

Unusual ICAD Case

Osama O Zaidat, MD, MS, FSVIN, FAHA, FAAN
Neuroscience and Stroke Medical Director
St Vincent Mercy Hospital, Toledo, OH

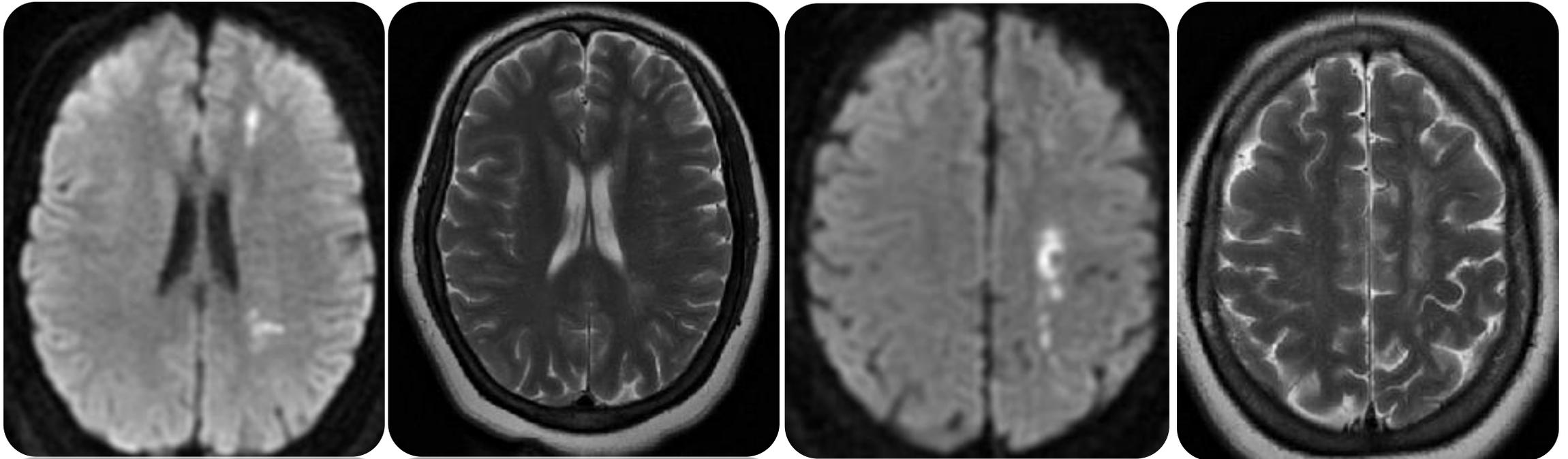
Disclosures

- **Co-Chair of the Endovascular Committee:** StrokeNet NIH/NINDs Research Consortium
- **Steering Committee:** NIH/NINDs Defuse 3 Acute Ischemic Stroke RCT
- **Overall International PI:** ARISE II EMBOTRAP stent-retriever acute stroke study.
- **Overall International PI:** ATLAS Brain Aneurysm Stent Embolization Prospective Study
- **Past president:** Society of Vascular and Interventional Neurology (SVIN) and Endovascular Neuro Section AAN
- **Consultant:** Stryker, Penumbra, Medtronic, and Neuravi, ThrombX Medical
- **Co-Founder:** Galaxy Therapeutics LLC

Case Presentation

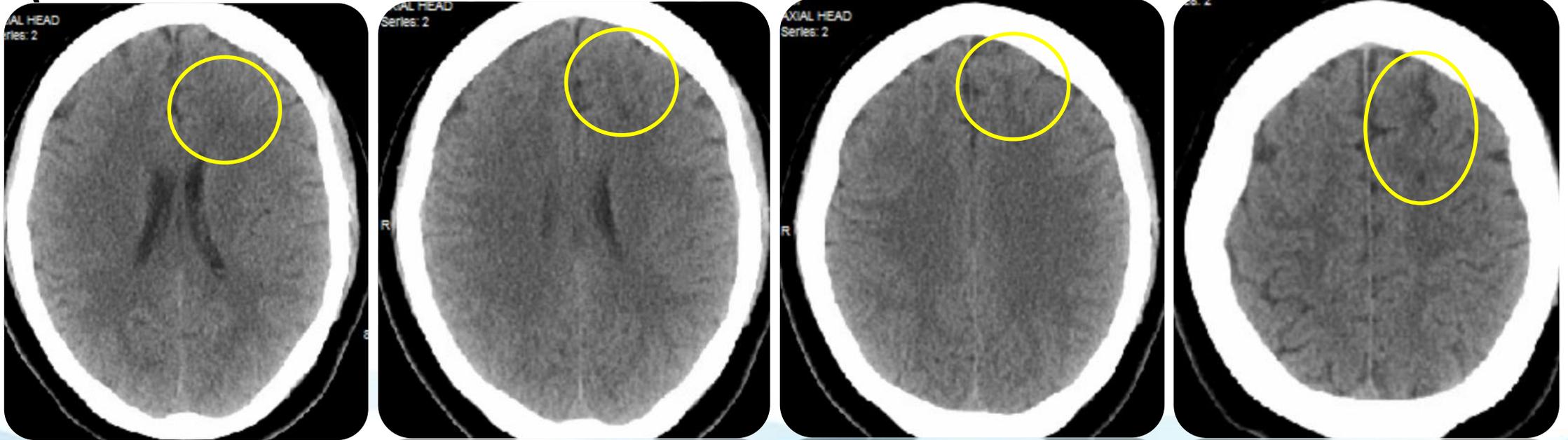
- ✓ 47 yo AA, R handed woman with hx of HTN, Hrlipi, obesity, who presented on March 15, 2017 w:
 - ✓ Right hand weakness
 - ✓ No aphasia
 - ✓ Positive cortical findings with loss of two points discrimination
 - ✓ Pseudo-radiculopathy

Work Up: MRI on March 15, 2017



Work Up: one month prior 2/25/2017 CT head

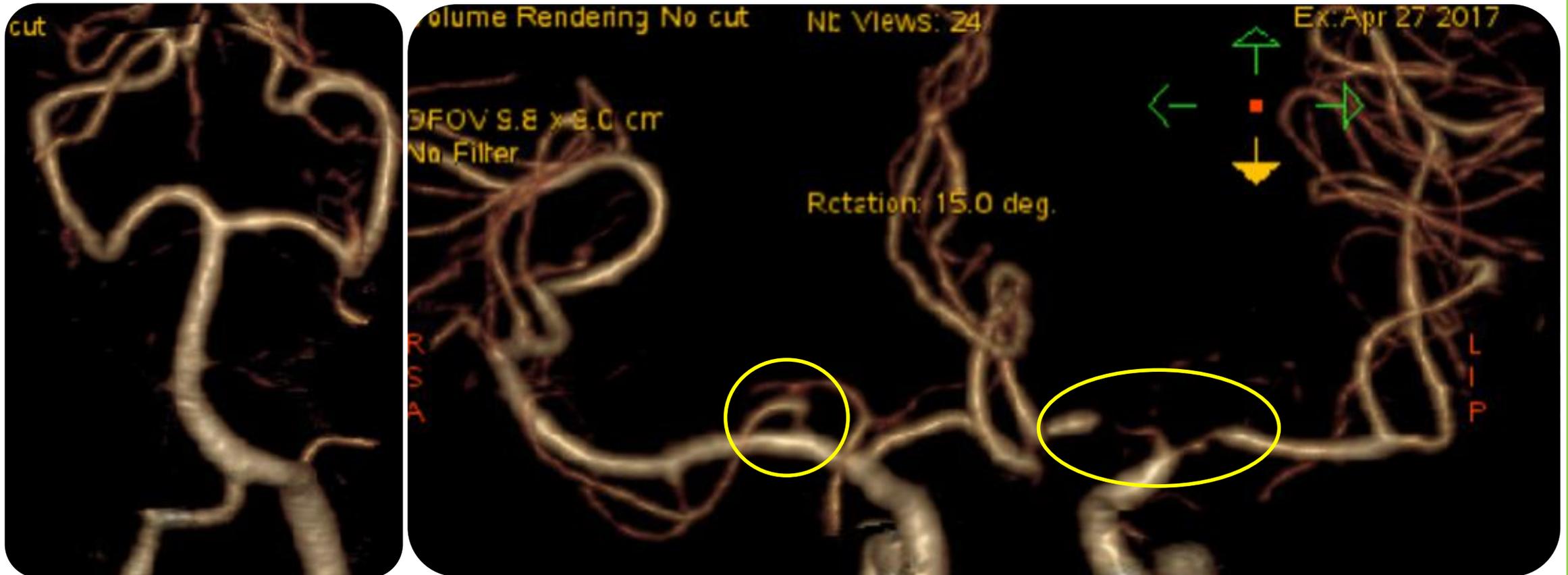
- ✓ ***She was seen in outside ED with HTN, HA, R Hand numbness intermittent x one week and persistent since the day before***
- ✓ ***Dxed with cervical radic, and treated with Dexa and OP PT (head CT was read as old cortical right frontal infarct)***



