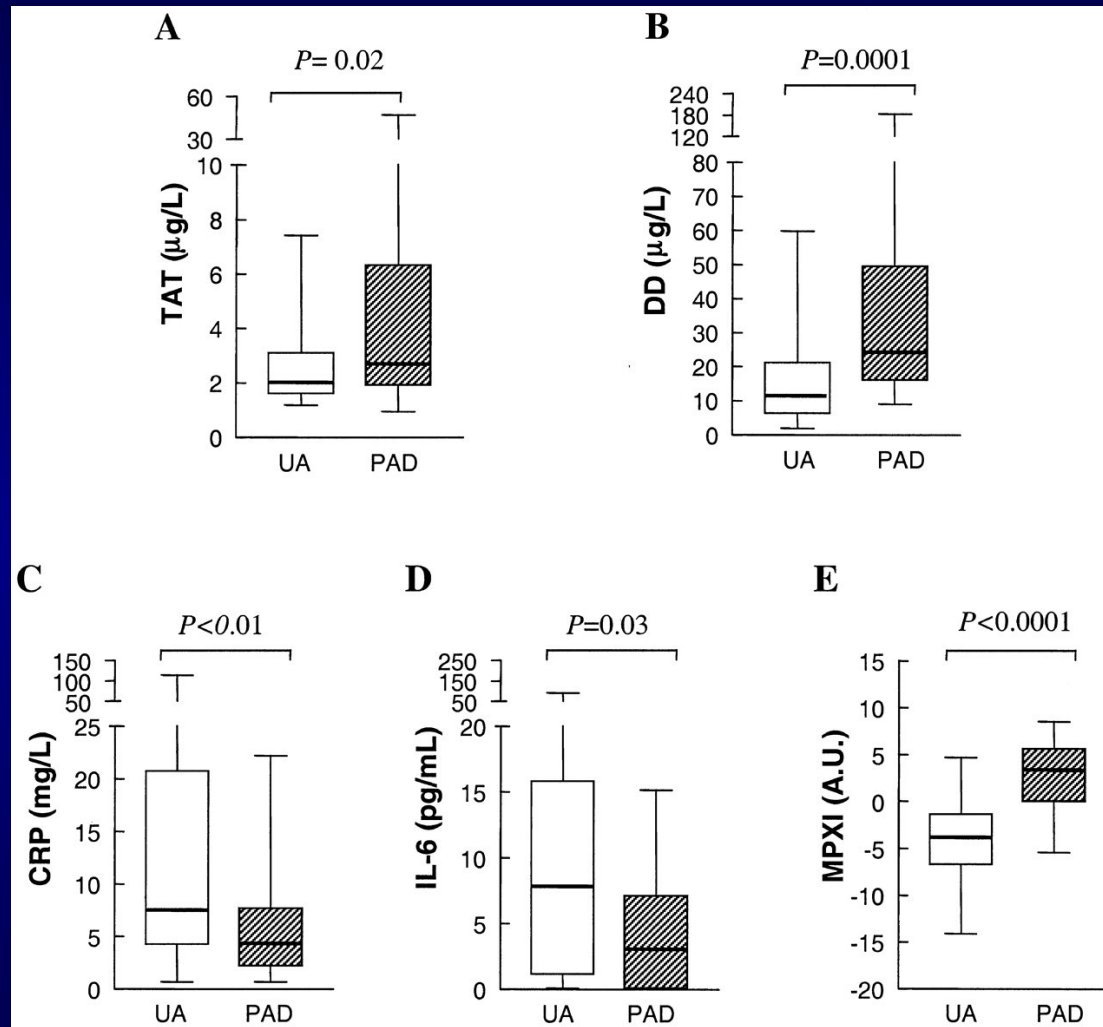
- Post-procedure



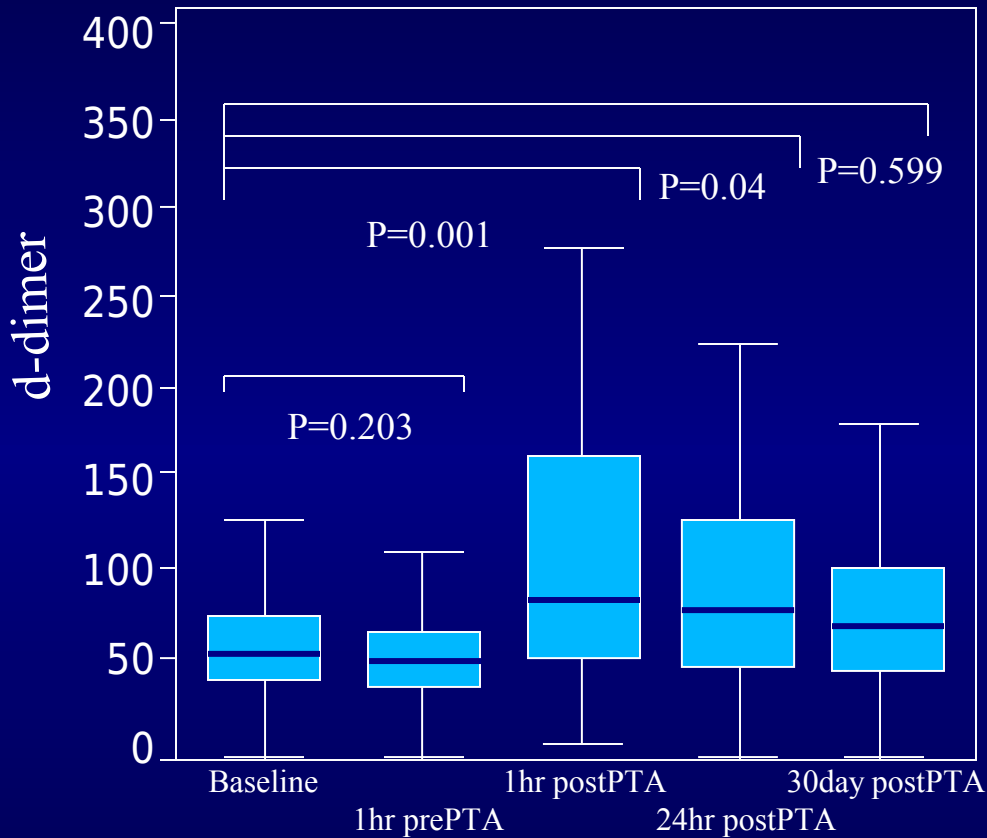
# Atherothrombosis: A Generalized and Progressive Process



