Acute Ischemic Stroke Imaging Innovations



Guilherme Dabus, MD, FAHA Director, Fellowship NeuroInterventional Surgery Miami Cardiac & Vascular Institute Baptist Neuroscience Center

FIU

Herbert Wertheim College of Medicine



Baptist Neuroscience Center

BAPTIST HEALTH SOUTH FLORIDA



Miami Cardiac & Vascular Institute

BAPTIST HOSPITAL OF MIAMI

Disclosures

Microvention – consultant Covidien/Medtronic – consultant and proctor Penumbra - Consultant Surpass Medical/Surpass – shareholder InNeuroCo, Inc – shareholder Medina Medical - shareholder

Stroke Statistics

- Stroke is important cause of death in the US
- 795,000 strokes/year in the US
- 25% death within 1 year after the initial stroke

Near 50% of stroke victims will not regain functional independence

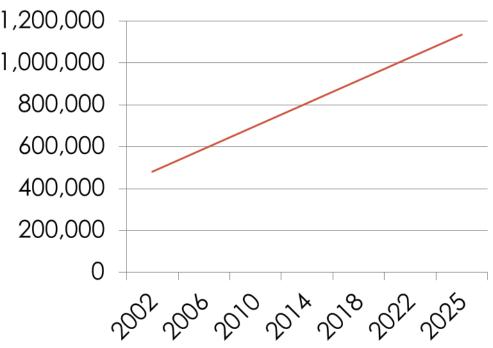
Estimated costs: \$68.9 billion in 2009

Lloyd-Jones D, et al: Heart disease and stroke statistics--2009 update: a report from the American Heart Association Statistics Committee and Stroke Statistics Subcommittee. Circulation 119:e21-181, 2009

STROKE FUTURE

 Assuming no change in the agespecific rates of stroke, approximately 1.1 million Americans will suffer a stroke in 2025¹

Past and Projected Incidence of Stroke in the United States¹



1. Broderick JP: William M. Feinberg Lecture: stroke therapy in the year 2025: burden, breakthroughs, and barriers to progress. Stroke 35:205-211, 2004

STROKE TYPES

Total Stroke 695, 000

Ischemic Stroke (85%) 590, 000

> As many as 40% due to large vessel occlusion¹ 236, 000

Hemorrhagic Stroke (15%) 105, 000



1. Smith WS, Tsao JW, Billings ME, Johnston SC, Hemphill JC, 3rd, Bonovich DC, et al: Prognostic significance of angiographic ally confirmed large vessel intracranial occlusion in patients presenting with acute brain ischemia. **Neurocrit Care 4:14-17, 2006**

IV tPA Reperfusion Limitations

Location

Vessel occlusion location prognostic of response*

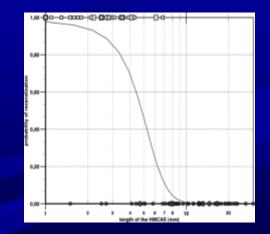
Distal ICA	4.4%	M1-MCA	32.3%
M2-MCA	30.8%	Basilar	4.0%

Reperfusion most predictive of outcome (RR 2.7)

Clot size (<8mm)**</p>

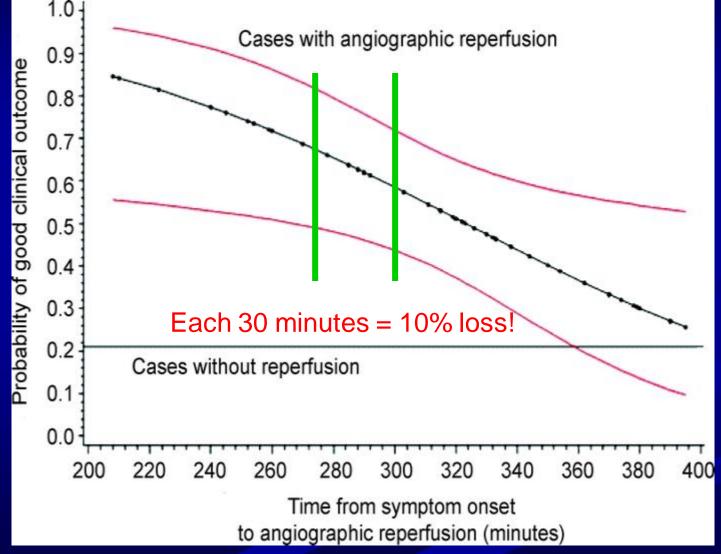
Reperfusion remains strongly predictive
 Mean discharge mRS

- Reperfused 1.9
- No reperfusion 4.4



*Bhatia Stroke. 2010;41:2254-2258, **Riedel, Stroke. 2011;42:1775-1777

Timing Is Critical – IMS I & II



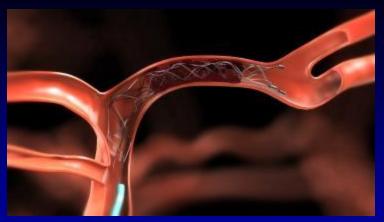
(Khatri. Neurology, 2009)

Advances in Stroke Treatment Therapy for acute ischemic stroke

- "Standard" (...or old) imaging criteria
 Standard imaging: no hemorrhage or extensive infarction
 - NINDS and ECASS III: IV tPA up to 3 or 4.5hs
- Changing perspective
 - A fixed time window is not physiologically based
 Functional imaging can identify patients who might benefit from "delayed" treatment

A NEW ERA

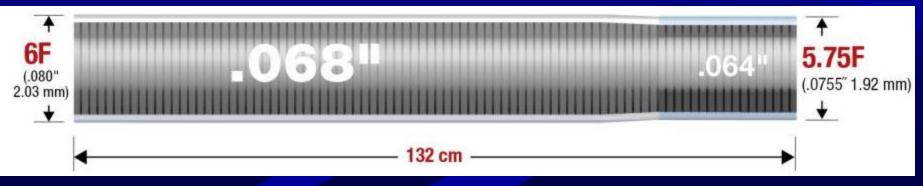
Solitaire



Trevo



Penumbra ACE[™] 64









UNIVERSITY OF CALGARY CUMMING SCHOOL OF MEDICINE



ESCAPE

Endovascular treatment for Small Core and Anterior circulation Proximal occlusion with Emphasis on minimizing CT to recanalization times

Michael D Hill, Mayank Goyal

OF babalf afthe FOCADE Trial



EXTEND-

Extending the time for Thrombolysis in Emergency Neurological Deficits - Intra-Arterial

A randomized controlled trial of endovascular thrombectomy after standard dose intravenous t-PA within 4.5 hours of stroke onset utilizing dual target imaging selection

Bruce Campbell Co-PI and Medical Coordinator

Peter Mitchell Co-PI and Head of Neurointervention Stephen Davis and Geoffrey Donnan

Principal Inv Michael D H Mayank Goy Andrew M D

Imaging critical component large by ΞN 492725 for patient selection!

February 11,

Primary Results

SOLITAIRE™ FR With the Int Thrombectomy as PRIMary E Treatment for Acute Ischemic

J. Saver, M. Goyal, A. Bonafé, H. Diener, E. Levy, V. M. D. Cohen, W. Hacke, O. Jansen, T. Jovin, H. Matti T. Devlin, D. Lopes, V. Reddy, R. du Me

OR IGINAL ARTICLE

Thrombectomy within 8 Hours after Symptom Onset in Ischemic Stroke

T.G. Jovin, A. Chamorro, E. Cobo, M.A. de Miguel, C.A. Molina, A. Rovira, L. San Román, J. Serena, S. Abilleira, M. Ribó, M. Millán, X. Urra, P. Cardona, E. López-Cancio, A. Tomasello, C. Castaño, J. Blasco, L. Aja, L. Dorado, H. Quesada, M. Rubiera, M. Hernández-Pérez, M. Goyal, A.M. Demchuk, R. von Kummer, M. Gallofré, and A. Dávalos, for the REVASCAT Trial Investigators*

ABSTRACT

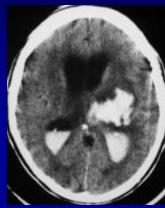
Main Current AIS-LVO Trials

	Recanalization	90-day MRS 0-2 Interventional Arm	90-day MRS 0-2 Medical Arm
MR CLEAN	58.7%	32.6%	19.1%
ESCAPE	72.4%	53%	29.3%
EXTEND-IA	86%	71%	40%
SWIFT PRIME	88%	60.2%	35.5%

CT role: evaluation of acute stroke

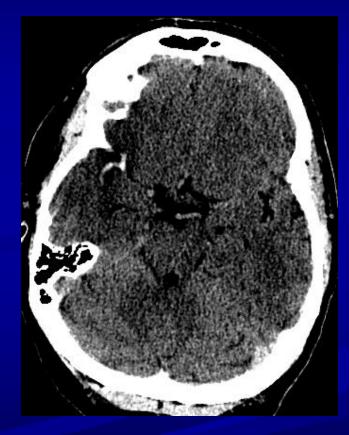
- Exclude hemorrhage and "stroke" mimics
 Hemorrhage, tumor, etc.
- If ischemic:
 - Exclude massive infarction
 - ASPECT Score
 - Very large infarcts do not do well even with early recanalization
 - Determine site of occlusion
- Assess potential for reversibility

Differentiate dead from viable but still "at risk" tissue -"Ischemic penumbra" with functional neuroimaging



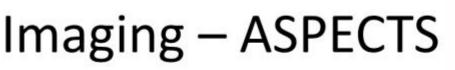
Infarct detection with CT: Early signs

- Hyperdense artery sign
 - Densest vessel visualized
- Loss of gray/white differentiation
 - Subtle but usually positive within 1-3 hours
 - Cortical band or insular ribbon sign
 - Obscuration of deep gray matter often the key - lentiform nucleus

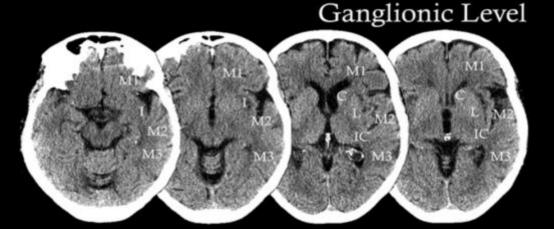


CT sensitivity for detection of acute infarct in patients presenting in less than 6 hours after the onset is low (approximately 60%) - Horowitz SH. Stroke 1991





www.aspectsinstroke.com

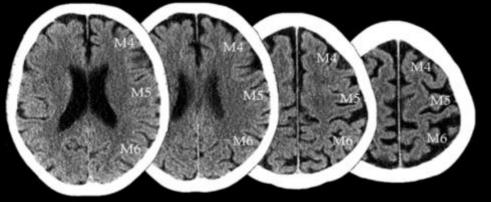


Examine all the images at the ganglionic and supraganglionic levels.