Work Up

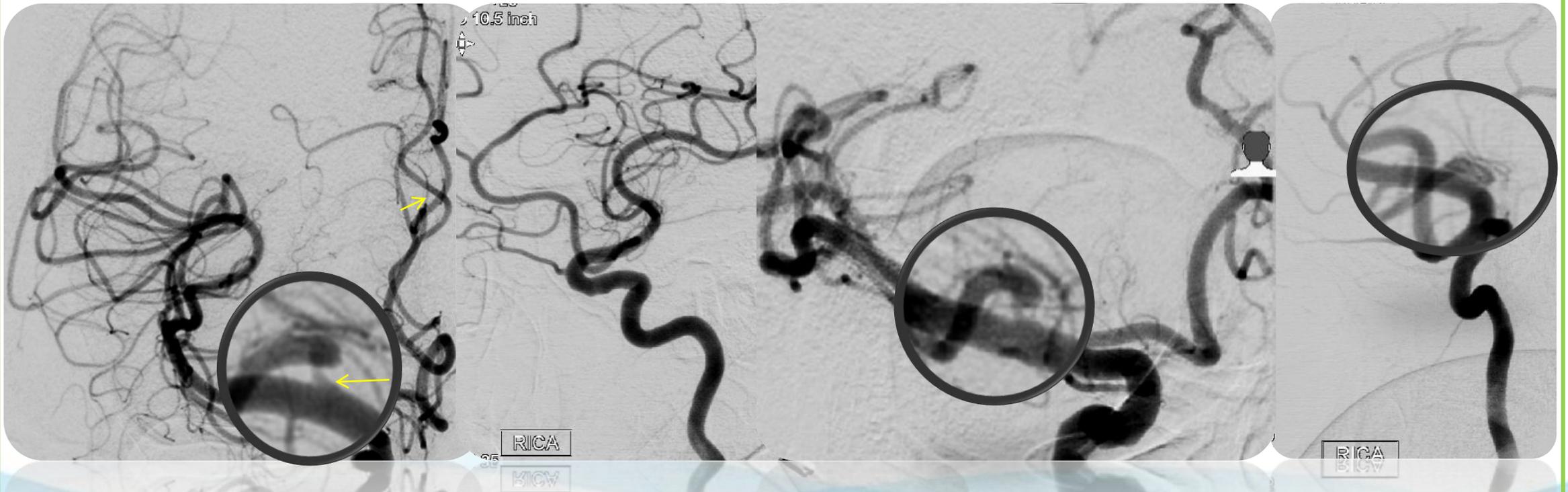
- ✓ **Cardiac Echo both trans-throacic and TEE normal**
- ✓ **Tele was normal with no cardiac arrhythmia**
- ✓ **Hypercoag work up is negative, homocysteine level 13.6**
- ✓ **CTA showed multiple areas of intracranial stenosis**
- ✓ **Underwent diagnostic conventional angiogram**

Work Up: CTA results



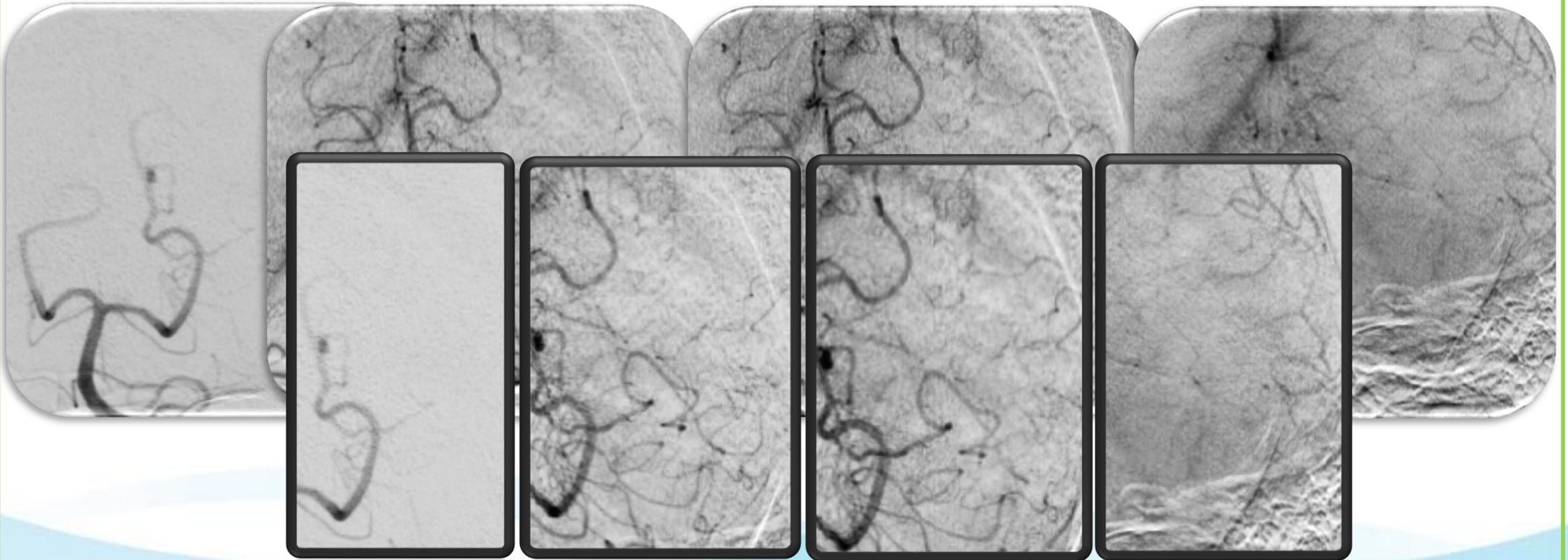
Work Up: DSA

- **Right ICA Run: Note the asymptomatic areas of stenosis (R M2 Origin and mild proximal severe distal R A2, no significant**