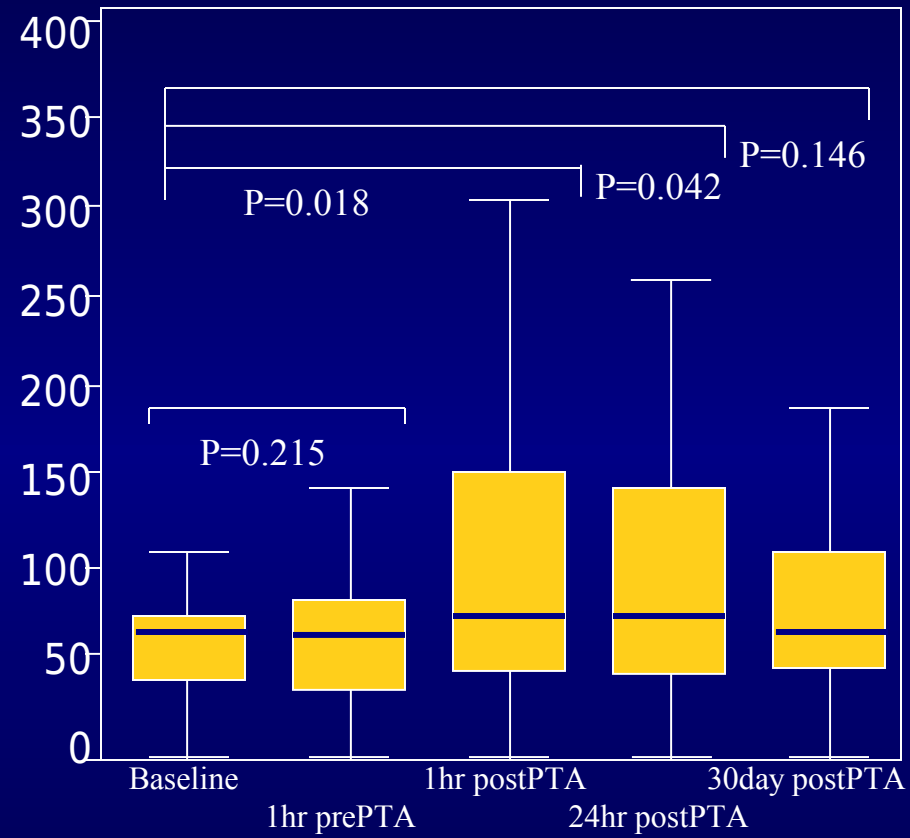
# Activation of the Coagulation Cascade and Circulating Inflammatory Markers in UA (open boxes) and PAD (shaded boxes)