UNIVERSITY OF CALGARY

CUMMING SCHOOL OF MEDICINE

Take off 1 pt from 10 for every region that is affected



Supraganglionic Level

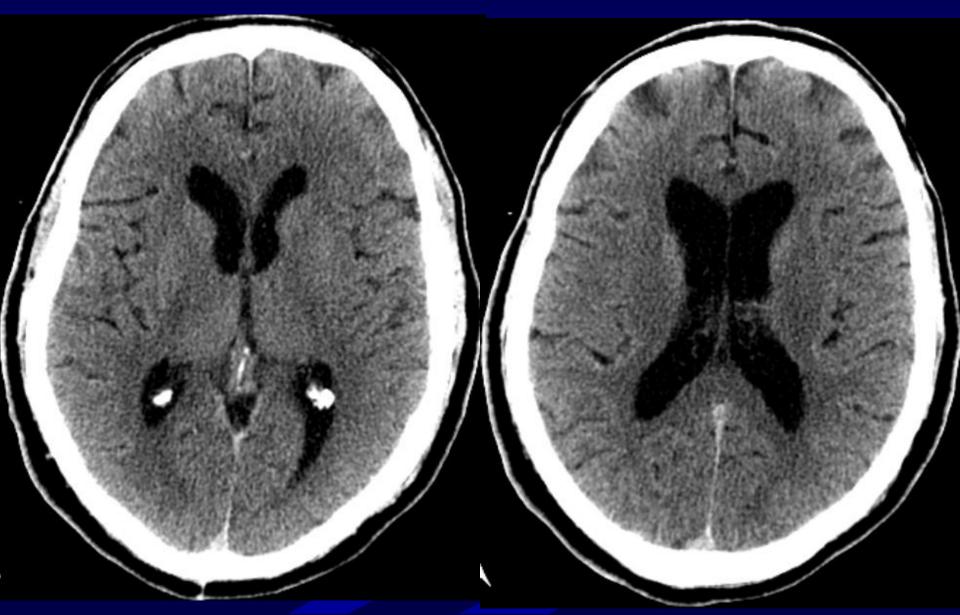
ASPECTS 8-10 Small core.

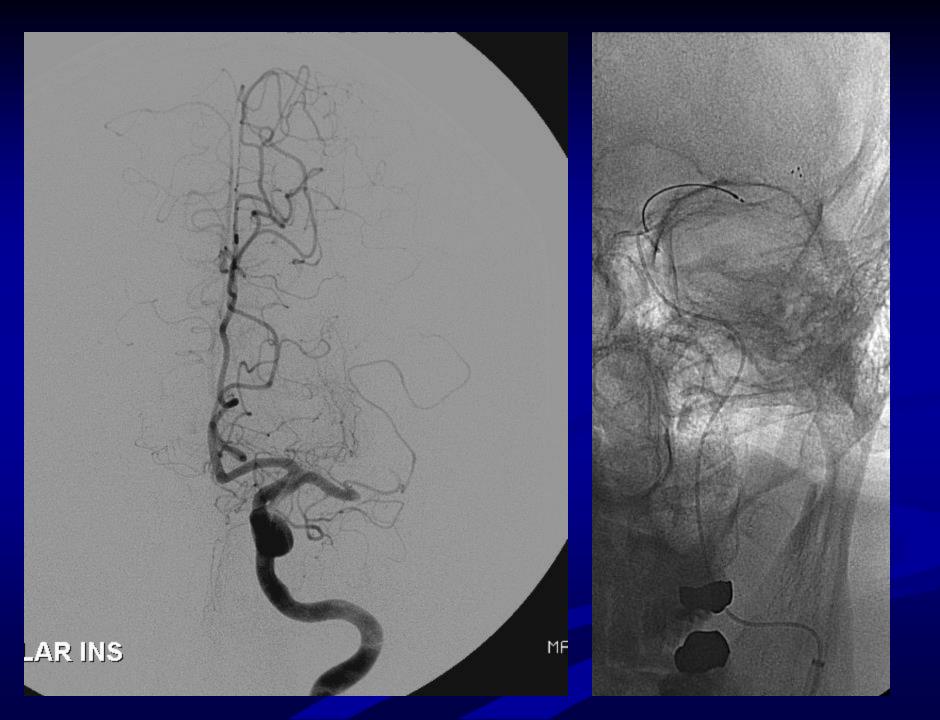
6-7 Moderate core.

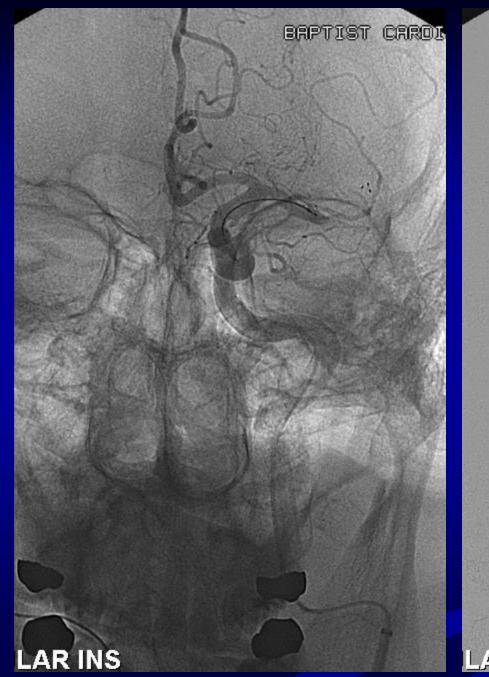
0-5 Large core.