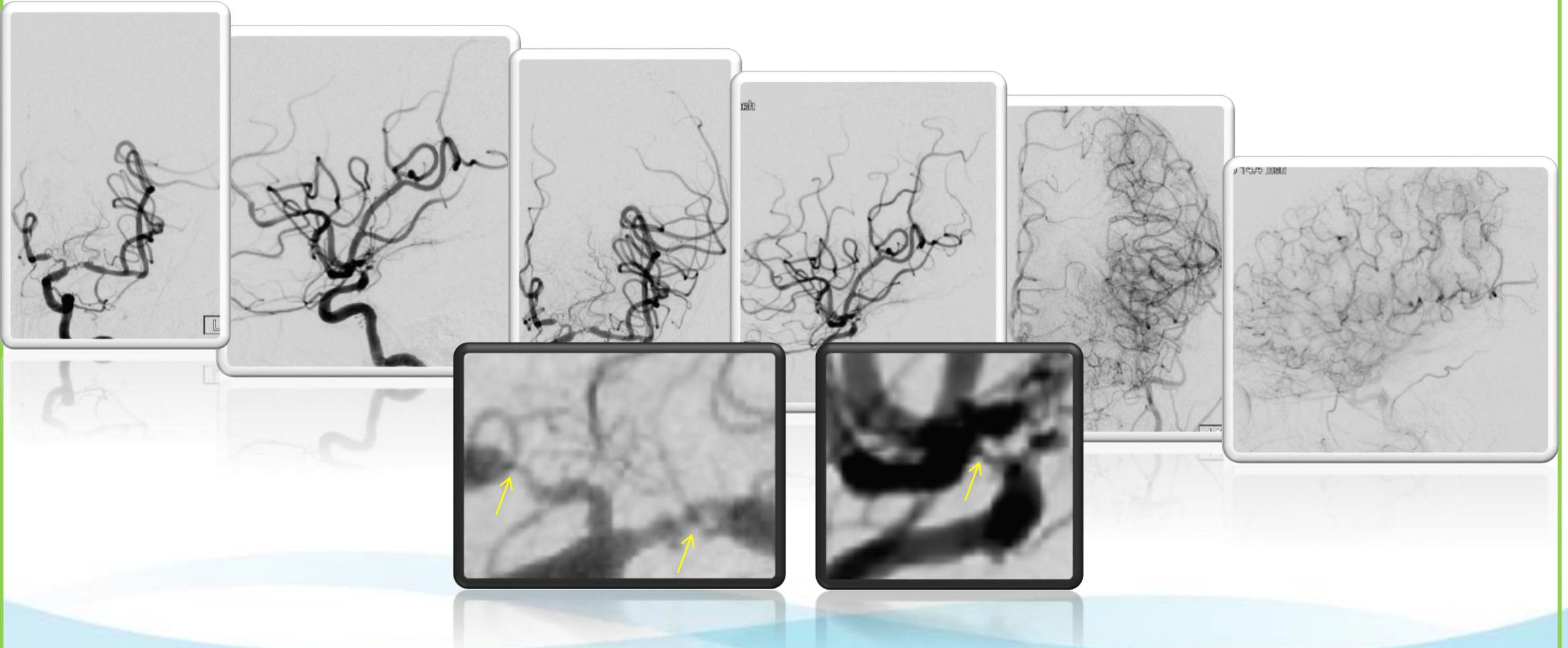
Work Up: DSA

❑ ***Left VA Run: Notice the collateral***



Work Up: DSA

□ *Left symptomatic ICA Run: Hemodynamic (ACA>MCA)*



Initial Treatment Approach

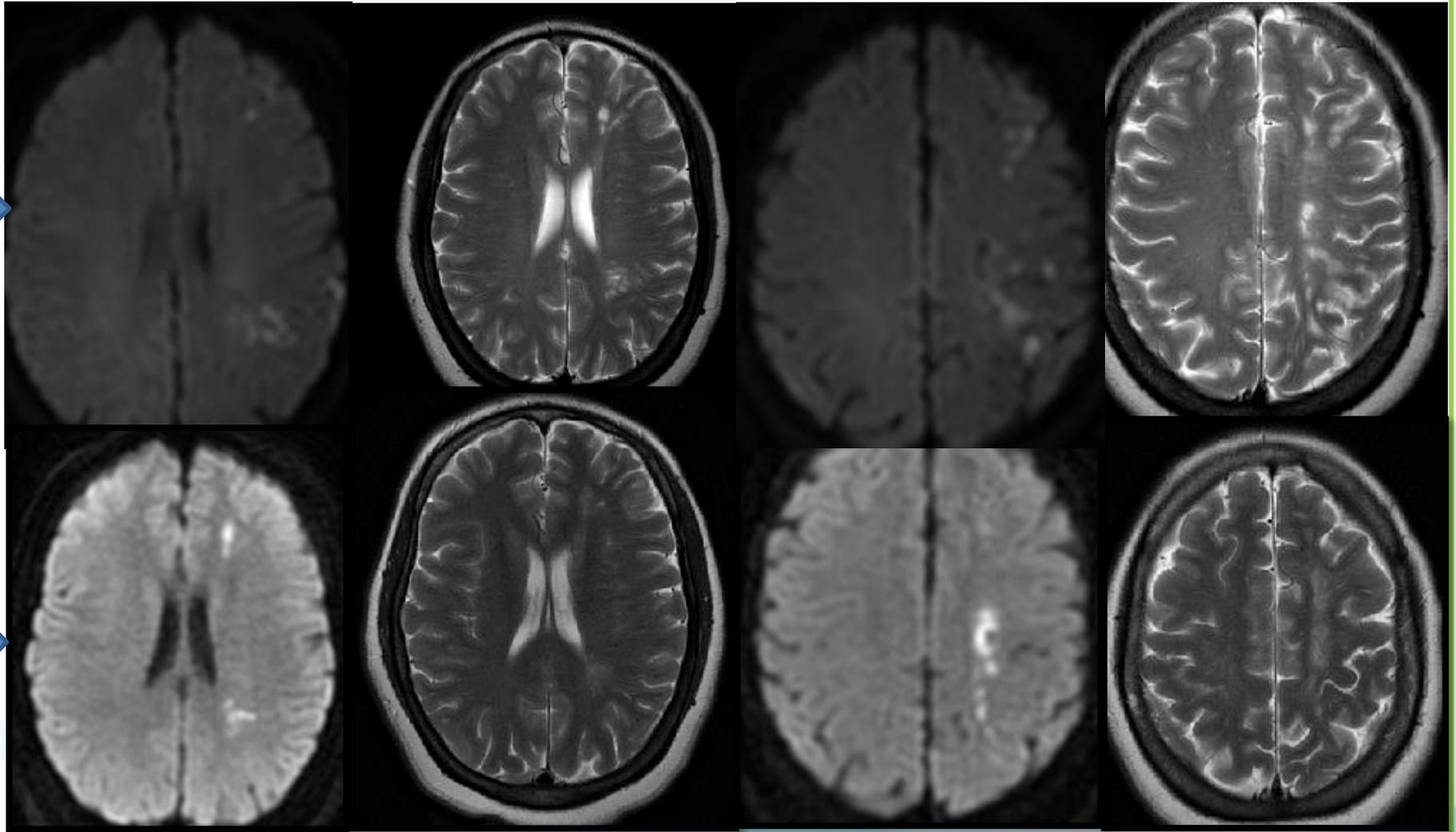
- ✓ **Given the multiple risk factors and the additional findings, with negative work up; diagnosed as:**
 - ❑ **Symptomatic left ACA/MCA stenoses secondary to ICAD**
- ✓ **Treatment:**
 - ❑ **Optimal medical therapy:**
 - ❑ **DAP: Aspirin 325 mg daily and Clopidopgrrel 75 mg daily**
 - ❑ **High Dose Statin 80 mg Simvastatin and folic acid daily**
 - ❑ **RF Modifications: LDL < 70, HbA1C < 6.5, SBP 120-140 mm Hg, Exercise**
- ✓ **Recovery: She made a good recovery with minimal right hand weakness**

Second stroke in spite of maximal medical thx

- ✓ **6 weeks later she returns to the ED on May 1, with worsening right hand weakness to complete wrist drop (0/5) and words finding difficulty**
- ✓ **She has no use of her right hand**
- ✓ **Right upper extremity cortical sensory findings**

Work Up: MRI on May 1, 2017

Recurrent
Strokes MRI
May 1, 2017



First Strokes
MRI
March 15, 2017

Endovascular Therapy

- ✓ Refractory to medical therapy, intractable symptomatic ICAD
- ✓ *FDA criteria for intracranial stenting:*
 1. *Age: 22 and 80 yrs old AND who meet ALL of the following criteria:*
 2. *2 or more strokes despite aggressive medical management;*
 3. *whose most recent stroke occurred more than 7 days prior to ICAS*
 4. *who have 70-99% stenosis due to atherosclerosis of the intracranial artery related to the recurrent strokes; and*
 5. *who have made good recovery with mRS of 3 or less*

Endovascular Technique Question and Planning

- ✓ *Fixing Rt ACA and MCA/ or MCA only? What if ACA is jailed and already stenosed?*
- ✓ *Balloon Angioplasty only or both*
- ✓ *Intracranial bare metal stent or drug eluting stenting*
- ✓ *Balloon mounted versus self expanding*
- ✓ *DAP PFA-100 Coll/Epi > 300 (85-172) and Coll/Adp 106 (67-112)*