# D-dimer Levels during Peripheral Intervention Placebo and Clopidogrel Groups Over Time

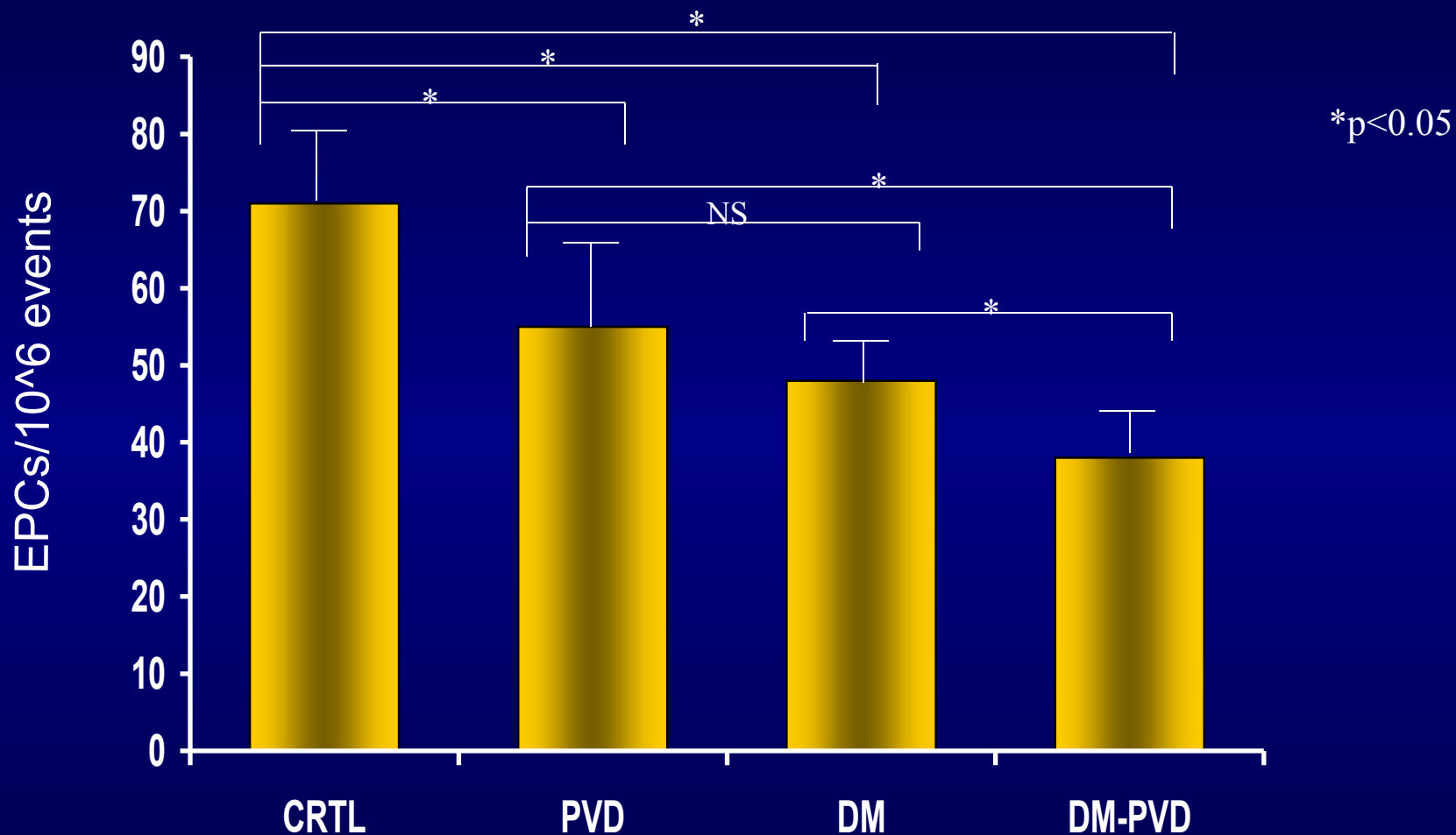


Placebo



Clopidogrel

# Circulating endothelial progenitor cells (EPCs) in PAD and DM





# Percutaneous Peripheral Interventions (PPI)

- Thrombus occurs in 100% of cases
- Bleeding risks are higher (diseased vessel, larger sheaths, longer procedure times)
- “Low flow” state versus coronary flow
- ↑ incidence of CRI
- ↑ incidence of DM
- PAD pts are hypercoaguable

# Overcoming limitations of heparins

Attribute	UFH	LMWH	Bivalirudin
Active moieties in substance	30-35%	15-20%	100%
Action independent of AT	No	No	Yes
Inhibits fibrin-bound thrombin	No	No	Yes
Platelet activation/aggregation	Yes	+/-	Inhibits
PF-4 complexing & risk of HIT	Yes	Reduced	No
Non-specific protease binding	Yes	Partial	No
Variable PK-PD	Yes	Less	No
T <sub>0.5</sub> in minutes	60-90'	270'	25'

# Bivalirudin in PPI

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Single Center studies

St Joseph's Hospital Registry

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Naples Endovascular

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Cardiovascular Research  
Foundation & Lenox Hill

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Genesis Heart Institute

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Cardiovascular Inst of the South

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Baptist Cardiac & Vasc Inst

# Direct Thrombin Inhibition in PVD



A P P R O V E

Angiomax Peripheral Procedure Registry of Vascular Events

## Principal Investigators:

David Allie MD

Cardiovascular Institute of the South

Patrick Hall MD

South Carolina Heart Center