11/02/2015

72M NIHSS 15

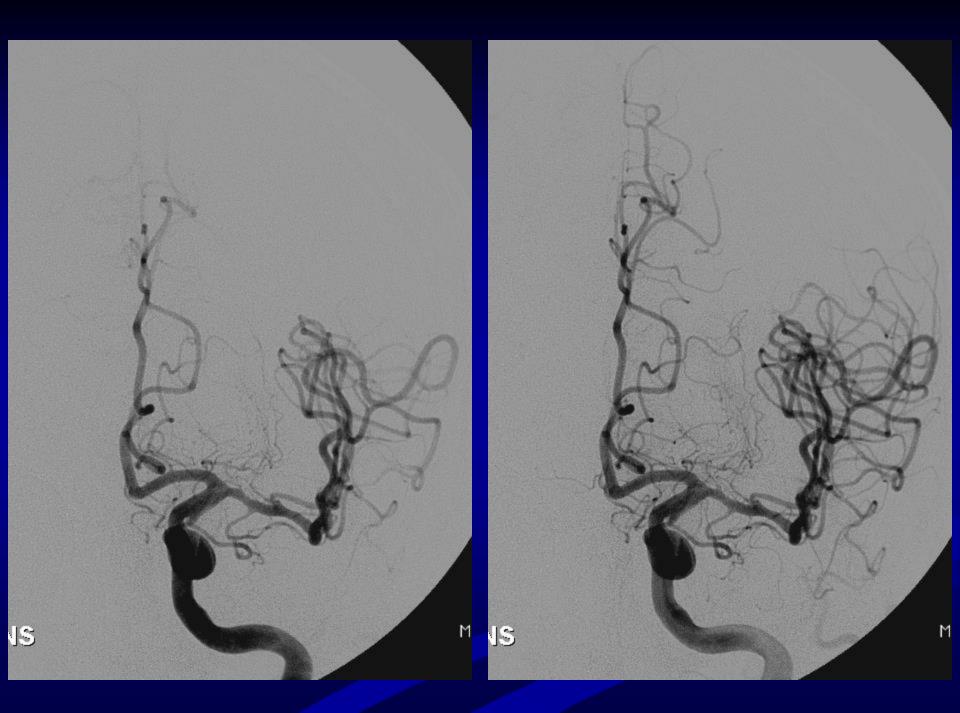




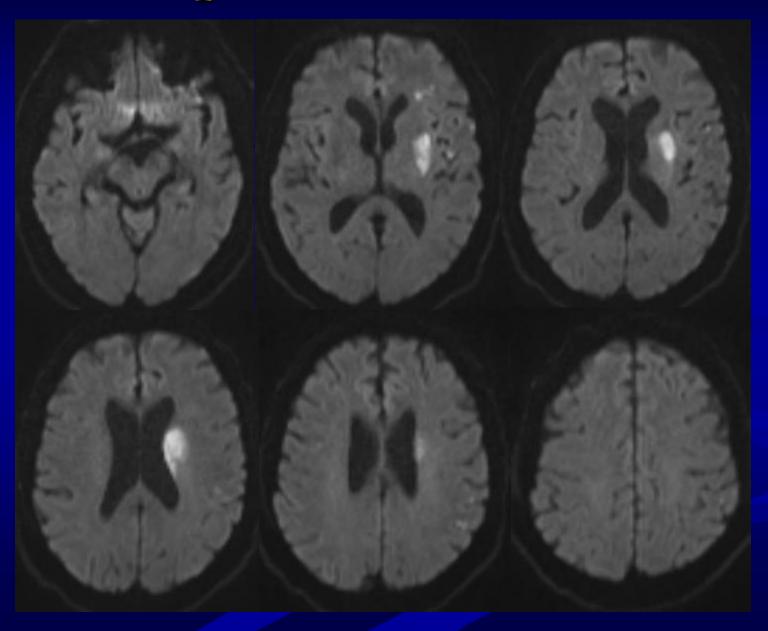






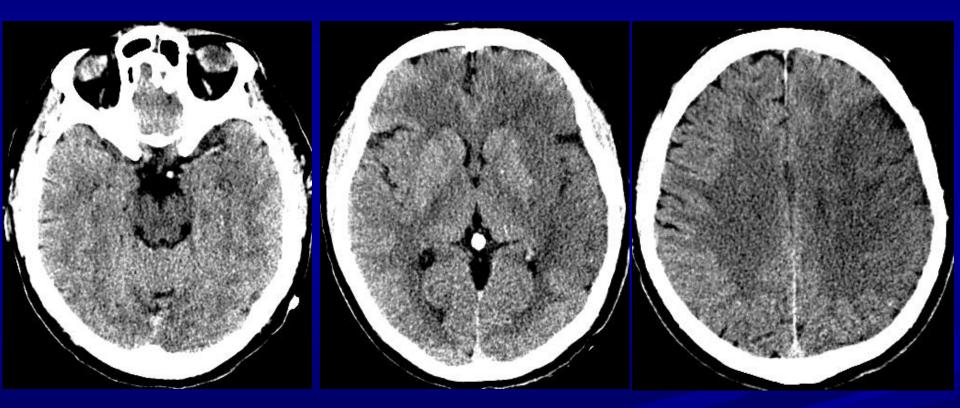


24h post EVT NIHSS 1

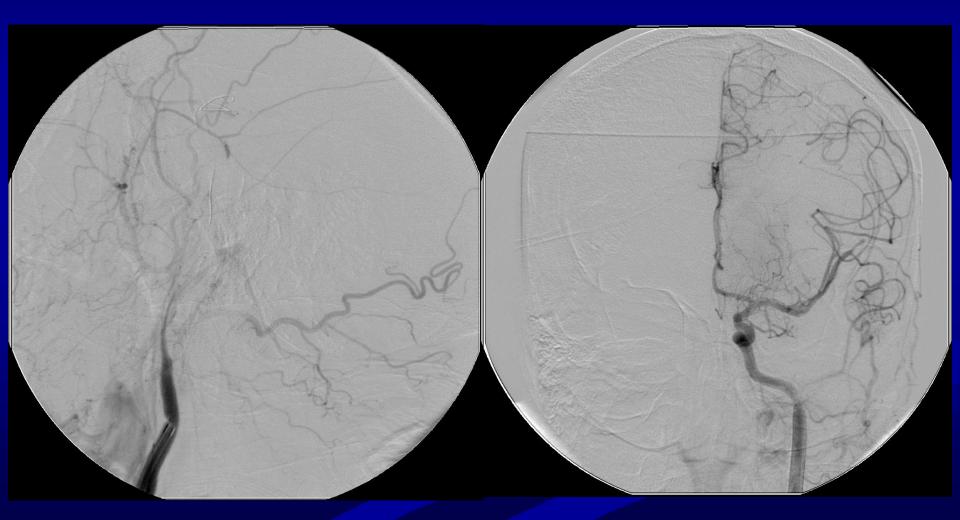


Should we go ahead???

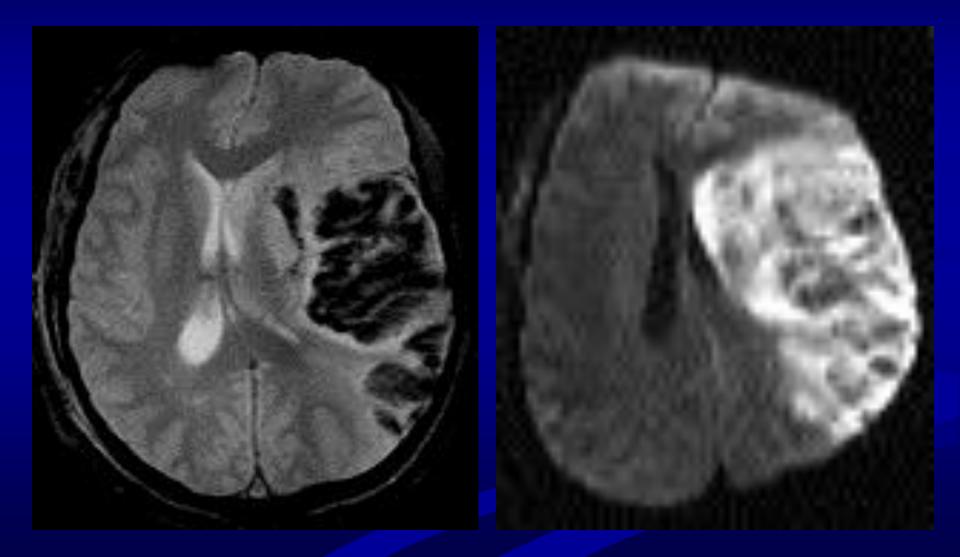
• 40yo M sudden onset of right sided hemiplegia during exercising



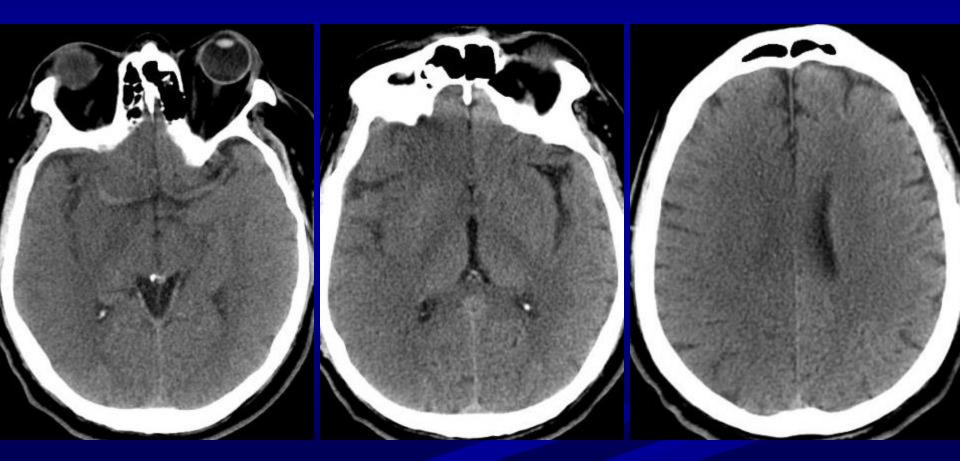
Should we go ahead???

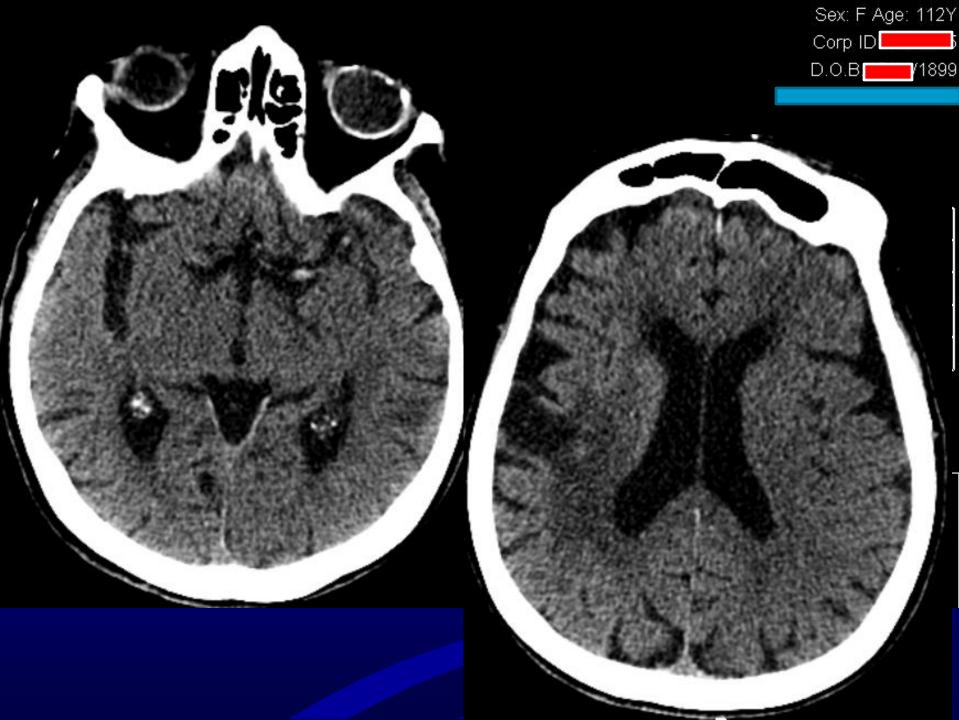


Should we go ahead???

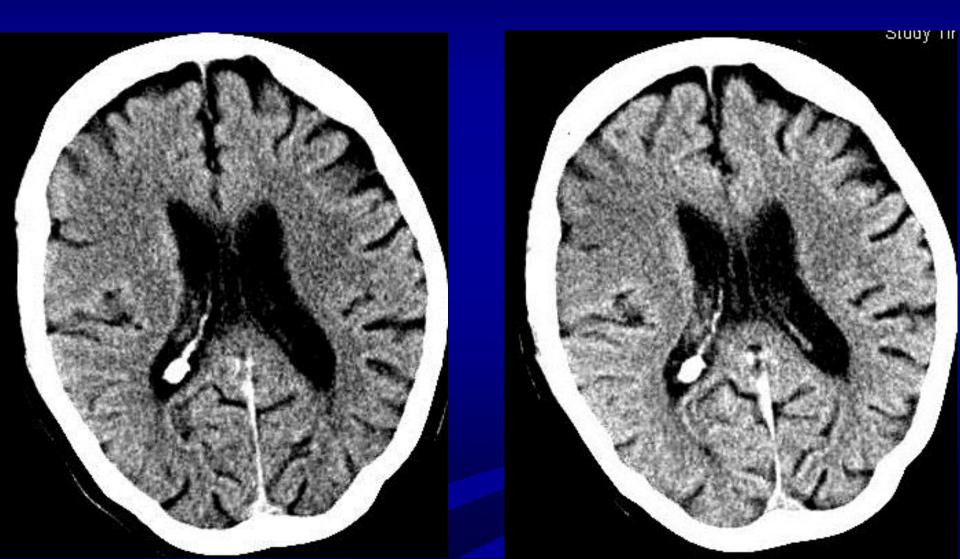


When not to intervene? Ex. 1





44F presented left facial and left UE and LE weakness3PM6:25PM



MR of Hyperacute Infarction: standard sequences

- Standard sequences usually negative for parenchymal changes
 - No vasogenic edema (or mass effect)
 No parenchymal enhancement
- Absent or slow arterial flow
 - "Flow voids" missing
 - Intravascular enhancement