Endovascular Technique: Tools

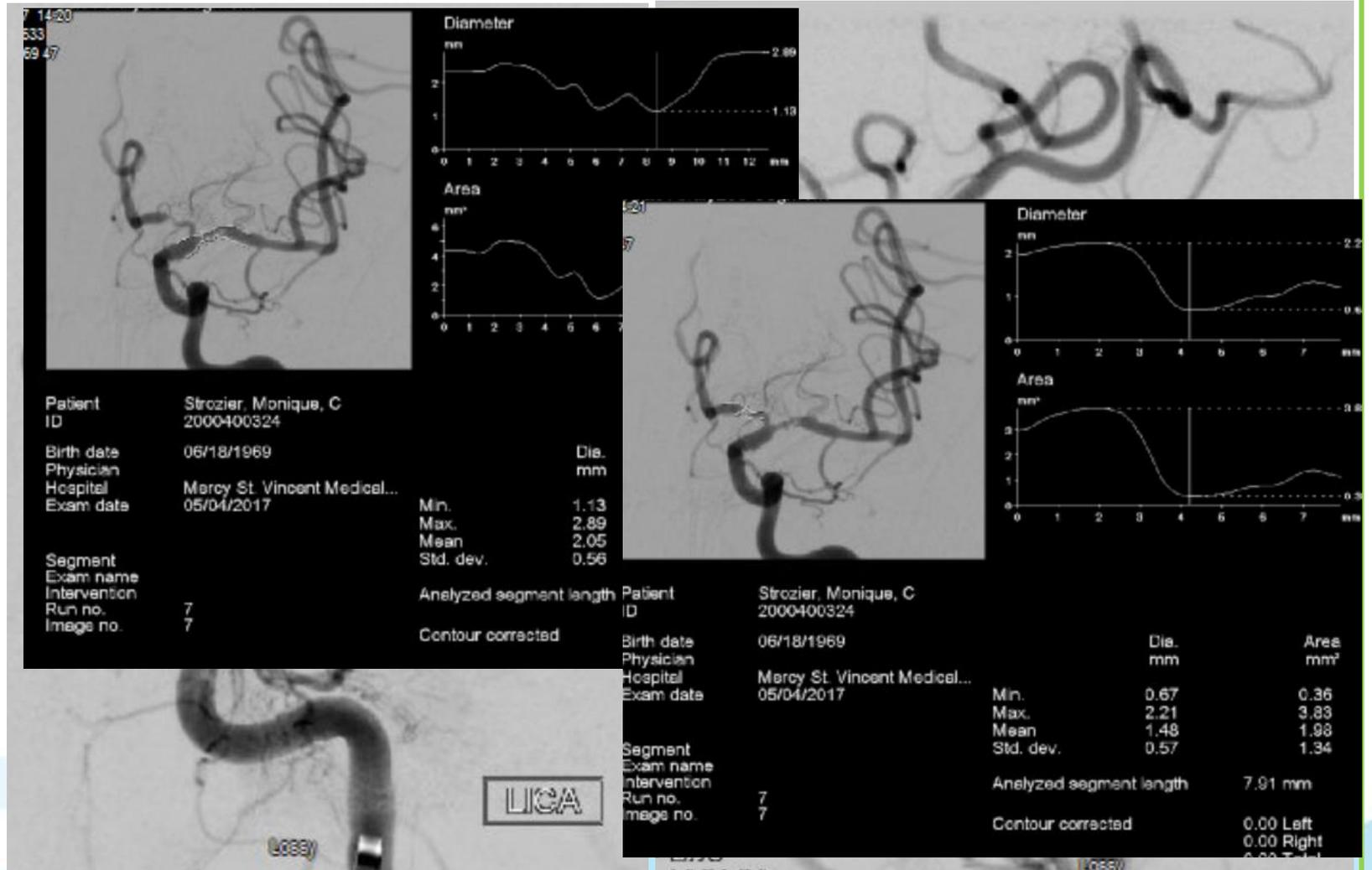
- ✓ **Femoral sheath 6Fx 55 cm**
- ✓ **Neuron 070, MPD pre-shaped**
- ✓ **SI-10 Microcatheter**
- ✓ **Synchro 014 preshaped standard microwire/Traxcess**
- ✓ **Transend 300 floppy tip exchange length microwire**

Endovascular Technique

Step I: ICA Access and working projection, heparin bolus 70 u/kg

Step II: Measurement

Step III: Devices, Gateway 2.5x9mm plasty only first attempt



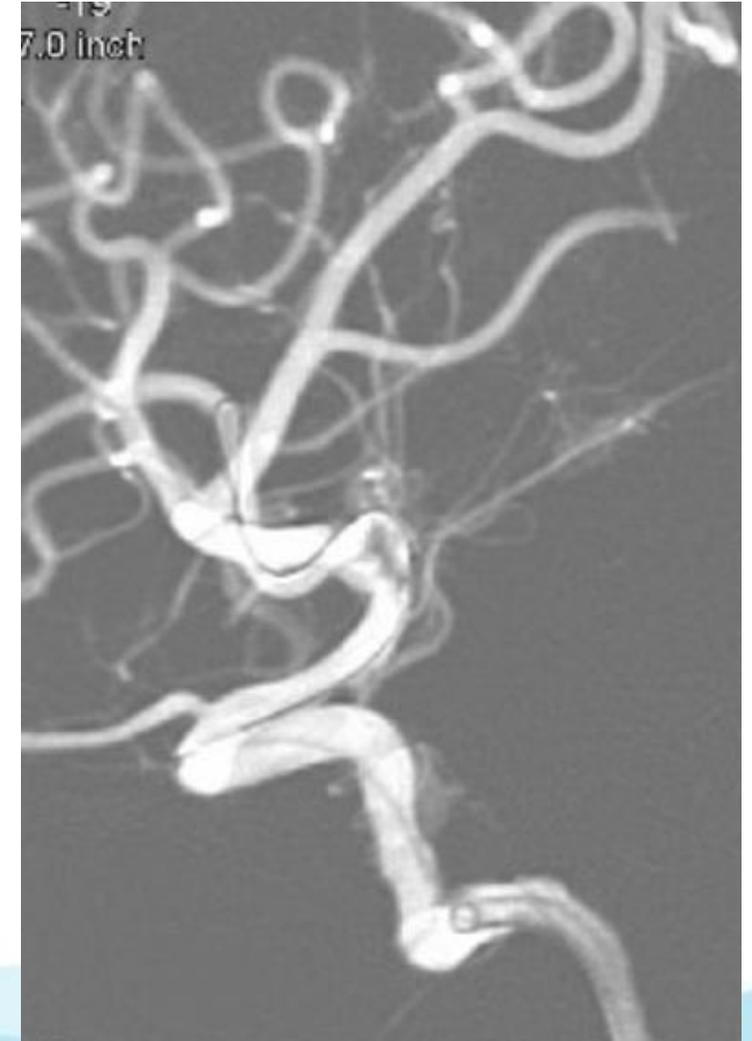
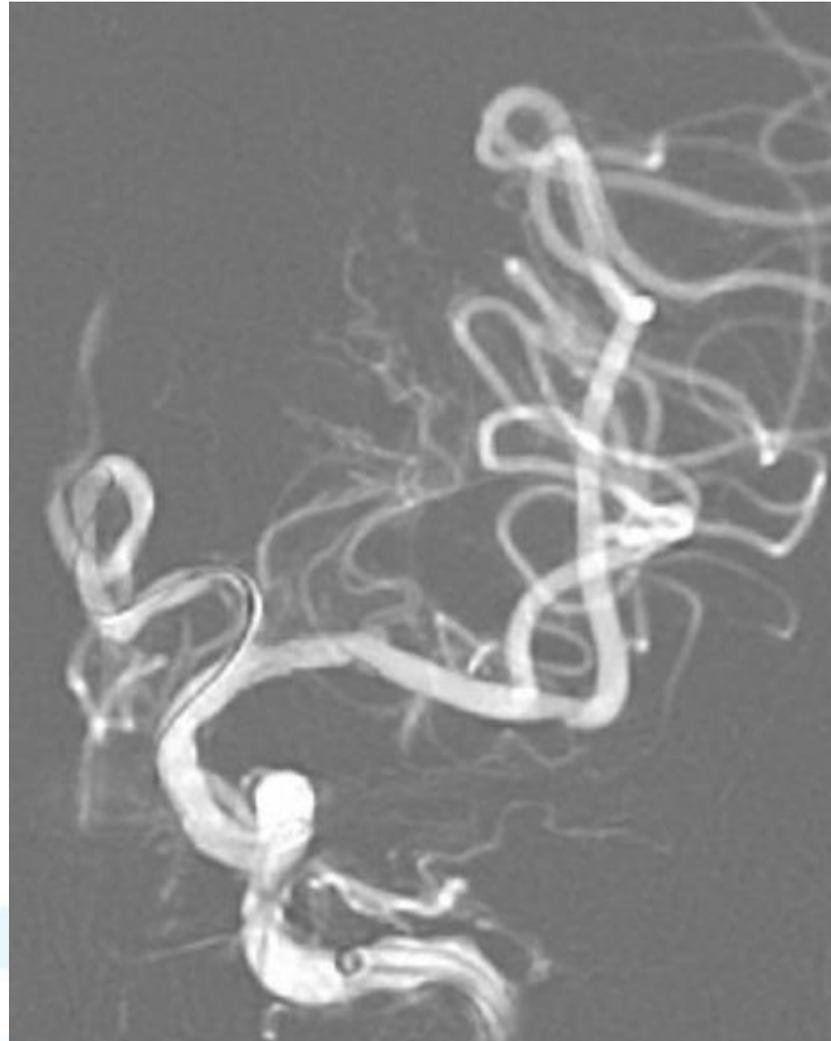
Endovascular Technique