# Site Participation

Ohio Heart Health Center	51	Midwest Heart Foundation	18
Washington Hospital Center	46	Washington Adventist Hospital	17
Winchester Medical Center	38	The Heart Center of Indiana	16
Genesis Health System	35	Arizona Heart Hospital	16
Cardiovascular Institute of the South	31	St Luke's Medical Center, WI	12
Miami Heart Institute	26	University of Chicago Hospitals	10
Midwest Cardiology Research	24	Cleveland Clinic Foundation	10
Swedish Medical Center	23	Stanford University Hospital	10
St John's Hospital, Springfield	23	Beth Israel Deaconess	08
South Carolina Heart Center	21	Watson Clinic	05
William Beaumont Hospital	19	Charleston Area Medical Center	04
St Elizabeth's Medical Center	18	Duke University Medical Center	03
Baptist Memorial Hospital	18	St Mary's Medical Center, MI	02

# Study Objective and Design

- **To demonstrate that bivalirudin can safely replace UFH as the primary anticoagulant in patients undergoing PPI, including outpatient (<23hour)**
- **Open label trial of bivalirudin anticoagulation in renal, femoral, and iliac interventions**
- **505 patients / 26 sites**
- **Bivalirudin 0.75 mg/kg IV bolus + 1.75 mg/kg/hr IV infusion for duration of procedure**
- **GP IIb/IIIa's / post-procedure bivalirudin → operators discretion**

# Endpoints

- **Primary:** Procedural success defined as  $\leq 20\%$  residual stenosis as determined by the treating physician.
- **Secondary:**
  - Activated clotting times (ACTs)
  - Health economics (time to sheath removal, ambulation, discharge, use of closure devices)
  - Death, MI
  - Unplanned revasc or surgical intervention for ischemia (including amputation)
  - Bleeding complications
  - Renal function (relation to ischemic and bleeding outcomes)