The four P's Systematic approach for stroke imaging

- Parenchyma: How much damage has occurred?
 DWI or CTA-SI or CBV
- Pipes: What is the cause of stroke MRA or CTA
- Perfusion: What is the status of hemodynamic compensatory mechanisms? PWI or CTP
- Penumbra: How much tissue is still at risk?
 - PWI minus DWI or CBF minus CBV/CTA-SI

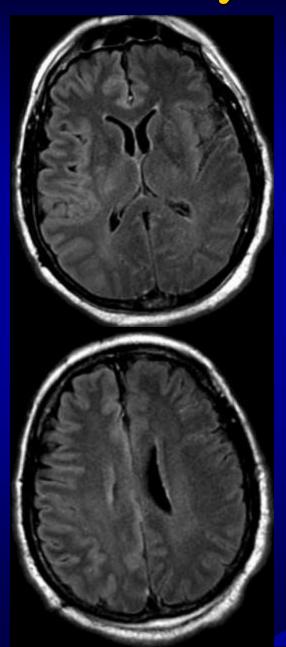
The four P's: Parenchyma Diffusion Weighted Imaging (DWI)

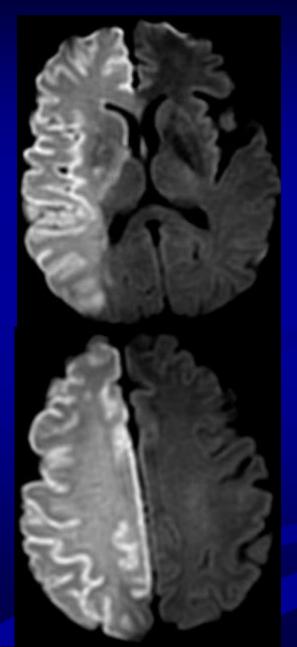
The most sensitive technique to identify the "core" of the infarct

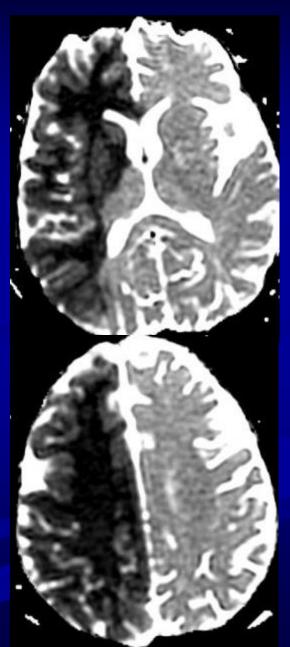
- Water shifts to intracellular space cytotoxic edema and increased viscosity
- Intracellular "cytotoxic edema" results in slow Brownian motion of water - <u>"diffusion</u> <u>restriction"</u>

Gonzalez RG, et al. Radiology 1999 Perkins CJ, et al. Stroke 2001

65y F 2h after the onset





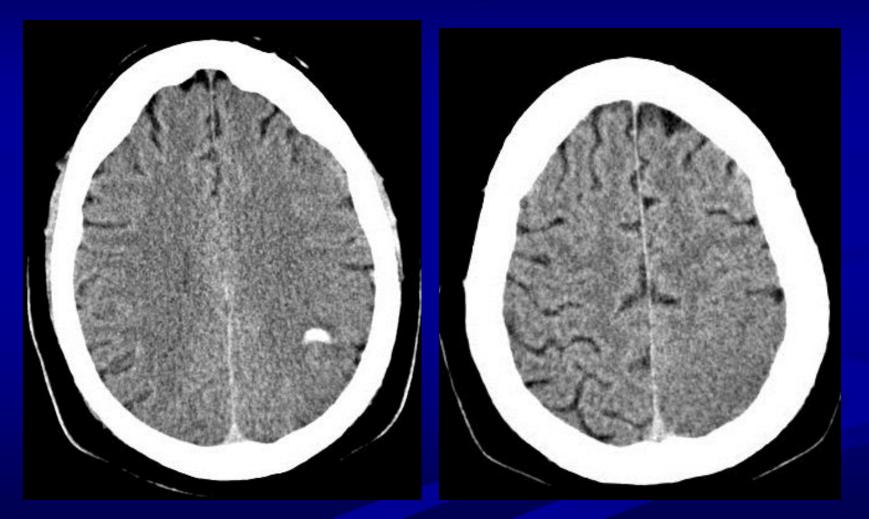


Reversible DWI Abnormalities

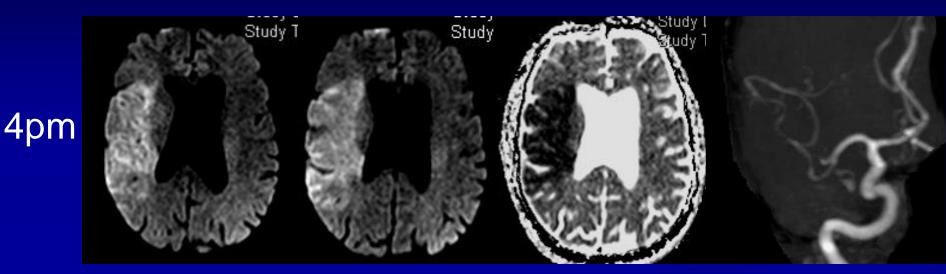
Initial DWI abnormalities may resolve if occluded vessel is quickly reopened
 May see with other entities:

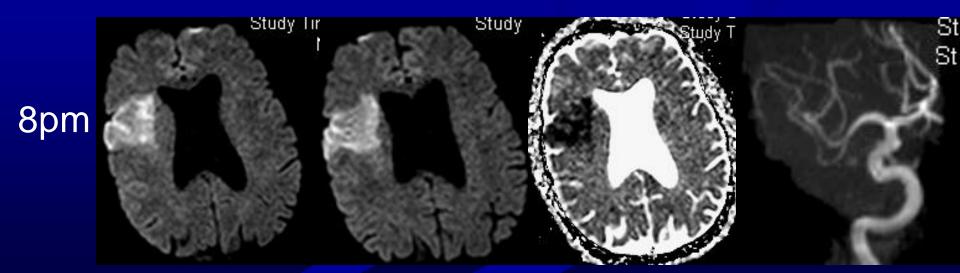
 Post-ictal, Hemiplegic migraine, Transient global amnesia (TGA), venous hypertension, venous thrombosis, DAVF

Reversible DWI: Venous hypertension/ischemia Patient with acute onset right sided weakness