Step IV: Crossing the ACA lesion

Trial 1: direct with exchange length: No success

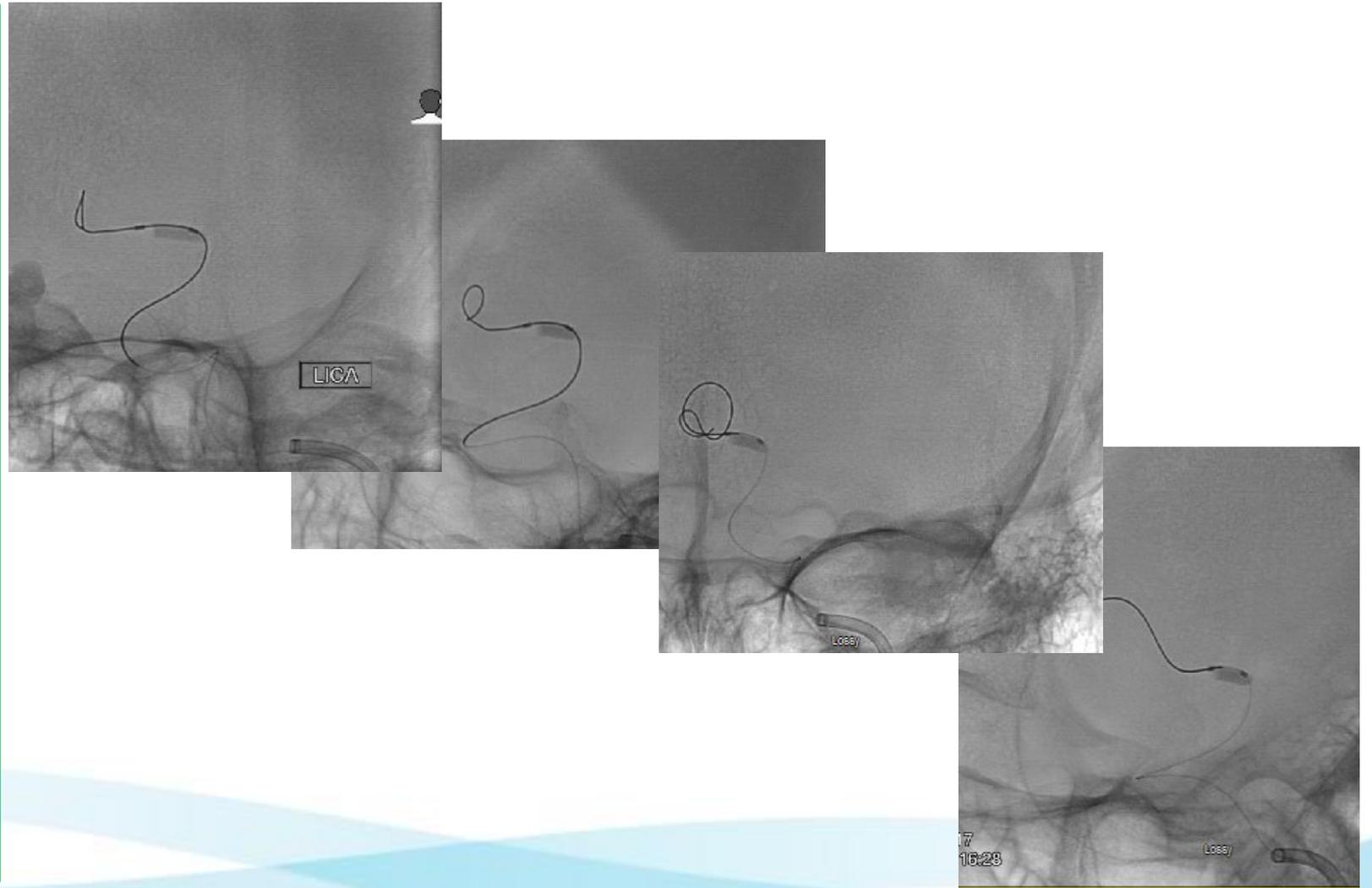
Trial 2: Traxcess and SL-10: No success

Trial 3: Synchro and SL-10 Crossed the lesion and exchanged



Endovascular Technique

Step IV: Multiple ACA lesion very slow (2 min up and 2 min down) inflations to 4 ATM about 1.9 mm balloon diameter



Endovascular Technique: post A1 plasty run

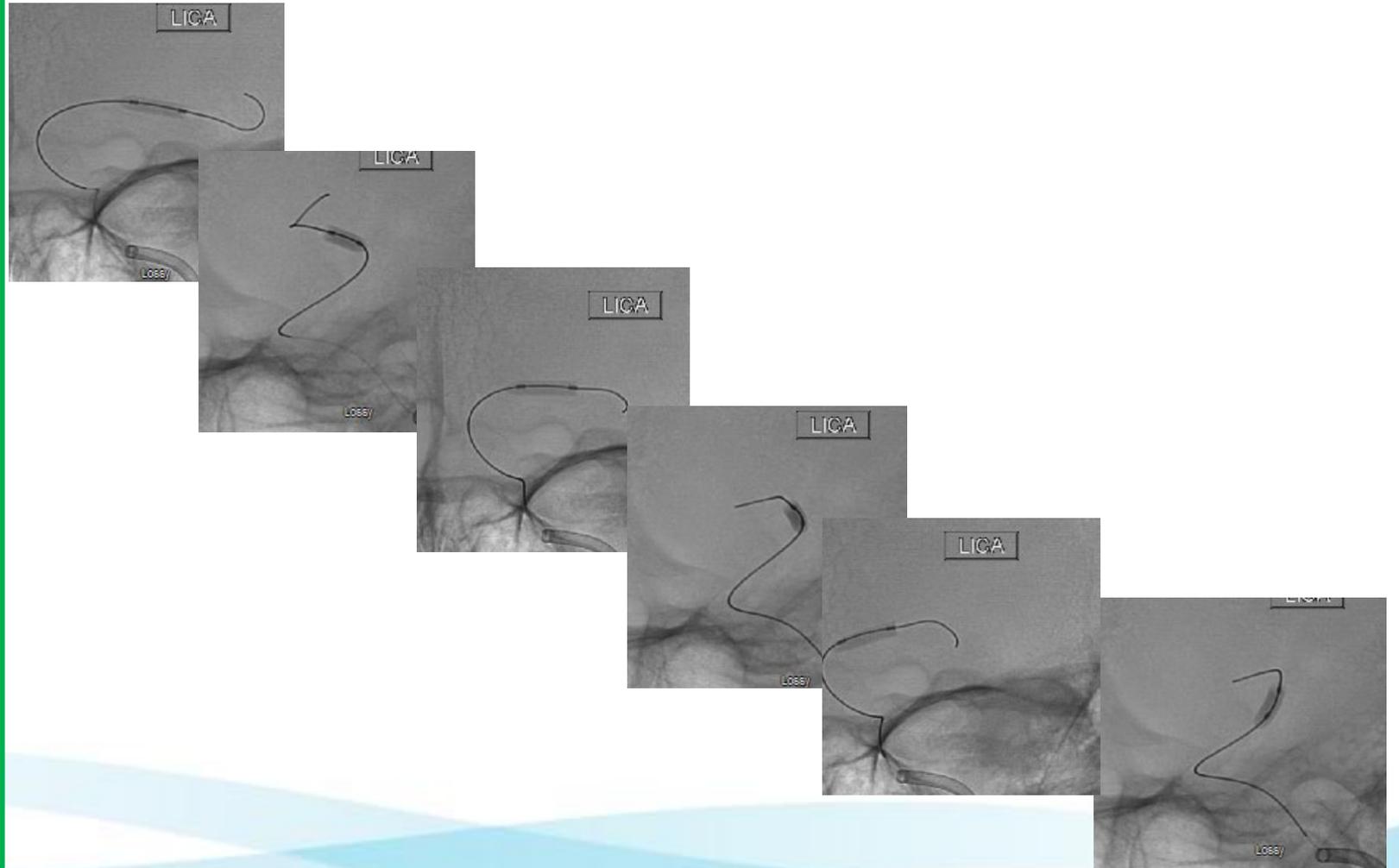
Post ACA plasty run:

- ✓ Acceptable results
- ✓ No extravasations
- ✓ No Clear dissection
- ✓ No clot
- ✓ The MCA is granular? Clot
- ✓ More heparin and attention to MCA