# Patient demographics



## Characteristic

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Age (mean)		69
Age > 65 yrs n/N (%)	320/505	(63.4)
Age > 75 yrs n/N (%)	164/505	(32.5)
Female n (%)	231	(45.7)
Male n (%)	274	(54.3)
Angina History n/N (%)	178/504	(35.3)
Prior MI n/N (%)	124/505	(24.6)
Prior Vascular Surgery n/N (%)	175/505	(34.7)
Current Smoker (<6 mos) n/N (%)	152/505	(30.1)
Hyperlipidemia n/N (%)	400/505	(79.2)
Hypertension n/N (%)	450/504	(89.3)
Congestive Heart Failure n/N (%)	79/505	(15.6)
Diabetes (insulin-dependent) n/N (%)	63/505	(12.5)
Diabetes (non insulin-dependent) n/N (%)	120/505	(23.8)



# Primary lesion/vessel



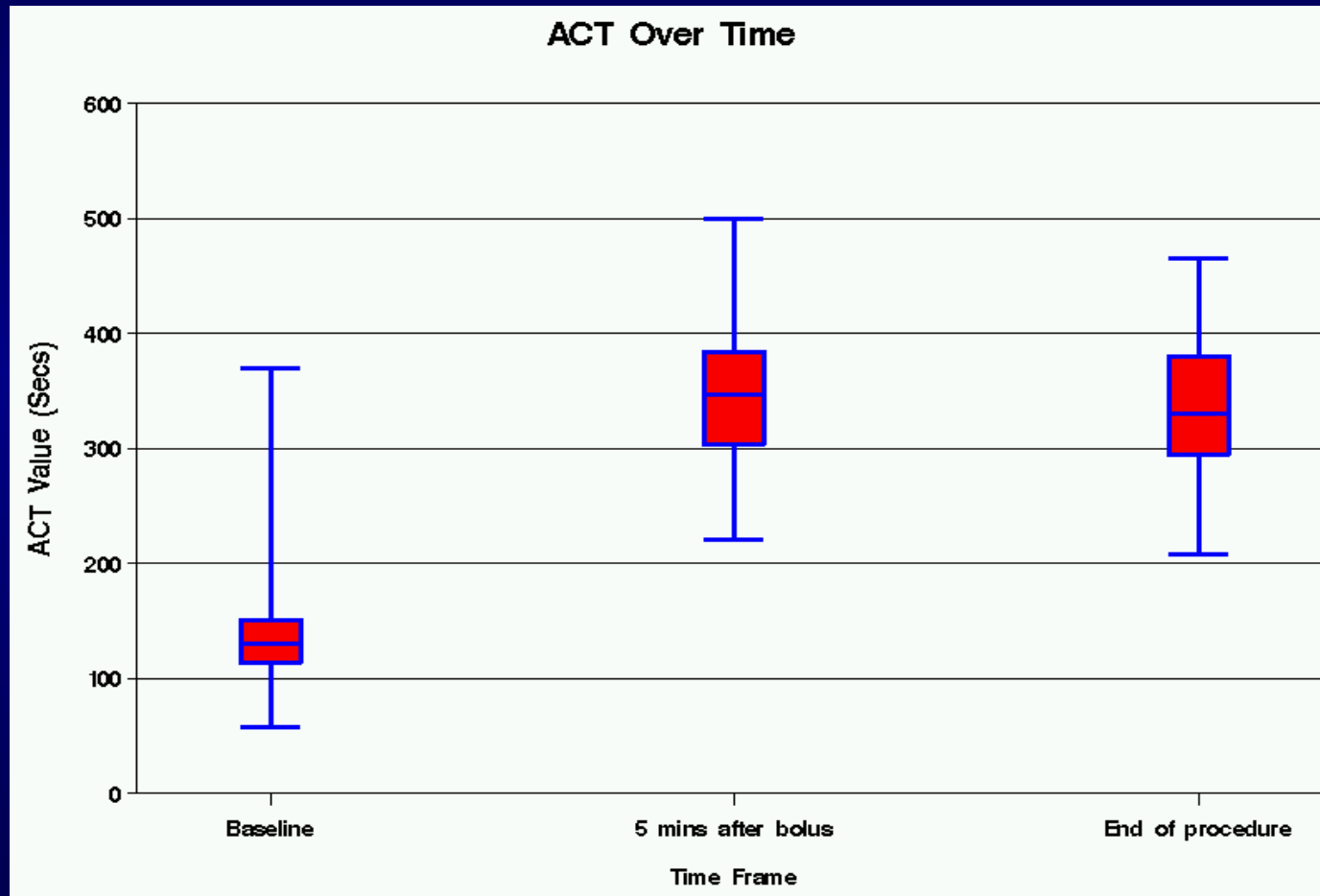
<b>Renal</b>	<b>n/N (%)</b>	<b>173/505 (34.3)</b>
<b>Iliac</b>	<b>n/N (%)</b>	<b>140/505 (27.7)</b>
<b>Femoral</b>	<b>n/N (%)</b>	<b>184/505 (36.4)</b>
<b>Other*</b>	<b>n/N (%)</b>	<b>8/505 (1.6)</b>