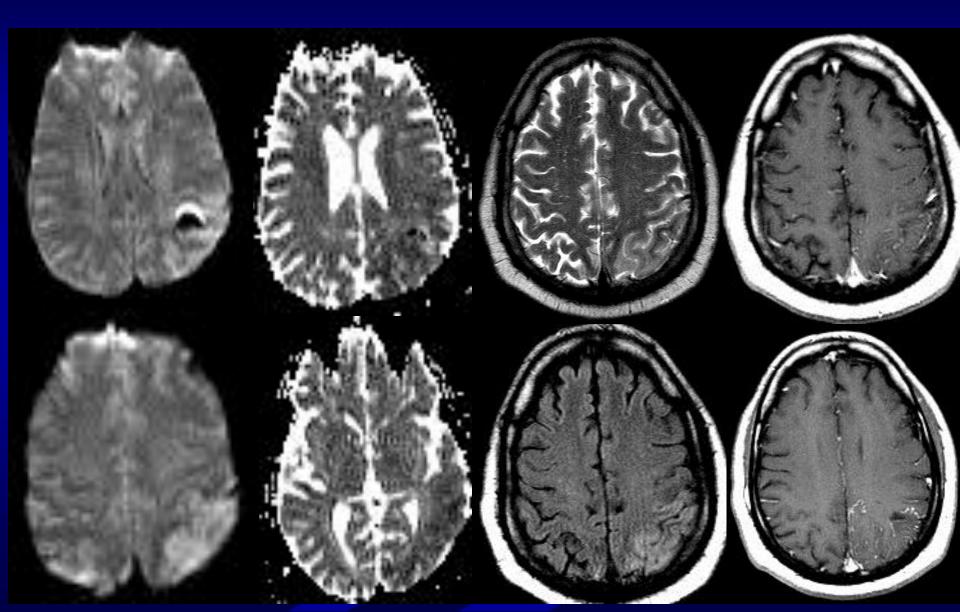


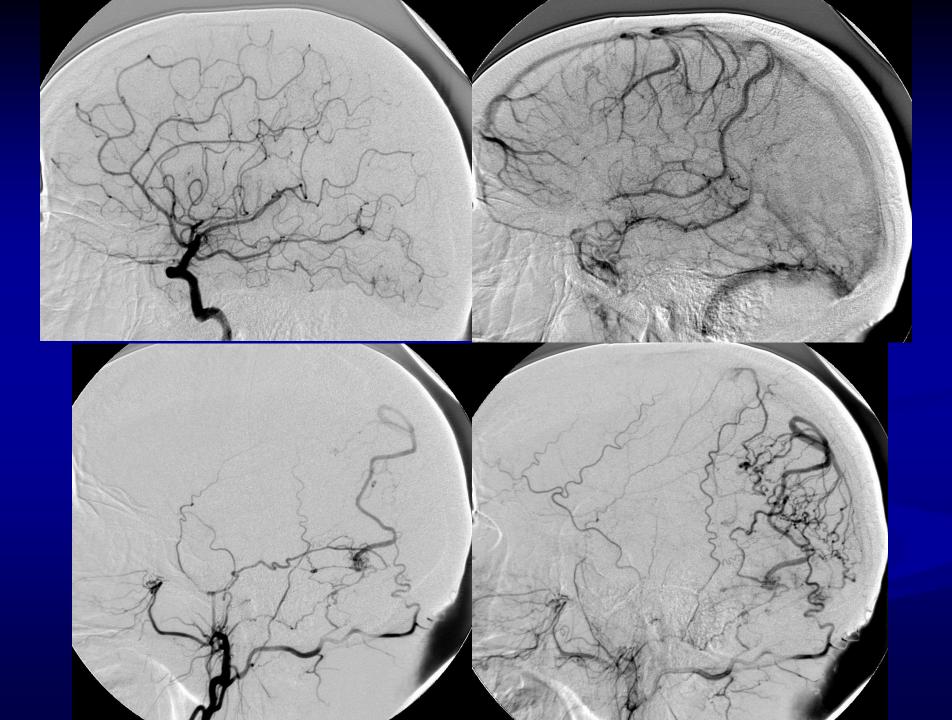
Reversible DWI: arterial ischemia



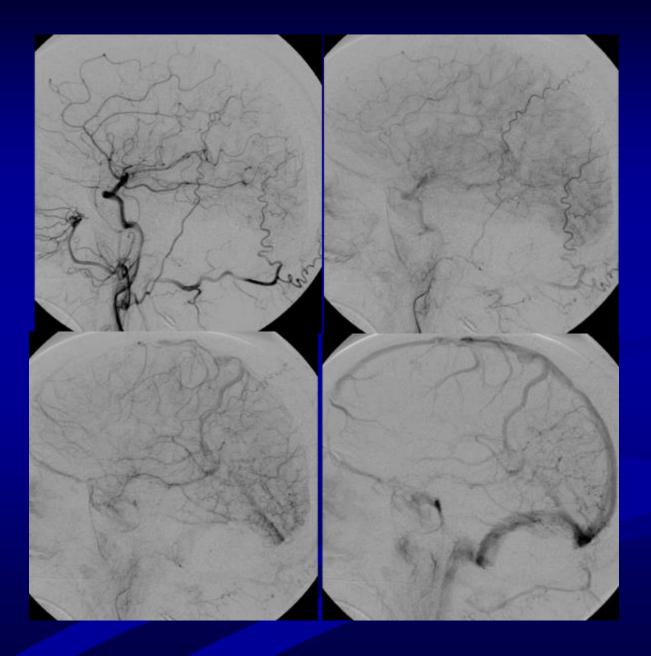


Reversible DWI: Venous ischemia

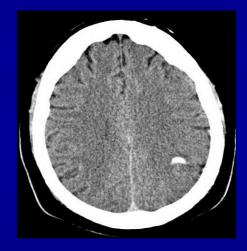




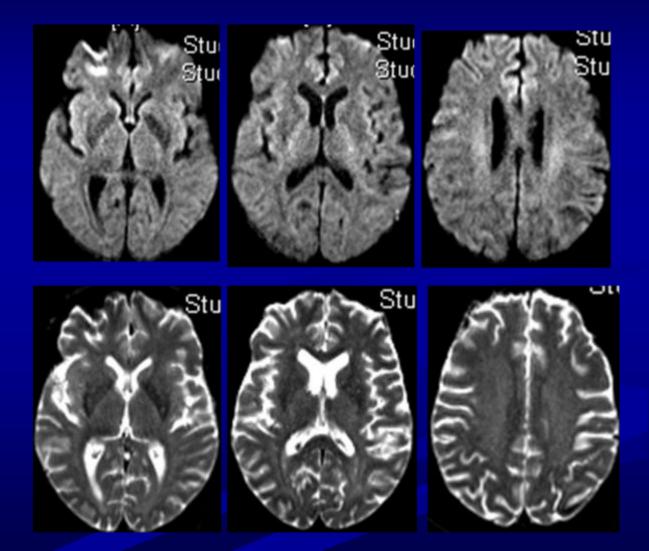
Post-embolization LCCA injection



Follow-up imaging

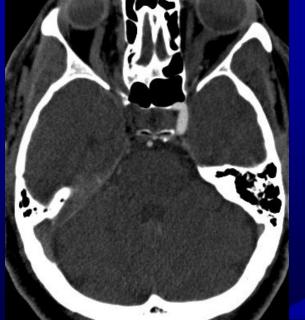


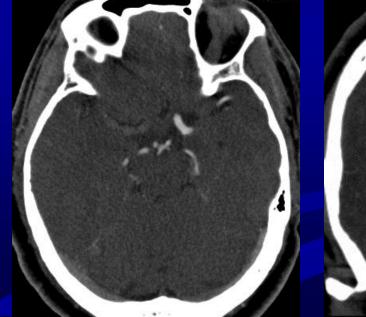
No evidence of infarction on CT or MRI

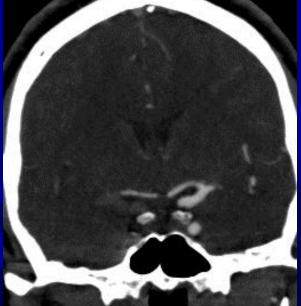


The four P's #2: Pipes CTA and MRA

- Localization of vascular etiology is important
 - Source of emboli
 - Large vessel occlusions (ICA, M1, basilar) respond poorly to IV tPA
 - IA options defined by anatomy, collaterals







CTA source images for acute infarction

- NCCT and CTA source images compared (51 pts)
- Follow-up imaging to confirm infarct volume
- Results: 33 patients had an infarct
 - NCCT sensitivity: 48%
 - CTA source image sensitivity: 70%
- Conclusion: CTA source images more sensitive for early infarction and more accurate for prediction of final infarct volume

Camargo, et al: Radiology 244(2):541-548, August 2007



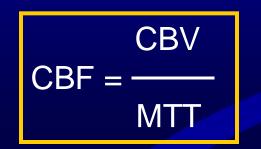
3rd "P": Perfusion Location and severity of oligemia

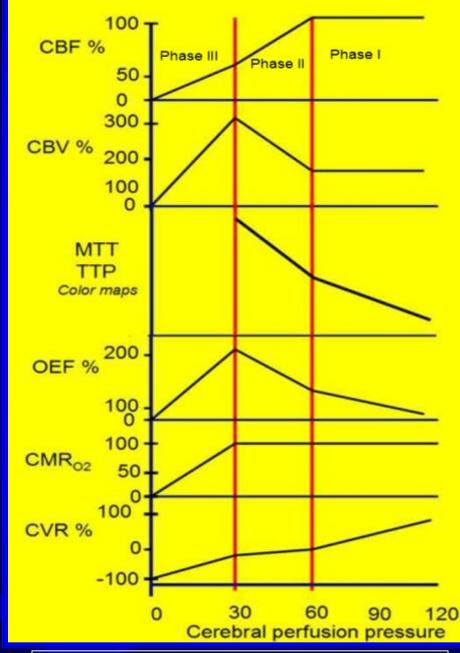
 Goal: Evaluate capillary/tissue level hemodynamics in brain parenchyma
 CBF – measure of the volume of blood perfusing an area of tissue per unit time

- Neurological dysfunction <18-20 ml/100gm/min</p>
 - Potentially salvageable
- Neurological dysfunction <10 ml/100gm/min</p>
 - Cell death within minutes

Autoregulation

- Initial mechanism of autoregulation
 - Increasing oxygen extraction fraction (OEF)
- Primary mechanism of autoregulation
 - Vasodilatation
 - Decreases cerebral vascular resistance (CVR)
 - Increases cerebral blood volume (CBV)





Modified after: Powers WL. Ann Neurol. 1991;29:231–240.

The 4th "P": Penumbra - Tissue at risk

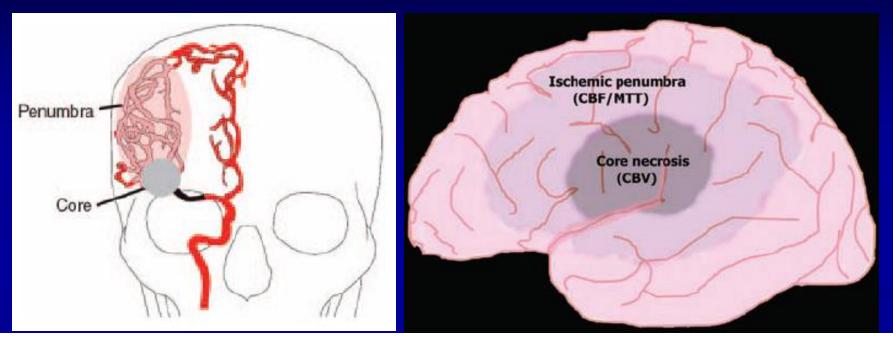
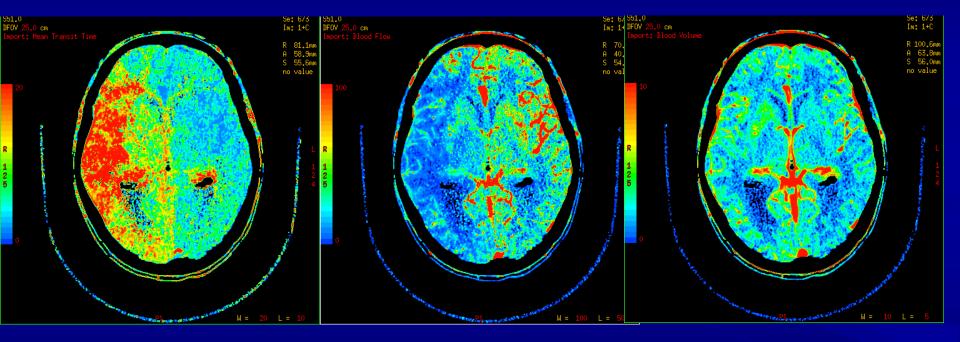


Table 4Perfusion CT Analysis of Hyperacute Ischemic Stroke

	Analytic Tool			
Entity	MTT	CBF	CBV	Nonenhanced CT
Penumbra	Elevated (>145%)	Decreased	Normal or mildly in- creased	Normal findings or brain swelling
Infarct core	Elevated	Markedly decreased	Markedly decreased (<2.0 mL \times 100 g ⁻¹)	Hypoattenuating parenchyma