Endovascular Technique: MCA plasty

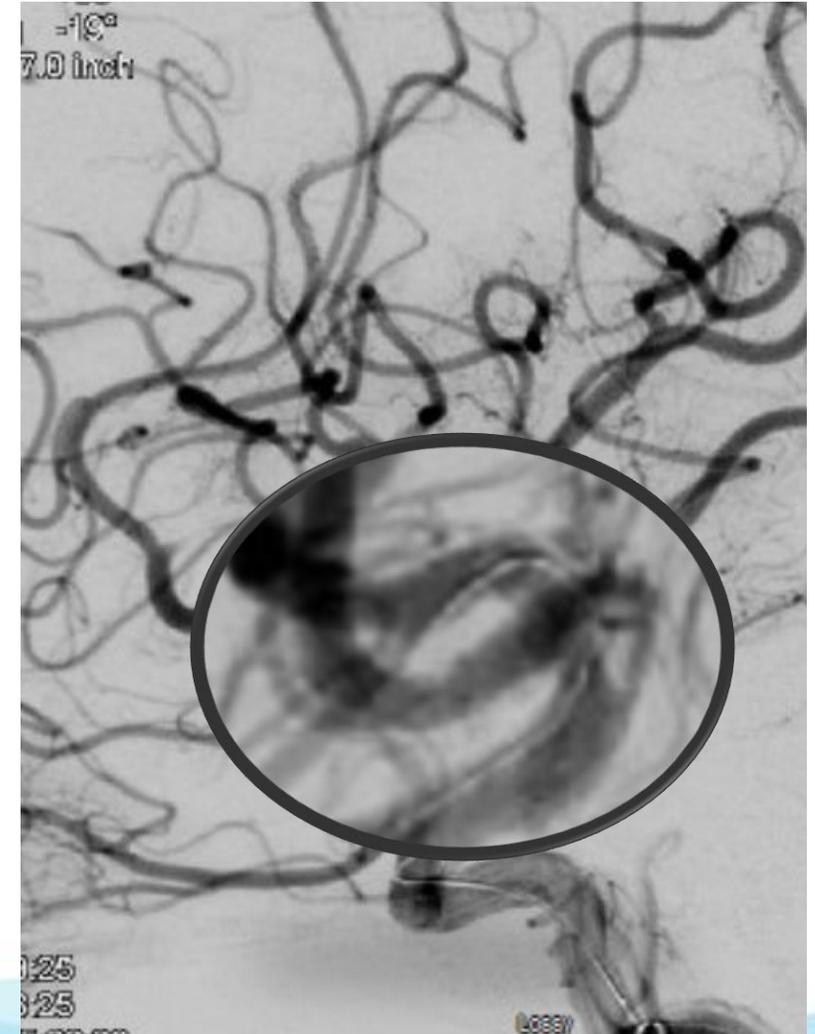
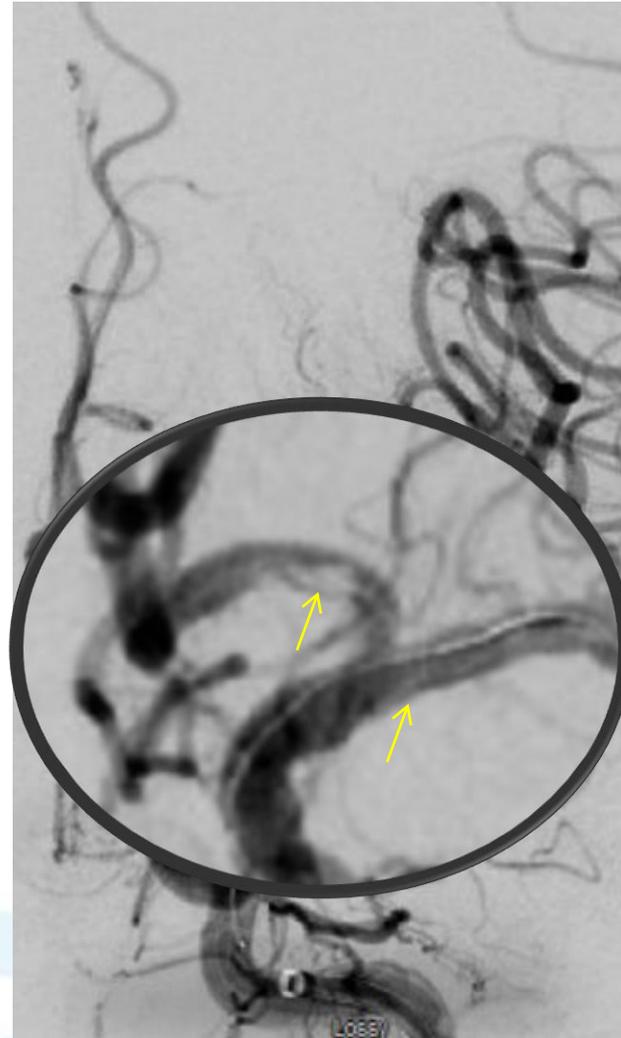
Step V: Crossing the MCA lesion with exchange length. Multiple MCA lesion very slow (2 min up and 2 min down) inflations to 5 ATM distal and 6 ATM proximal (2.5 mm x9 mm Gateway balloon)



Endovascular Technique: post M1 plasty run

Post MCA plasty run:

- ✓ Improved MCA stenosis
- ✓ BUT; ? MCA dissection and now wither ACA filling defect or also dissection?
- ✓ More heparin and ? More stenting vs replasty



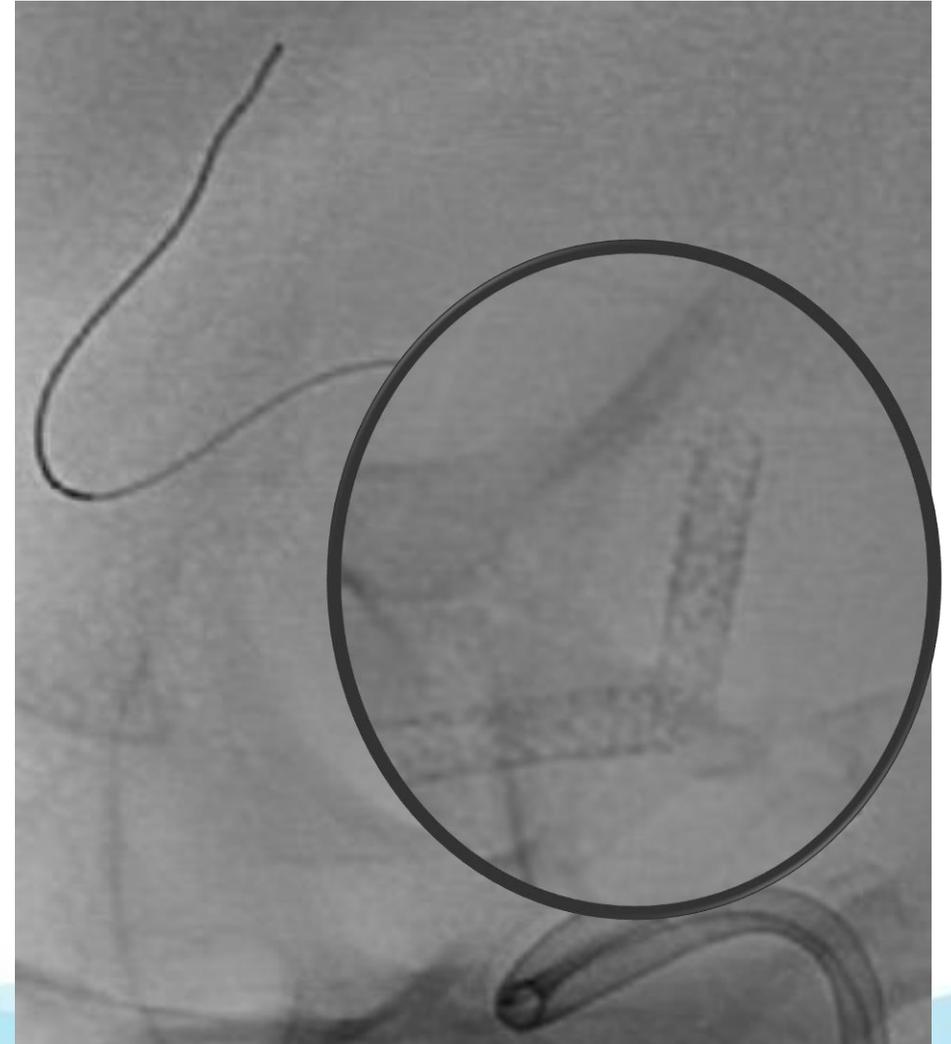
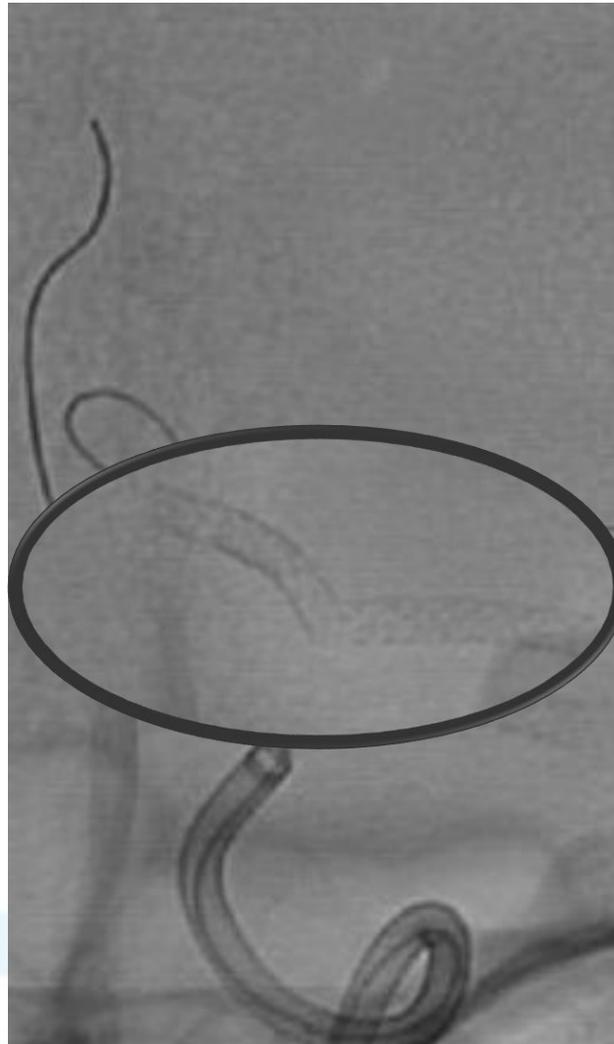
Endovascular Technique