\* Other arteries include subclavian(2), popliteal(2), tibial(2), tibioperoneal(1), peroneal(1).

- Clopidogrel pretreatment (300mg) 95.0%
- Aspirin pretreatment (325 mg) 96.8%
- GP IIb/IIIa inhibitors 4.4%

# Activated Clotting Time

Demonstrating consistent anticoagulation at the dose tested



# Hemorrhagic outcomes: Discharge

	Renal	Iliac	Femoral	Total
	n/N (%)	n/N (%)	n/N (%)	n/N (%)
<b>Major (protocol)</b>	4/173 (2.3)	4/140 (2.9)	3/184 (1.6)	11/505 (2.2)
Tx ≥2 U	2/173 (1.2)	4/140 (2.9)	1/184 (0.5)	7/505 (1.4)
Intracranial	0/173 (0.0)	0/140 (0.0)	0/184 (0.0)	0/504 (0.0)
Retroperitoneal	0/173 (0.0)	1/140 (0.7)	1/184 (0.5)	2/504 (0.4)
Fall in Hgb >4g/dL w/no site	0/173 (0.0)	3/140 (2.1)	2/184 (1.1)	5/505 (1.0)
Fall in Hgb >3g/dL overt	2/173 (1.2)	0/140 (0.0)	1/184 (0.5)	3/504 (0.6)
<b>Minor (protocol)</b>	10/173 (5.8)	14/140(10.0)	19/184 (10.3)	43/504 (8.5)
<b>Major (TIMI)</b>	0/169 (0.0)	1/138 (0.7)	1/179 (0.6)	2/494 (0.4)
<b>Minor (TIMI)</b>	2/173 (1.2)	4/140 (2.9)	4/184 (2.2)	10/505 (2.0)

# Outcomes: 30 days



	Renal N=173 n (%)	Iliac N=139 n (%)	Femoral N=184 n (%)	Total N=504 n (%)
Death	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Unplanned revasc	0 (0.0)	0 (0.0)	4 (2.2)	4 (0.8)
Amputation	0 (0.0)	0 (0.0)	2 (1.1)	2 (0.4)
MI	0 (0.0)	0 (0.0)	1 (0.5)	1 (0.2)
New Q- wave*	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
CK-MB>3XULN	0 (0.0)	0 (0.0)	1 (0.5)	1 (0.2)
Major Bleed (prot)	7/173 (4.0)	5/140 (3.6)	7/184 (3.8)	19/505 (3.8)
Minor (protocol)	13/173 (7.5)	14/139(10.1)	21/184 (11.4)	48/504 (9.5)
Major (TIMI)	1/168 (0.6)	1/137 (0.7)	4/177 (2.3)	6/490 (1.2)
Minor (TIMI)	4/172 (2.3)	4/139 (2.9)	7/181 (3.9)	15/500 (3.0)