Gonzalez. AJNR 2006; de Lucas et al. Radiographics 2008

Large Mismatch Large penumbra

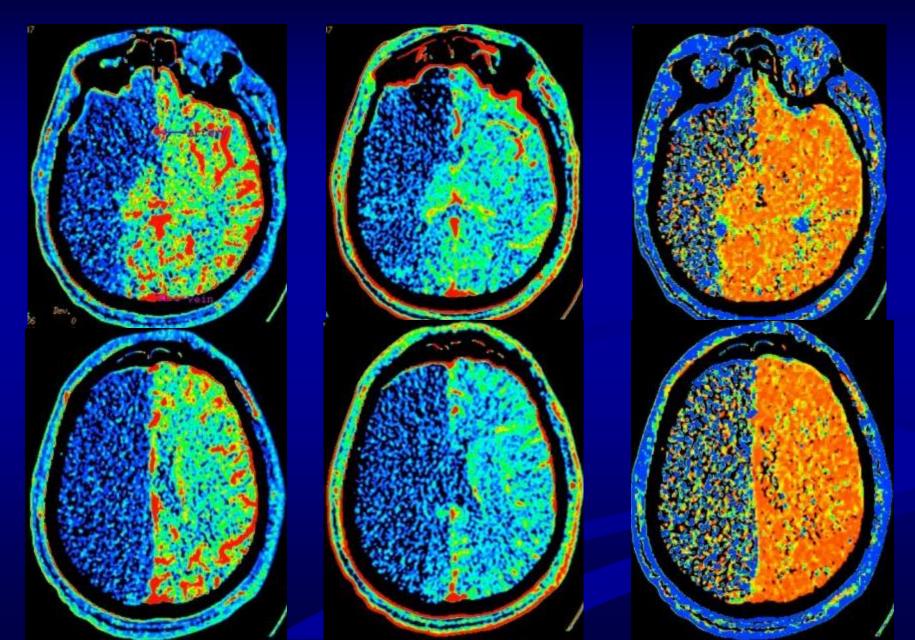








When not to intervene? Ex. 1



CT Perfusion: RAPID Processing

00:00:30

image arrival

Stroke MRI/CTP







CT/MR tech pushes CTP/DWI & PWI to RAPID via DICOM



00:05:00

Images on PACS

auto-send via
 DICOM



auto-send via secure e-mail

00:04:30

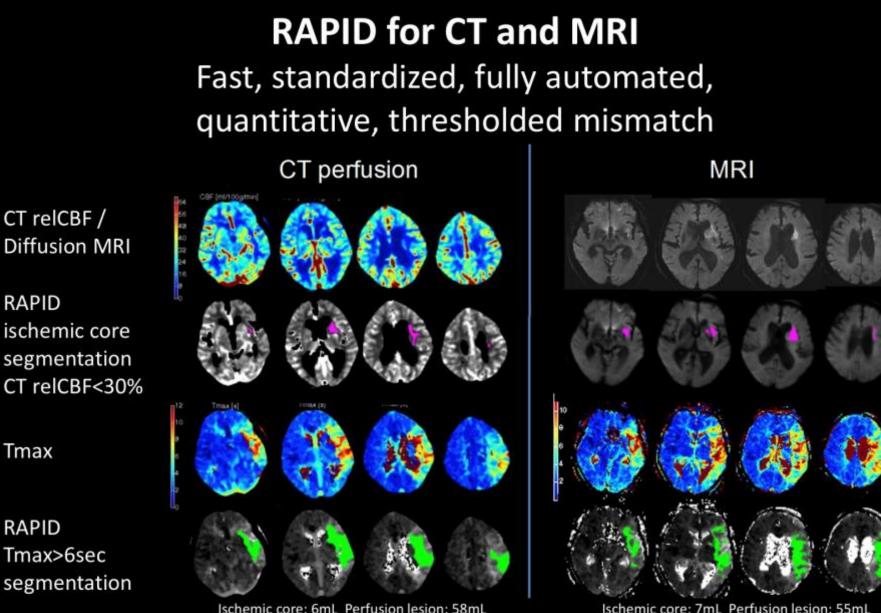
RAPID image analysis complete

I lesion size is 72,88 cm

PWI lesion size for TMax >= 4.01s is 305.95 cm³ PWI lesion size for TMax >= 6.01s is 159.24 cm³ PWI lesion size for TMax >= 8.01s is 125.86 cm³

- Auto Image Analysis:
- motion & time correction
- AIF & VOF selection
- deconvolution & map generation
- CTP or DWI and PWI lesion
 segmentation
- Lesion volume calculation

Courtesy Raul Nogueira, MD



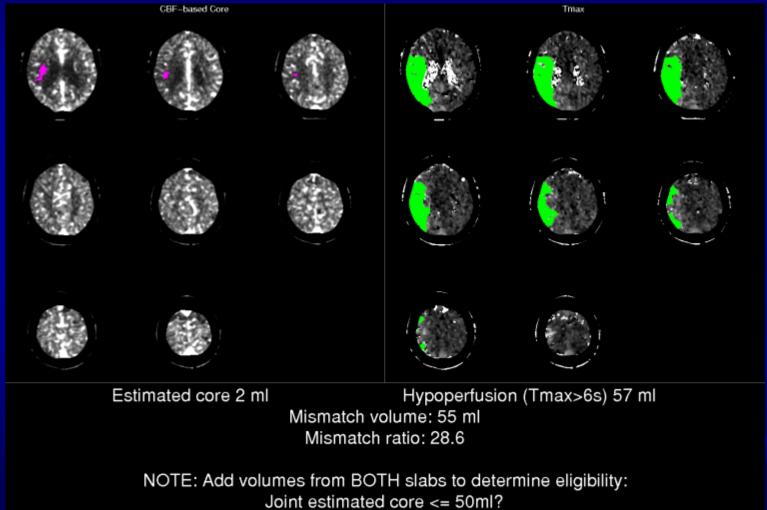
Ischemic core: 6mL Perfusion lesion: 58mL Mismatch ratio = 9.7 Absolute mismatch = 52mL \rightarrow Randomize patient

Mismatch ratio = 7.6 Absolute mismatch = 48mL → Randomize patient

Straka et al JMRI 2010

83 yo Man – NIHSS 14 – CTA Right M2 Cutoff – Not IV TPA Candidate – Patient/Family Declined IAT

RAPID: Prediction of Core and Penumbra

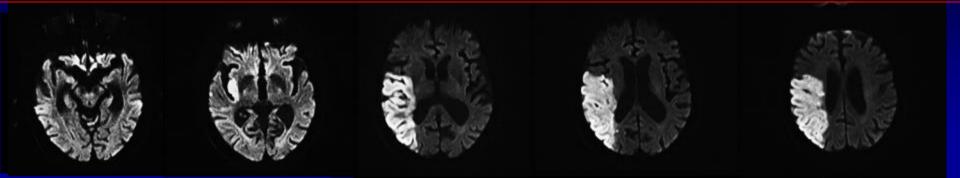


Joint mismatch volume > 15ml and ratio > 1.8?

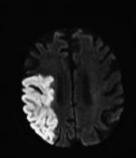
Courtesy Raul Nogueira, MD

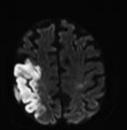
Joint (Tmax>10s) <=100ml?

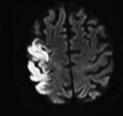
RAPID: Lack of Reperfusion and Core Progression in to Predicted Penumbra

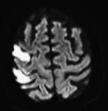


Core Progression: Follow-up DWI







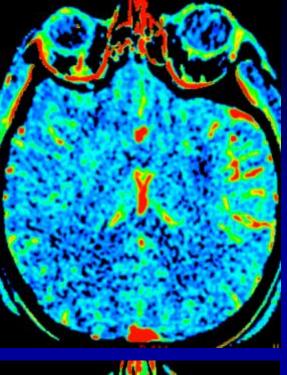


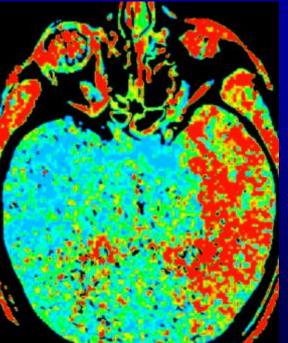


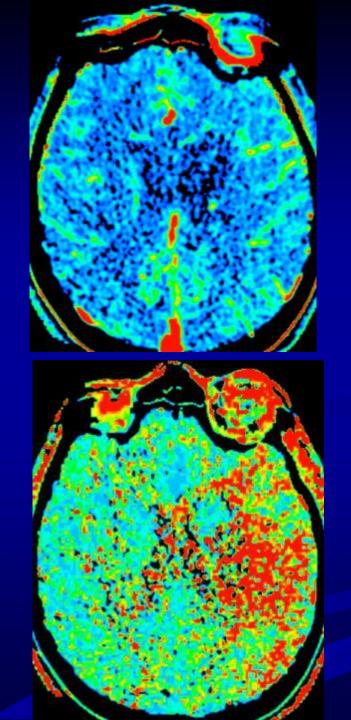
Courtesy Raul Nogueira, MD

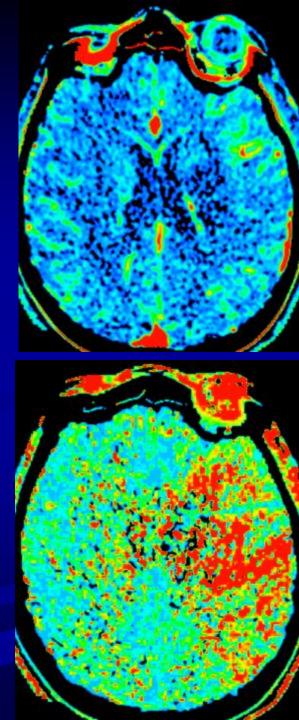
81 yo wake up stroke at 5am – last seen normal at 11pm Aphasia, right hemiparesis NIHSS 20