Step VI:

Decision to stent both
VI.a: Xpert Head CT
performed, no blood

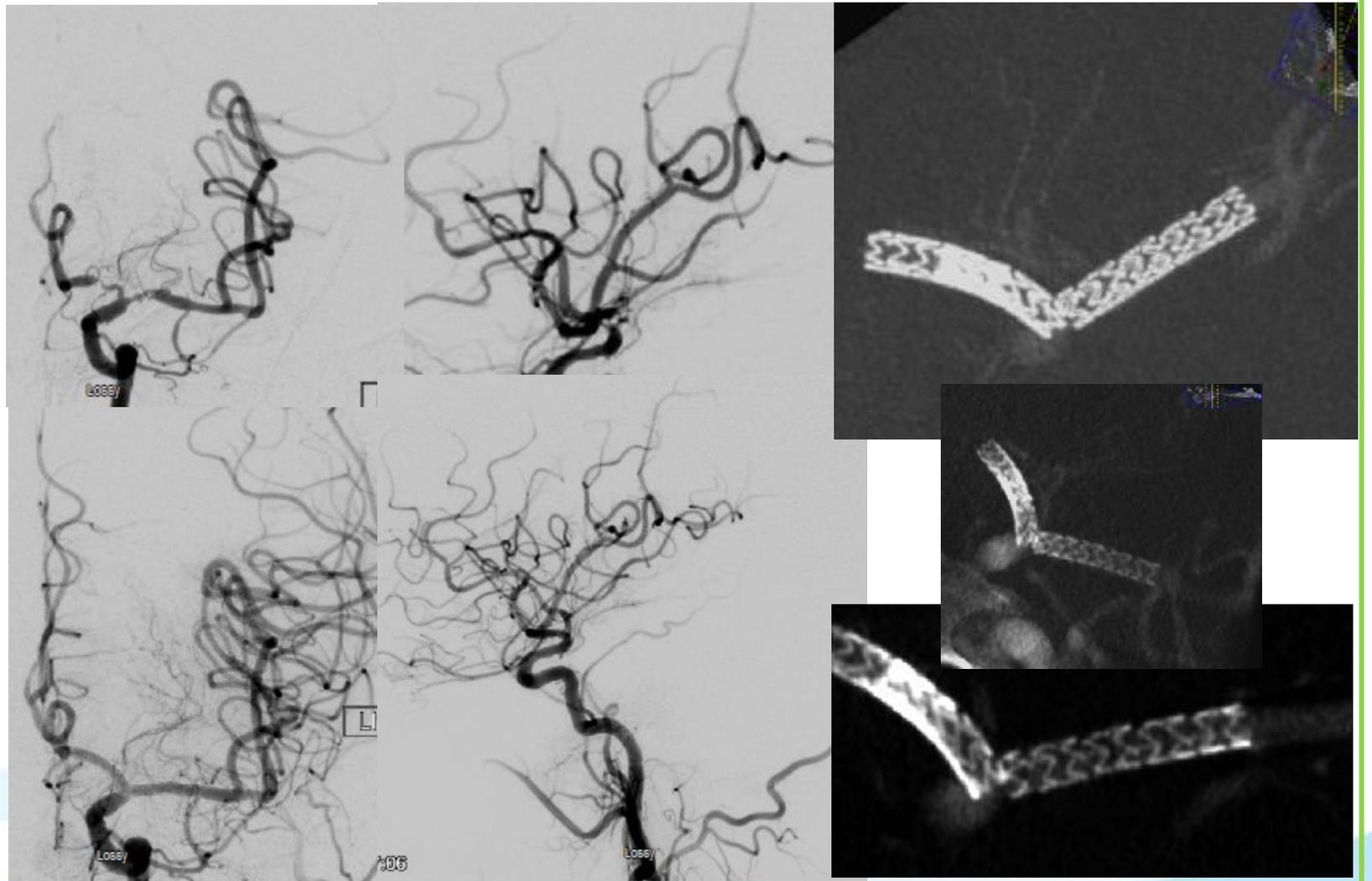
VI.b: Abciximab
(Reopro) 10 mg IV
bolus given and
stenting performed

Two telescoping
stents in the A1,
Xience Alpine 2.25x 8
each and 2.25 x 15
mm in MCA