\*New Q-wave >0.04 sec duration in 2 or more contiguous leads

# Renal Function



	Creatinine Clearance* (mL/min)			
	<30	30-59	60-89	> 90
	N=32	N=187	N=164	N=120
	n (%)	n (%)	n (%)	n(%)
Death	0 (0.0)	0 (0.0)	0 (0.0)	0 (0.0)
Unplanned revasc	0 (0.0)	1 (0.5)	2 (1.2)	1 (0.8)
Amputation	0 (0.0)	1 (0.5)	1 (0.6)	0 (0.0)
Myocardial infarction	0 (0.0)	1 (0.5)	0 (0.0)	0 (0.0)
Bleeding at Discharge				
Major (protocol)	1 (3.1)	4 (2.1)	4 (2.4)	2 (1.7)
Major (TIMI)	0 (0.0)	0 (0.0)	2 (1.2)	0 (0.0)

\* Measured at baseline

## Summary:

# APPROVE 30-day outcomes



- Bivalirudin, as the sole procedural anticoagulant, provided similar outcomes in all vessel types treated
- Consistent anticoagulation at the dose tested
- No deaths, incidence of hemorrhagic complications & amputation were low
- Times to sheath removal (2.67 h), ambulation (8.78 h), and discharge (20.9 h) were favorable and may allow same-day discharge without compromising efficacy or safety
- Support conclusion that bivalirudin provides safe and reliable anticoagulation in patients undergoing PPI

# Bivalirudin in Carotid Intervention

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Single Center experience

Lenox Hill Heart & Vascular  
Institute

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North Shore University  
Hospital

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Wake Med

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Baylor and DeBakey VA

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## Baylor and DeBakey carotid experience

	<b>Group I</b> <b>Case 1-50</b> <b>N=50 (%)</b>	<b>Group II</b> <b>Case 51-100</b> <b>N=50 (%)</b>	<b>Group III</b> <b>Case 101-150</b> <b>N=50 (%)</b>	<b>Group IV</b> <b>Case 151-200</b> <b>N=50 (%)</b>
<b>Tech success</b>	47 (94%)	49 (98%)	50 (100%)*	50 (100%)*
<b>Length of stay (d)</b>	1.6 ± 1.3	1.3 ± 1.1	1.4 ± 0.7	1.5 ± 0.6
<b>Procedural time (m)</b>	58 ± 10	43 ± 11*	39 ± 8**	36 ± 10**
<b>Contrast used</b>	98 ± 24	79 ± 19*	55 ± 15**	53 ± 12**

\* p < 0.05 compared with Group I

\*\* p < 0.03 compared with Group I



# Baylor and DeBakey carotid experience

	<b>Group I</b> <b>Case 1-50</b> <b>N=50 (%)</b>	<b>Group II</b> <b>Case 51-100</b> <b>N=50 (%)</b>	<b>Group III</b> <b>Case 101-150</b> <b>N=50 (%)</b>	<b>Group IV</b> <b>Case 151-200</b> <b>N=50 (%)</b>
<i>Complications</i>				
Cardiopulmonary	2(4%)	2(4%)	1(2%)	1(2%)
Hemorrhagic	3(6%)	1(2%)	0*	0*
Stroke (TIA)	1(2%)	0	0	0
Stroke (minor)	1(2%)	1(2%)	0	0
Stroke (major)	1(2%)	0	0	0
30-day death	1(2%)	0	0	0
30-day stroke/death	4 (8%)	1(2%)*	0**	0**
Overall complication	9 (18%)	4 (8%)**	1(2%***	1(2%***

\* p< 0.05 compared with Group I

\*\* p <0.03 compared with Group I

\*\*\*p <0.01 compared with Group I

# Bivalirudin Use During Peripheral Intervention - Conclusion

- Safe alternative to UFH
- Predictable anticoagulation during PPI
- Adverse ischemic events are low
- Bleeding rates less than UFH
- Decreased sheath removal & ambulation times
- Ongoing studies
  - COBRA: carotid study
  - Use with GP IIb/IIIa inhibitors (CLI / high risk pts)