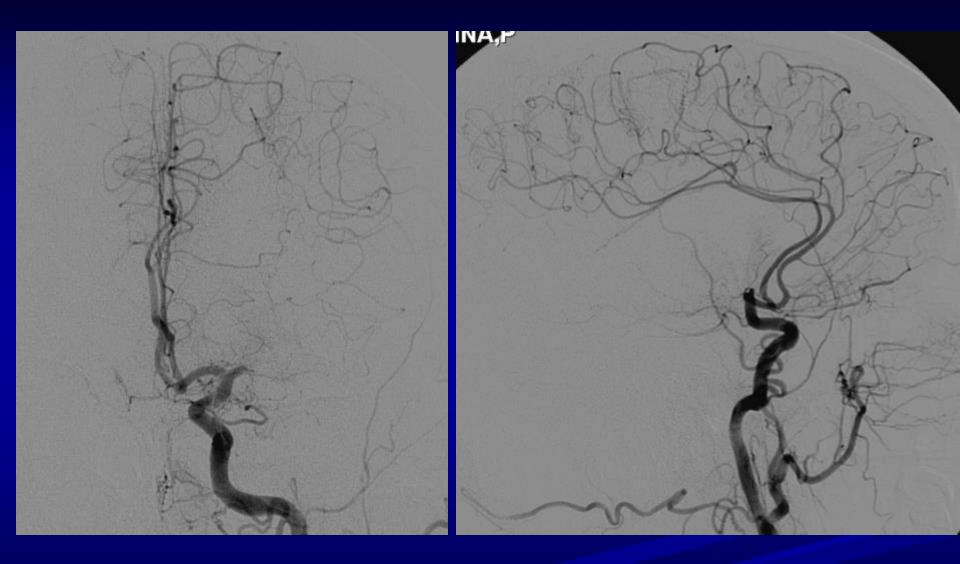


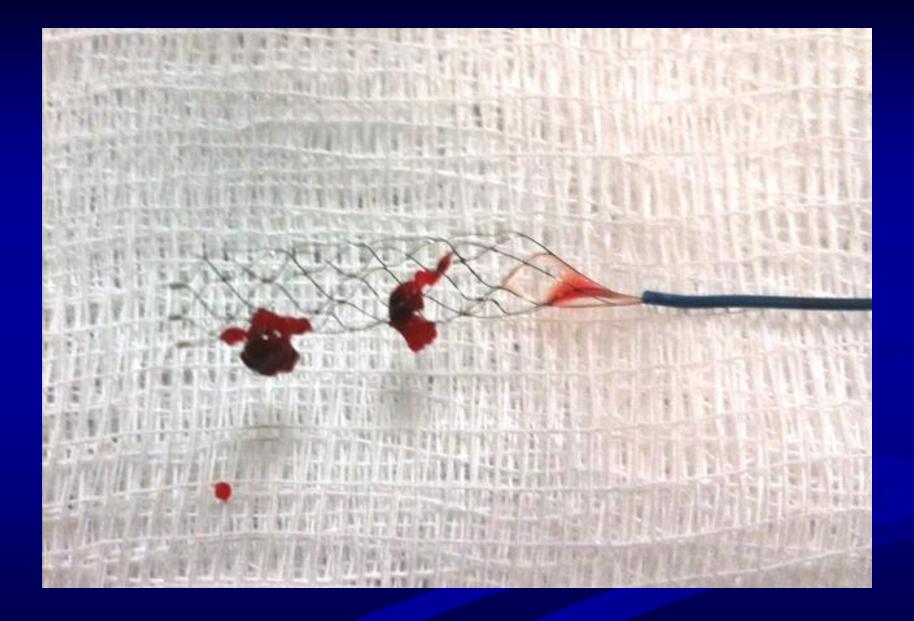


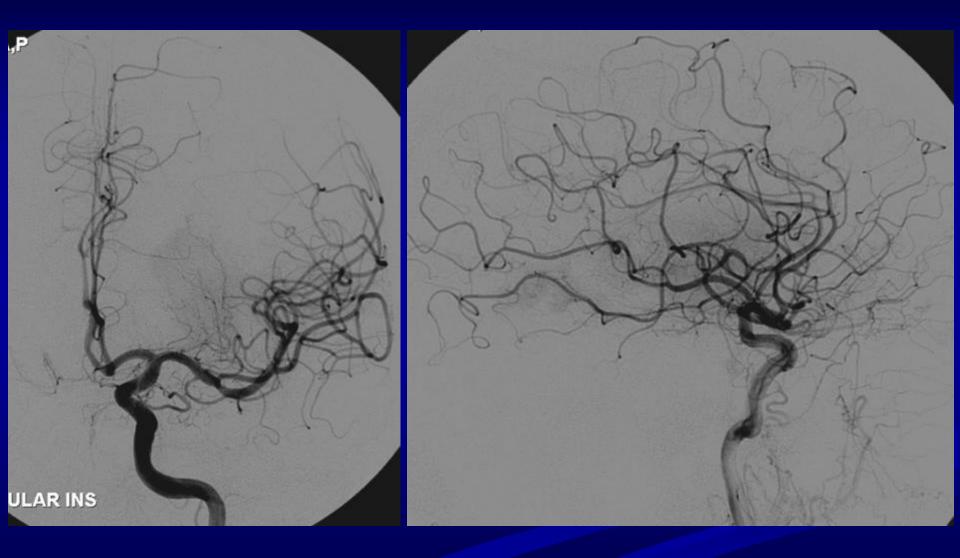


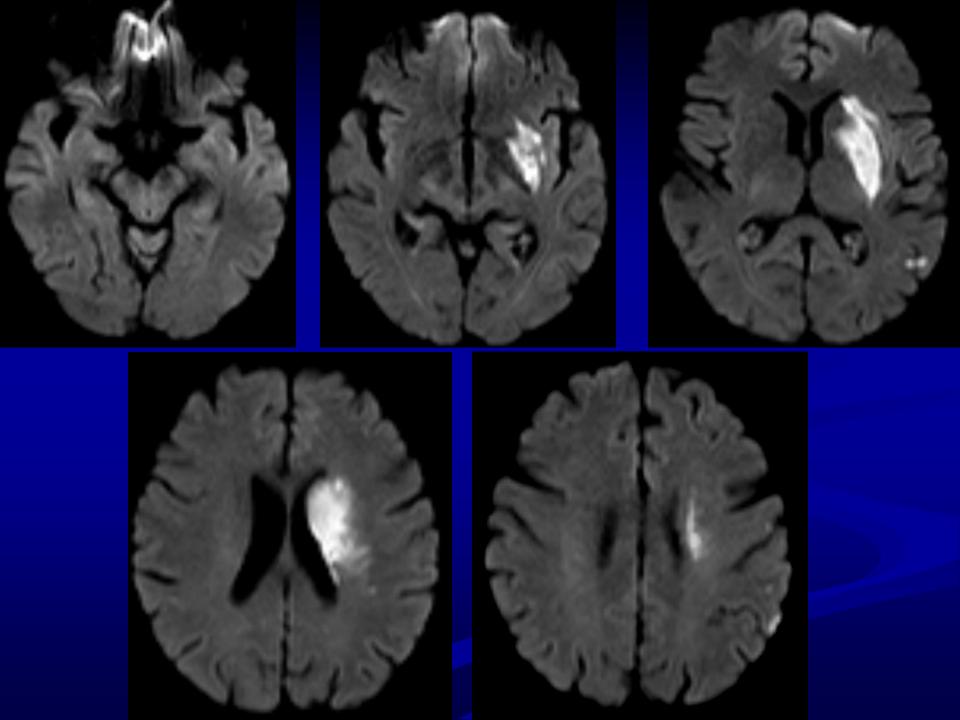










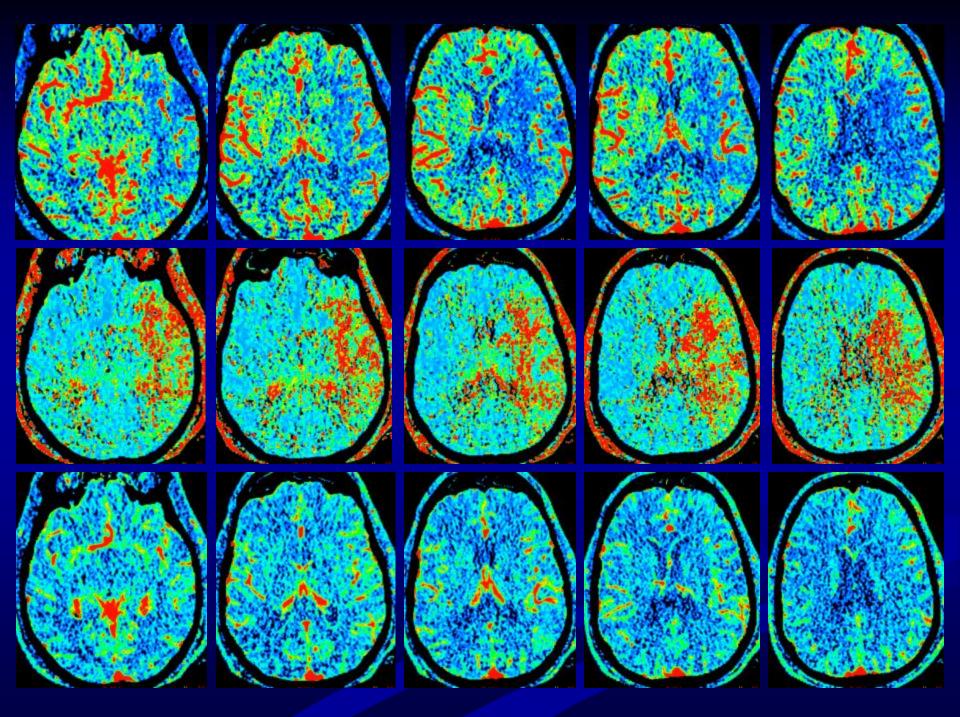


69M partial lung resection 2 days prior; heavy smoker, HTN

- 15h after last seen normal
- Arrived at OSH at 1:30pm
- Aphasic, right hemiplegia; NIHSS 24
- Not considered for IV tPA
- CT/CTA/CTP ordered