Endovascular Technique

**Final Run with Pre
and and
Vaso CT**



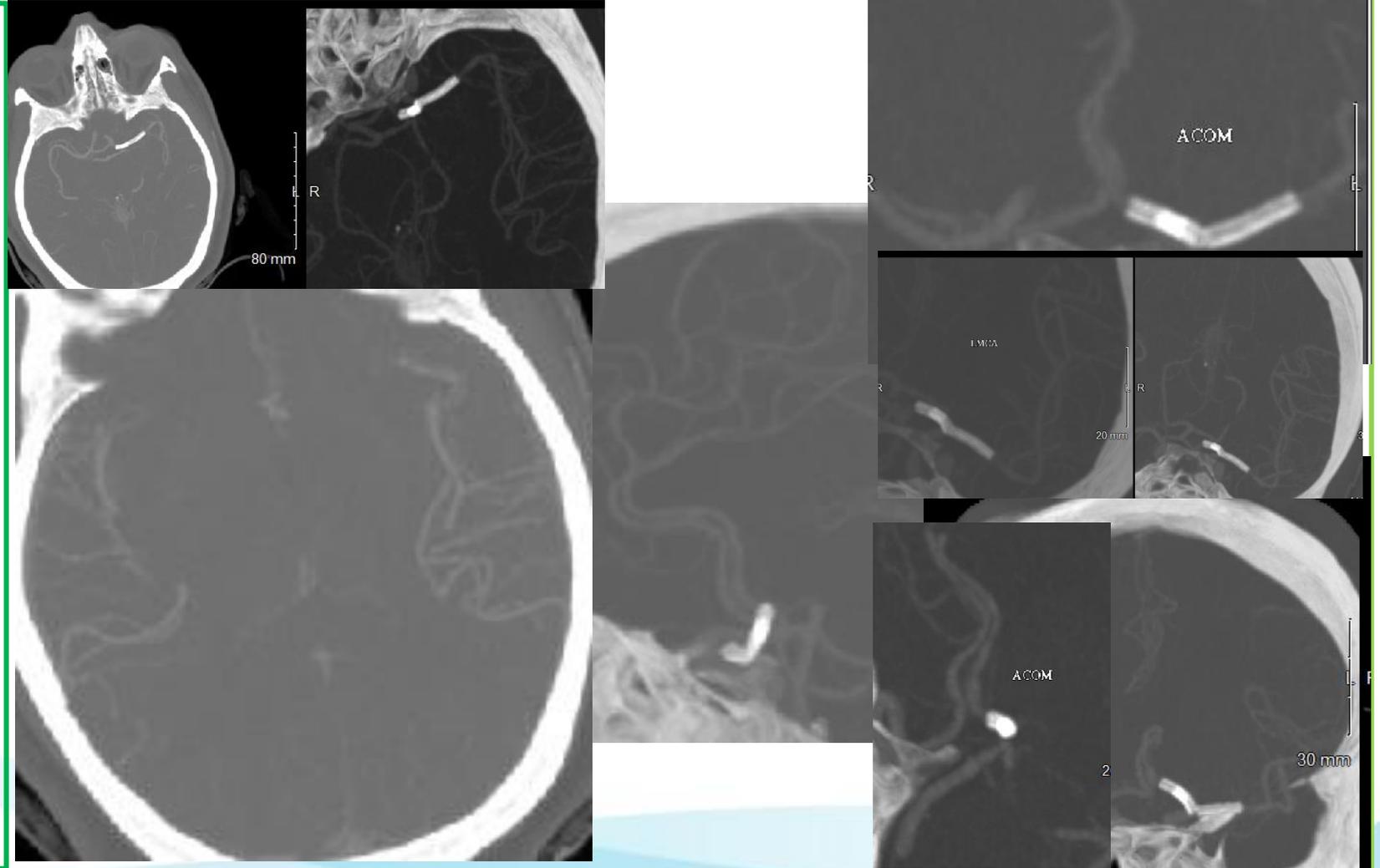
Follow up

**She did very well
and no
complication**

**Good Clinical
recovery**

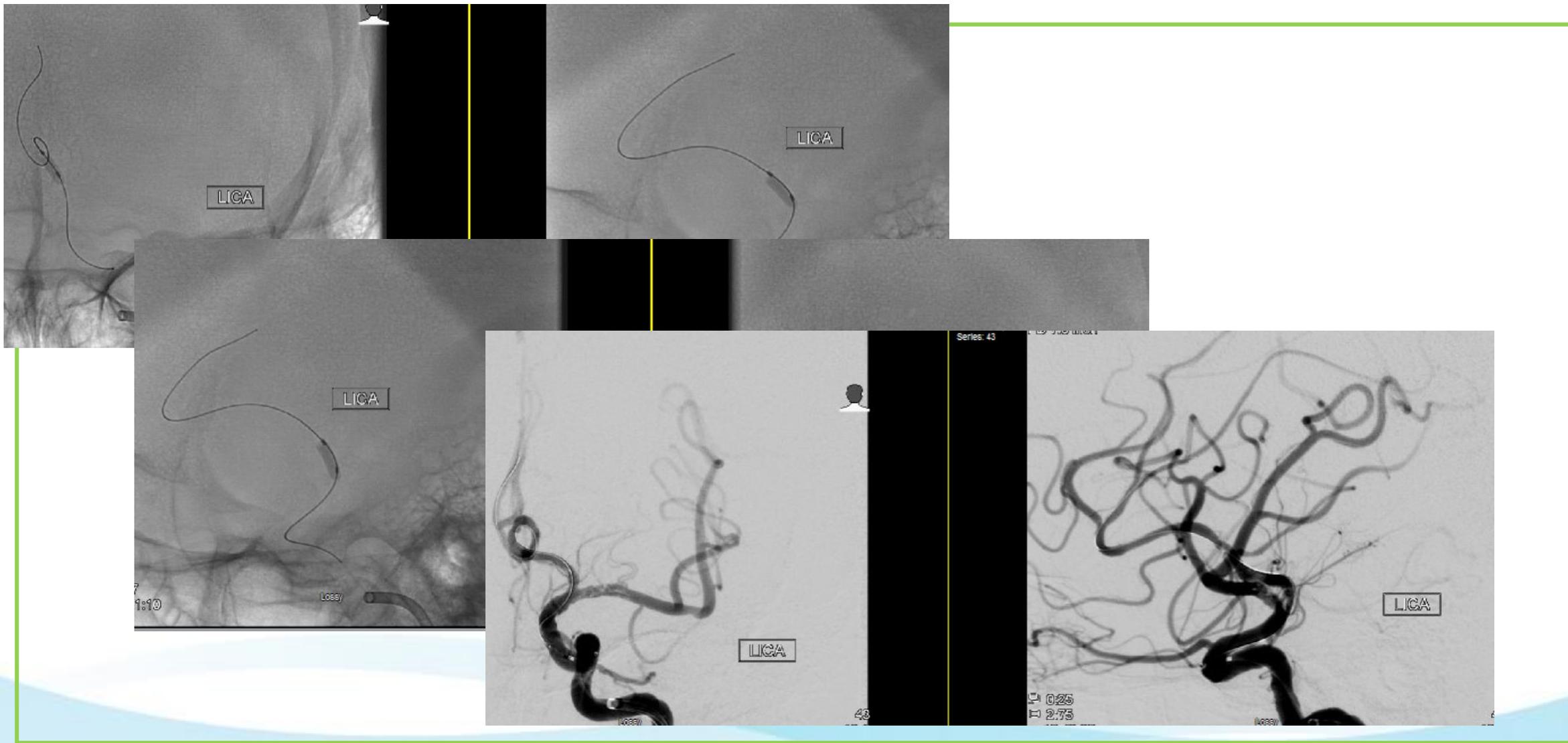
Plavix BID x 48 hrs

**CTA before DC in
two days (See
images)**

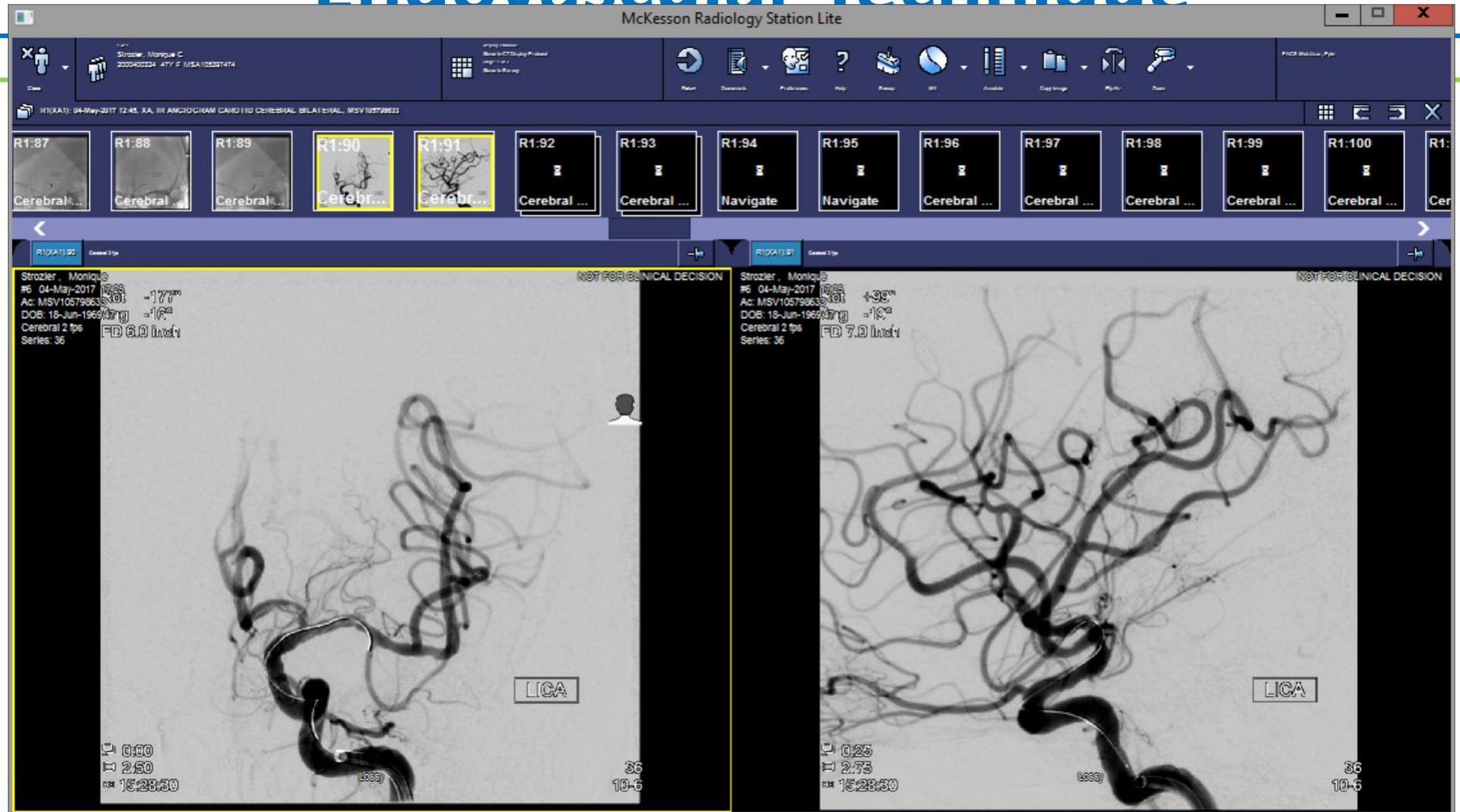




Endovascular Technique



Endovascular Technique



Endovascular Technique