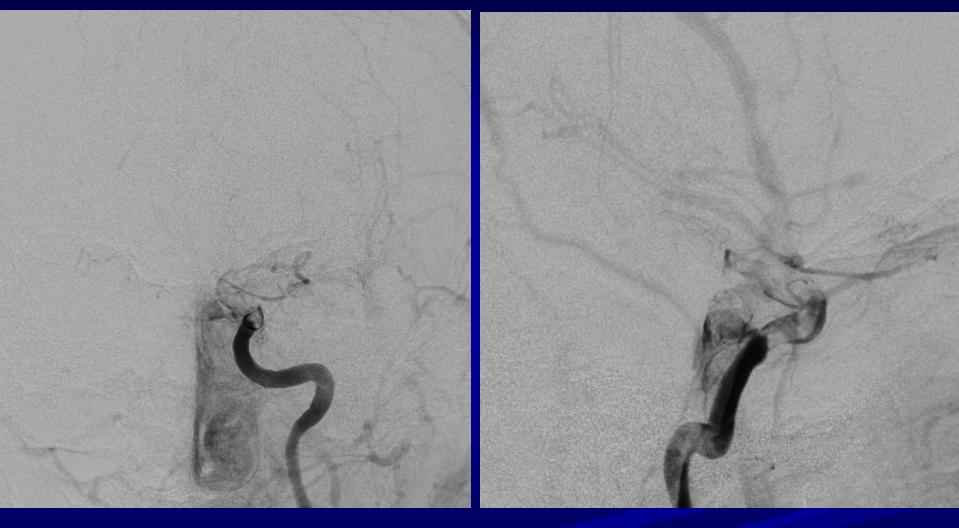
CTA/CTP (*a*) 2:30pm

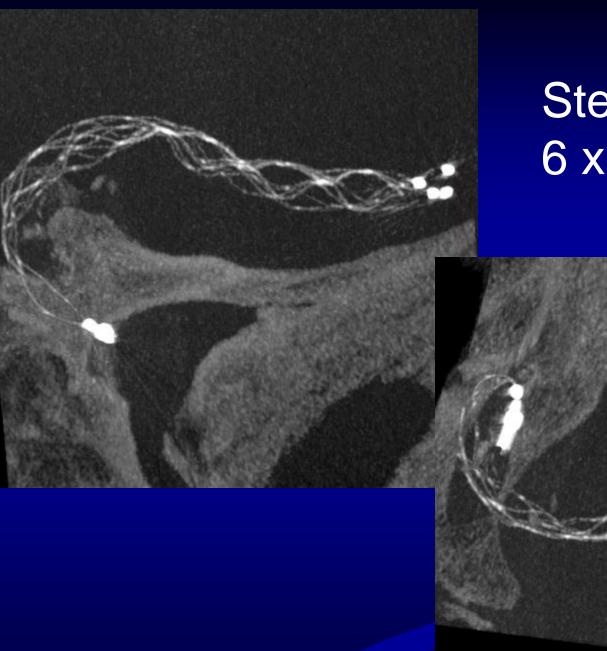




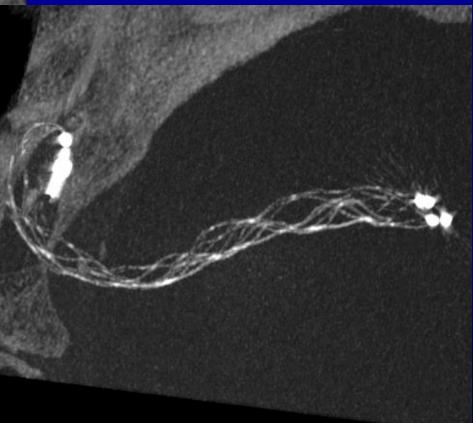


Lateral



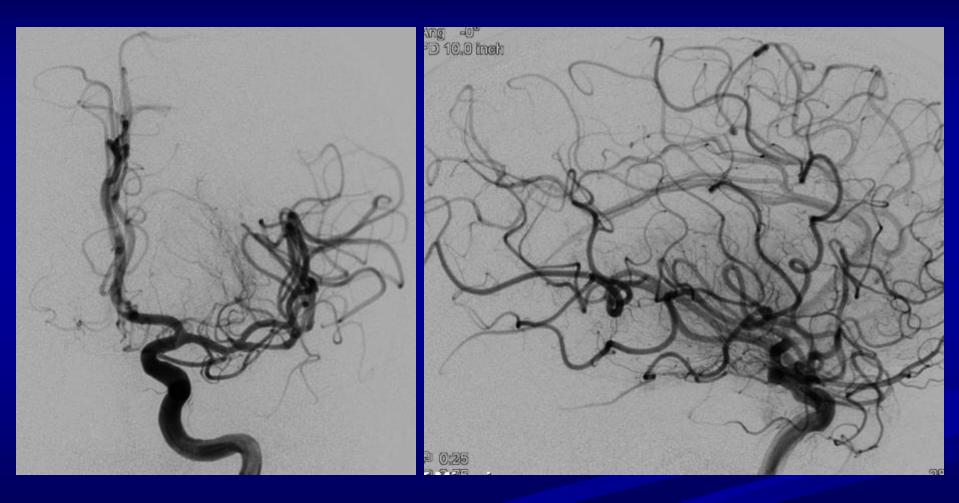


Stentretriever 6 x 30

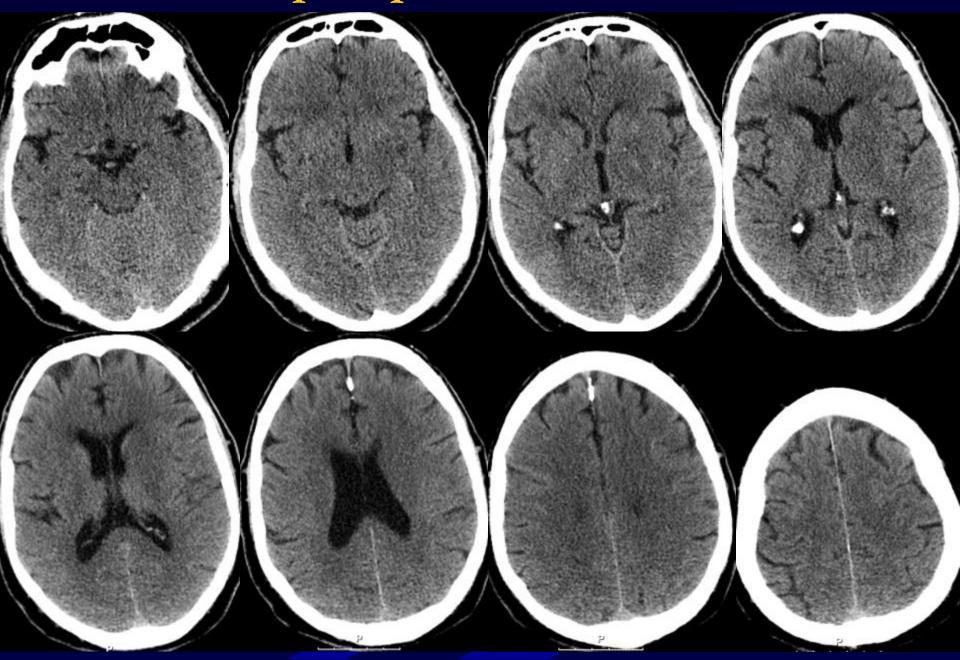




Angio final



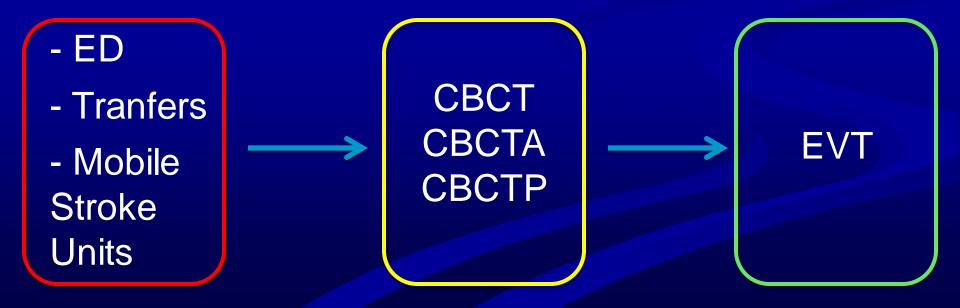
CT 48h post procedure – NIHSS 4

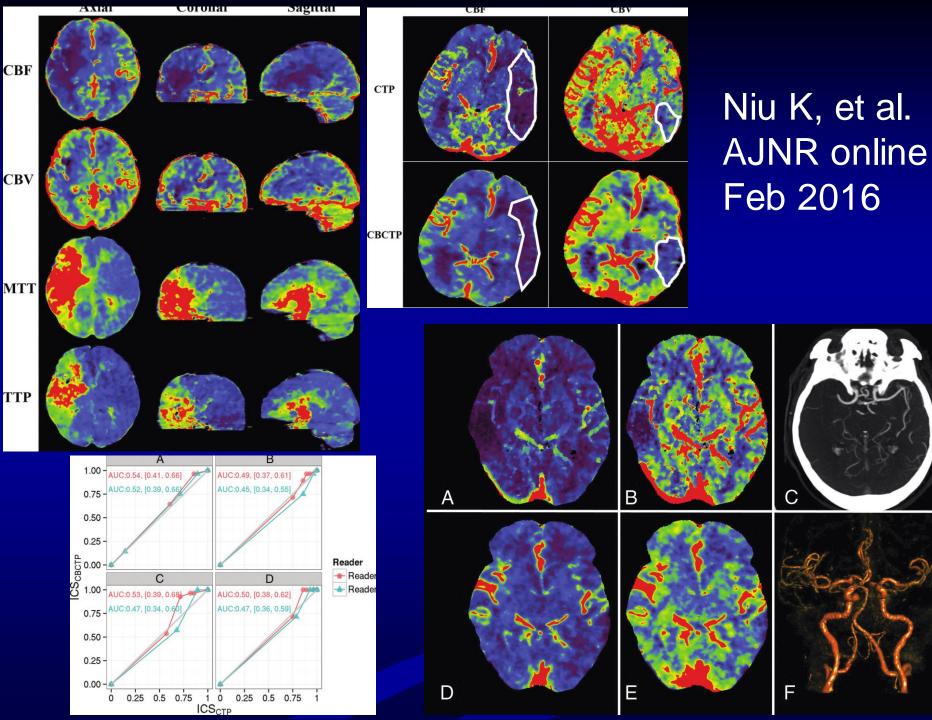


Future Imaging in Acute Stroke???

Mobile CT or Stroke Units may plan an important role in pre-hospital patient selection

Improvements in Cone Beam CT imaging will create a paradignm shift





Conclusions

- Therapeutic advances will require quantitative assessment of imaging data
 Off hours availability of expertise must be developed
- Functional imaging should be added to anatomical imaging for the assessment of acute stroke
- The future is bright...

"We are what we repeatedly do. Excellence, then, is not an act, but a habit."

Aristotle 384 BC-322 BC

Thank You!

